## Josephine K. Boumis

### **Curriculum Vitae**

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PhD Candidate • University of South Florida

#### **EDUCATION**

**Ph.D.** University of South Florida – Tampa, FL

2020 – 2025 *Communication* 

Major Areas: Interpersonal & Health Communication

Minor Areas: Social Scientific Research Methods (Quantitative and Qualitative), Family

Communication

**Dissertation**: Unveiling disenfranchised resilience in the context of depression

Committee: Dr. Steven R. Wilson and Dr. Marleah Dean Kruzel (co-chairs), Dr. Patrice

M. Buzzanell, & Dr. Tamara Afifi

M.A. Michigan State University – East Lansing, MI

2017 – 2020 *Communication* 

Major Area: Interpersonal Communication

Thesis: Supportive communication, avoidance efficacy, and offenders' substance

avoidance

Committee: Dr. Sandi W. Smith (chair), Dr. Amanda J. Holmstrom, & Dr. Merry

Morash

**B.A. Michigan State University** – *East Lansing, MI* 

2015 – 2018 Communication, Honors College

Major Areas: Communication & Psychology

Minor Area: Public Relations

### **ACADEMIC APPOINTMENTS**

**Aug. 2020 – Present** Graduate Instructor of Record

Department of Communication, University of South Florida

**Aug. 2020 – May 2022** Graduate Research Assistant

Department of Communication, University of South Florida

May 2019 – March 2021 Graduate Research Assistant

Department of Communication, Michigan State University

#### RESEARCH INTERESTS

- » Interpersonal communication (e.g., resilience, social support, difficult conversations)
- » Health communication (e.g., well-being outcomes, genetic risk disclosure, violence prevention, substance use)
- » Social scientific research methods (e.g., statistics, thematic analysis, mixed methods)

#### RESEARCH

### **Peer-Reviewed Publications** (14)

- 14. Dean, M., **Boumis, J. K.**, Zhong, L., Ingle, A., Campbell-Salome, G., Davidson, L. G., Scherr, C. L., Brown, S. K., & Cragun, D. L. (2024). Assessing the acceptability of a psychoeducational graphic novel about inherited cancer risk designed for men. *Journal of Genetic Counseling*, 1–13. <a href="https://doi.org/10.1002/jgc4.1954">https://doi.org/10.1002/jgc4.1954</a>
- 13. Wilson, S. R., DeBeck, D. Betts, T., Kuang, K., Hintz, E. A., Whipple, T., Buzzanell, P. M., & **Boumis**, **J. K.** (in press). Constructing optimism as anticipatory resilience: Enacting resilience processes over time following pandemic-related job loss predicts optimism of lessons learned. *International Journal of Communication*. Advance online publication.
- 12. Shebib, S. J., **Boumis, J. K.**, Allard, A., Holmstrom, A. J., Mason, A. J., & Lim, J. I. (2024). An experimental investigation of supportive touch during esteem support conversations. *Journal of Nonverbal Behavior*, 48(3), 1–22. <a href="https://doi.org/10.1007/s10919-024-00461-0">https://doi.org/10.1007/s10919-024-00461-0</a>
- 11. Ratan, R., **Boumis, J. K.**, McNeill, G., Desrochers, A., Taskas, S., Jang, D., & Makki, T. (2024). Examining the Proteus effect on misogynistic behavior induced by a sports mascot avatar in virtual reality. *Scientific Reports*, 14(1), 19659. https://doi.org/10.1038/s41598-024-70450-2
- 10. **Boumis, J. K.**, Kuang, K., Wilson, S. R., Hintz, E. A., & Buzzanell, P. M. (2023). Family communication patterns predict anticipatory resilience and the enactment of resilience processes. *Journal of Family Communication*, 23, 22–40. https://doi.org/10.1080/15267431.2023.2172021
- 9. **Boumis, J. K.**, & Dean, M. (2023). The BRCA1/2 previvor information journey: Understanding what helps or hinders. *Health Communication*, 1–13. <a href="https://doi.org/10.1080/10410236.2023.2248677">https://doi.org/10.1080/10410236.2023.2248677</a>
- 8. Kuang, K., Wilson, S. R., Betts, T., **Boumis, J. K.**, Hintz, E. A., DeBeck, D. P., & Buzzanell, P. M. (2023). A longitudinal analysis of involuntary job loss and communication resilience processes during the COVID-19 pandemic. *Journal of Communication*. Advance online publication. <a href="https://doi.org/10.1093/joc/jqad004">https://doi.org/10.1093/joc/jqad004</a>
- 7. Mason, A. J., Shebib, S. J., **Boumis, J. K.**, Allard, A., Holmstrom, A. J., & Mazur, A. P. (2022). Seeing invisible support: Understanding provider motivation, intent, and enactment of support. *Personal Relationships*, *29*, 581–598. <a href="https://doi.org/10.1111/pere.12438">https://doi.org/10.1111/pere.12438</a>
- 6. Holmstrom, A. J., Shebib, S. J., **Boumis, J. K.**, Allard, A., Mason, A. J., & Lim, J. I. (2021). Support gaps during the COVID-19 pandemic: Sex differences and effects on well-being. *Journal of Social and Personal Relationships*, 38(10), 2985–3009. https://doi.org/10.1177%2F02654075211041539
- 5. Ratan, R., **Boumis, J. K.**, Kuang, S., Gambino, A., & Huang, K. T. (2021). Reality stems from modality: Stereotype threat effects of a STEM game in augmented and virtual reality. *Frontiers*. <a href="https://doi.org/10.3389/frvir.2021.636643">https://doi.org/10.3389/frvir.2021.636643</a>

- 4. Walling, B. M., Totzkay, D., Silk, K. J., **Boumis, J. K.**, Thomas, B., & Smith, S. W. (2021). Evaluating the feasibility of continuing medical education for disseminating emerging science on the breast cancer and the environment connection. *Journal of Health Communication*, 26(6), 391–401. <a href="https://doi.org/10.1080/10810730.2021.1946728">https://doi.org/10.1080/10810730.2021.1946728</a>
- 3. Holmstrom, A. J., Shebib, S. J., Mazur, A. P., Mason, A. J., Zhang, L., Allard, A., & **Boumis, J. K.** (2020). Self-conscious emotions and esteem support: The effectiveness of esteem support in alleviating shame and guilt. *Human Communication Research*. <a href="https://doi.org/10.1093/hcr/hqaa015">https://doi.org/10.1093/hcr/hqaa015</a>
- 2. Silk, K. J, Walling, B. M., Totzkay, D., Mulroy, M., Smith, S. W., Quaderer, T., **Boumis, J. K.**, & Thomas, B. (2019). Continuing medical education as a translation science opportunity for health communication researchers: The BCERP Model. *Health Communication*. https://doi.org/10.1080/10410236.2019.1625003
- 1. Huang, K. T., Ball, C., Francis, J., Ratan, R., **Boumis, J. K.**, & Fordham, J. (2019). Augmented versus virtual reality in education: An exploratory study examining science knowledge retention when using augmented reality/virtual reality mobile applications. *Cyberpsychology, Behavior, and Social Networking*, 22(2), 105–110. <a href="https://doi.org/10.1089/cyber.2018.0150">https://doi.org/10.1089/cyber.2018.0150</a>

### **Encyclopedia Entries (1)**

1. **Boumis, J. K.**, & Dean, M. (2023). Genetic risk disclosure and family sharing. In E. H. Ho, C. L. Bylund, & J. M. C. van Weert (Eds.), *International Encyclopedia of Health Communication*. Wiley. <a href="https://doi.org/10.1002/9781119678816.iehc0961">https://doi.org/10.1002/9781119678816.iehc0961</a>

### Manuscripts Under Review/Revision for Publication or Manuscripts in Progress (3)

- 3. Holmstrom, A. J., Shebib, S. J., Hu, J. M., Lim, J. I., Zhang, Y., Bredland, A., Mazur, A. P., Mason, A. J., Allard, A., **Boumis, J. K.**, Schulte, H., Ha, J. H., Wolfe, B. H., Szczypka, M., Wu, P.-H., Zhang, Y., Cui, X., & Zhang, L. (2024). Supportive communication in response to high and low esteem-threatening situations: Comparing emotional and esteem support messages. *Human Communication Research*. Manuscript submitted for publication.
- 2. **Boumis, J. K.**, Kuang, K., Wilson, S. R., Buzzanell, P. M., Betts, T., Tian, Z., Hintz, E. A., DeBeck, D. (Manuscript in preparation). Family and individual resilience: A cross-cultural comparison of the United States and China.
- 1. **Boumis, J. K.**, Smith, S. W., Morash, M., & Holmstrom, A. J. (Manuscript in preparation). Supportive communication, avoidance efficacy, and offenders' substance avoidance.

### **Conference Presentations** (29)

Peer Reviewed / Competitively Selected Papers, Posters, and Panels

29. Willard, Z. W. (Nov. 2024). Social justice in community-engaged scholarship: Graduate student-activists' perspectives [Discussion panel participant]. Presenters: Bezotte, J., **Boumis, J. K.**, Cosgrove, M. R., Leggett-Bradley, S., Lattimer, T., Matthey, P., Singh, S., & Bishop, R. E.

- 28. Baker, J. T. (April, 2024). Experiencing incoherent messages while navigating various roles within academia: A conversation guided by multiple goals frameworks [Discussion panel creator and participant]. Presenters: **Boumis, J. K.**, Hintz, E. A., Jahn, N., Shebib, S. J., Phillips, K. E., & Starnes, K. L. Central States Communication Association's 93<sup>rd</sup> Annual Meeting, Grand Rapids, MI.
- 27. Starnes, K. L. (April, 2024). *The incoherence of accessible & inclusive change in the foundation course* [Discussion panel participant]. Presenters: **Boumis, J. K.**, Brownen, T., Freeman, N., Kirksey, E., Lyssy, K. C., & Brenneise, A. D. Central States Communication Association's 93<sup>rd</sup> Annual Meeting, Grand Rapids, MI.
- 26. **Boumis, J. K.**, & Worwood, J. (Nov. 2023). Effort and attributions in a depression context: How perceptions of resilience shape social support expectations among college students [Paper presentation]. National Communication Association's 109th Annual Convention, National Harbor, MD.
- 25. **Boumis, J. K.**, Dean, M., Zhong, L., Ingle, A., Campbell-Salome, G., Davidson, L. G., Scherr, C. L., & Cragun, D. L. (Nov. 2023). *Assessing the acceptability of a psychoeducational graphic novel about inherited cancer risk designed for men* [Paper presentation]. National Communication Association's 109th Annual Convention, National Harbor, MD.
- 24. Wilson, S. R., DeBeck, D. P., Betts, T., **Boumis, J. K.**, Kuang, K., Hintz, E. A., Whipple, T., & Buzzanell, P. M. (Nov. 2023). *Lessons learned from pandemic job loss: Enacting resilience processes predicts optimism of lessons learned* [Paper presentation]. National Communication Association's 109th Annual Convention, National Harbor, MD.
- 23. **Boumis, J. K.**, Kuang, K., Wilson, S. R., Buzzanell, P. M, Betts, T., Tian, Z., Hintz, E. A., & DeBeck, D. P. (Nov. 2022). *Family and individual resilience: A cross cultural comparison of the United States and China* [Paper presentation]. National Communication Association's 108th Annual Convention, New Orleans, LA.
- 22. Kuang, K., Wilson, S. R., Betts, T., **Boumis, J. K.**, Hintz, E. A., DeBeck, D. P., & Buzzanell, P. M. (Nov. 2022). *A longitudinal analysis of involuntary job loss and communication resilience processes during the COVID-19 pandemic* [Paper presentation]. National Communication Association's 108th Annual Convention, New Orleans, LA.
- 21. Holmstrom, A. J., Shebib, S. J., Mazur, A. P., Mason, A. J., Allard, A., **Boumis, J. K.**, Lim, J. I., & Zhang, L. (Nov. 2022). *Supportive communication in response to esteem threat: Comparing emotional and esteem support messages* [Paper presentation]. National Communication Association's 108th Annual Convention, New Orleans, LA.
- 20. **Boumis, J. K.**, Kuang, K., Wilson, S. R., Hintz, E. A., & Buzzanell, P. M. (May 2022). *Family communication patterns predict anticipatory resilience and the enactment of resilience processes* [Paper presentation]. International Communication Association's 72nd Annual Conference, Paris, France. a. **Top-Four Paper in the Interpersonal Division**.
- 19. **Boumis, J. K.**, & Dean, M. (May 2022). *The BRCA1/2 previvor information journey: Understanding what helps or hinders* [Paper presentation]. International Communication Association's 72nd Annual Conference, Paris, France.
- 18. Rosenbaum, M., & Duggan, A. (May 2022). Research partnership and opportunities between the Health

- Communication Division of ICA and EACH: International Association for Communication in Healthcare [Discussion panel participant]. Presenters: Anderson, J., Bol, N., **Boumis, J, K.**, Dean, M., Haverfield, M. C., Ho, E. Y., Koenig, C, J., Matsaganis, M., Pieterse, A., Rubinelli, S., Street, R., Van Weert, J. C. M., & Westerbeek, L.
- 17. Lim, J. I., Holmstrom, A, J., Allard, A., **Boumis, J. K.**, & Shebib, S. J. (May 2022). *Comparisons between three approaches to test support* gaps [Paper presentation]. International Communication Association's 72nd Annual Convention, Paris, France.
- 16. Allard, A., Shebib, S. J., Holmstrom, A. J., **Boumis, J. K.**, Lim, J. I., & Zhang, Y. (May 2022). *Coping with COVID-19: How different support types enhance communal coping* [Paper presentation]. International Communication Association's 72nd Annual Convention, Paris, France.
- 15. **Boumis, J. K.**, & DeBeck, D. P. (March 2022). *Experiences of domestic violence as told on Reddit* [Paper presentation]. Central States Communication Association's 2022 Annual Conference, Madison, WI.
- 14. **Boumis, J. K.** (Nov. 2021). Supportive communication, avoidance efficacy, and offenders' substance avoidance [Paper presentation]. National Communication Association's 107th Annual Convention, Seattle, WA.
  - a. Top-Four Student Paper in the Interpersonal Division.
- 13. Shebib, S. J., Allard, A., **Boumis, J. K.**, Lim, J. I., Holmstrom, A. J., & Mason, A. J. (Nov. 2021). *Relational Outcomes of Esteem Support Conversations: An Experiment of the Effects of Esteem Support Messages and Tactile Communication* [Paper presentation]. National Communication Association's 107th Annual Convention, Seattle, WA.
- 12. **Boumis, J. K.**, & Mazur, A. P. (Nov. 2021). *Transforming interpersonal and family communication research: A discussion of survey experimental methodological issues* [Discussion panel co-chair]. Presenters: Afifi, T. D., Ray, C. D., Schrodt, P., Shebib, S. J., & Wilson, S. R. National Communication Association's 107th Annual Convention, Seattle, WA.
- 11. Holmstrom, A. J., Shebib, S. J., **Boumis, J. K.**, Allard, A., Mason, A. J., & Lim, J. I. (Nov. 2021). Support gaps during the COVID-19 pandemic: Effects on well-belling [Paper presentation]. National Communication Association's 107th Annual Convention, Seattle, WA.
- 10. **Boumis, J. K.** (April 2021). *Evaluative assessment of CDC's Bring Your Brave breast cancer campaign* [Poster presentation]. The 6th Biennial D.C. Health Communication Conference (DCHC), Fairfax, VA, United States Virtual Conference.
- 9. Shebib, S. J., **Boumis, J. K.**, Allard, A., Holmstrom, A. J., Mason, A. J., Lim, S., & Poland, T. (May 2021). *The role of tactile communication in esteem support conversations* [Paper presentation]. International Communication Association's 71st Annual Conference, Denver, CO, United States Virtual Conference.
- 8. Ratan, R., **Boumis, J. K.**, Kuang, S., Gambino, A., & Huang, K. T. (May 2021). *Video games to STEM gender stereotypes: Differential effects of augmented and virtual reality modality on attitudes about*

- women in STEM [Paper presentation]. International Communication Association's 71st Annual Conference, Denver, CO, United States Virtual Conference.
- 7. Mason, A. J., Shebib, S. J., **Boumis, J. K.**, Allard, A., Holmstrom, A. J., & Mazur, A. P. (Nov. 2020). *Seeing invisible support: Understanding provider motivation, intent, and enactment of support* [Paper presentation]. National Communication Association's 106th Annual Convention, Indianapolis, IN, United States Virtual Convention.
- 6. Walling, B. M., Totzkay, D., Thomas, B. D., Smith, S. W., Silk, K. J., **Boumis, J. K.**, Oung, P., & Hanigan, M. (May 2020). Feasibility of a continuing medical education course on disseminating emerging science on breast cancer and environment connection [Paper presentation]. International Communication Association's 70th Annual Conference, Gold Coast, Australia Virtual Conference.
- 5. Holmstrom, A. J., Shebib, S. J., Mazur, A. P., Mason, A., Zhang, L., Allard, A., & **Boumis, J. K.** (May 2020). *Self-conscious emotions and esteem support: The effectiveness of esteem support in alleviating shame and guilt* [Paper presentation]. International Communication Association's 70th Annual Conference, Gold Coast, Australia Virtual Conference.
- 4. **Boumis, J. K.**, Walling, B. M., Thomas, B., Totzkay, D., Smith, S. W., & Silk, K. J. (April 2020). *Comparisons between pediatricians' and nurses' evaluations and implementation of a training on breast cancer and the environment* [Poster presentation]. Kentucky Conference on Health Communication's 16th Biennial meeting, Lexington, KY, United States.
- 3. Totzkay, D., Silk, K. J., Thomas, B., Walling, B. M., Park, S., **Boumis, J. K.**, & Smith, S. W. (Nov. 2019). *Women's understanding of windows of susceptibility and the role of the environment in breast cancer risk* [Paper presentation]. National Communication Association's 105th Annual Convention, Baltimore, MD, United States.
- 2. Silk, K. J, Walling, B. M., Totzkay, D., Mulroy, M., Smith, S. W., Quaderer ,T., & **Boumis, J. K.** (May 2019). *Continuing medical education as a translation science opportunity for health communication researchers: The BCERP Model* [Paper presentation]. International Communication Association's 69th Annual Conference, Washington, D.C., United States.
- 1. Walling, B. M., Totzkay, D., Silk, K. J., Park, S., & **Boumis, J. K.** (May 2019). *Window of susceptibility knowledge and concern about breast cancer and the environment: Results from community-based formative research* [Poster presentation]. D. C. Health Communication Conference's 5th Biennial meeting, Fairfax, VA, United States.

### **Invited Presentations, Lectures, and Colloquia** (13)

- 13. Guest Lecturer, *Communication Health & Connection in Supportive Communities* (Fall 2024). Presented to Bianca Siegenthaler's undergraduate course, COM4022: Health Communication, Department of Communication, University of South Florida.
- 12. Panelist, *PhD Application Workshop* (Fall 2024). Hosted by National Communication Association's Activism & Social Justice Division's Graduate Student Coalition.
- 11. Presenter, Public Speaking Lightning Lessons Workshop (Fall 2024). Presented to new Graduate

Teaching Associates in the Department of Communication, University of South Florida. Invited by the Public Speaking Director.

- 10. Panelist, *Surviving and Thriving as a New COM Graduate Student* (Fall 2024). Presented during orientation to incoming graduate students in the Department of Communication, University of South Florida. Invited by the Department's Graduate Director.
- 9. Panelist, *Panel Discussion for Prospective Graduate Students* (Spring 2024). Presented to undergraduate students at the University of South Florida. Co-sponsored by the Office of Graduate Studies, Graduate and Professional Student Council, and Student Government at the University of South Florida.
- 8. Guest Lecturer, *Interpersonal Health Communication* (Fall 2023). Presented to Dr. Ambar Basu's graduate course, COM6025: Health Communication, Department of Communication, University of South Florida.
- 7. Guest Lecturer, *Reimaging Interpersonal Relationships through Communication Theory of Resilience* (Fall 2023). Presented to Jonathan Baker's undergraduate course, SPC3301: Interpersonal Communication, Department of Communication, University of South Florida.
- 6. Panelist, *Surviving and Thriving as a New COM Graduate Student* (Fall 2023). Presented during orientation to incoming graduate students in the Department of Communication, University of South Florida. Invited by the Department's Graduate Director.
- 5. Presenter, *Goals of Inherited Cancer Risk Disclosure in Families* (Spring 2023). Presented at Research Day, University of South Florida. Invited by the Department of Communication's Research Committee.
- 4. Panelist, *Tips & Tricks for Navigating NCA* (Fall 2022). Presented to the Department of Communication, University of South Florida. Invited by the Department of Communication's Research Committee.
- 3. Presenter, Supportive Communication, Avoidance Efficacy, and Offenders' Substance Use (Spring 2022). Presented in the Graduate Student Research Excellence Panel, University of South Florida. Co-Sponsored by the Department of Communication's Research Committee and Graduate Communication Association.
- 2. Panelist, *Navigating the New Networking Era* (Spring 2022). Graduate and Professional Student Council, University of South Florida.
- 1. Facilitator, *Networking During a Pandemic* (Spring 2021). Graduate and Professional Student Council, University of South Florida.

#### TEACHING EXPERIENCE

University of South Florida, Tampa, FL

### **SPC 3301: Interpersonal Communication (In-person)**

Instructor of Record, 2 sections

» Enrollment: up to 30 students per section

- » Spring 2024 Average Overall Instructor Evaluation Score: 4.93/5
- » Fall 2023 Average Overall Instructor Evaluation Score: 5/5

### **COM 4022: Health Communication (In-person)**

Instructor of Record, 4 sections

- » Enrollment: up to 30 students per section
- » Summer 2024 Average Overall Instructor Evaluation Score: 4.88/5
- » Spring 2024 Average Overall Instructor Evaluation Score: 4.96/5
- » Fall 2023 Average Overall Instructor Evaluation Score: 4.94/5
- » Spring 2023 Average Overall Instructor Evaluation Score: 4.83/5

### **COM 4022: Health Communication (Online)**

Instructor of Record, 1 section

- » Enrollment: up to 40 students per section
- » Spring 2023 Average Overall Instructor Evaluation Score: 4.89/5

Graduate Teaching Assistant, 1 section

- » Enrollment: up to 105 students per section
- » Fall 2022 No Evaluation Score Available

### SPC 2608: Public Speaking (Hybrid)

Instructor of Record, 1 section

- » Enrollment: up to 22 students per section
- » Fall 2022 Average Overall Instructor Evaluation Score: 5/5

### SPC 2608: Public Speaking (In-person)

Instructor of Record, 4 sections / Up to 2 sections per semester

- » Enrollment: up to 22 students per section
- » Fall 2024
- » Spring 2022 Average Overall Instructor Evaluation Score: 4.77/5, 4.86/5
- » Fall 2021 Average Overall Instructor Evaluation Score: 4.94/5

### **SPC 2608: Public Speaking (Online)**

Instructor of Record, 5 sections

- » Enrollment: up to 25 students per section
- » Fall 2024
- » Summer 2023 Average Overall Instructor Evaluation Score: 4.75/5
- » Summer 2022 Average Overall Instructor Evaluation Score: 4.33/5
- » Spring 2021 Average Overall Instructor Evaluation Score: 5/5
- » Fall 2020 Average Overall Instructor Evaluation Score: 4.44/5

### Michigan State University, East Lansing, MI

### **COM 225:** An Introduction to Interpersonal Communication (In-person)

Voluntary Graduate Teaching Assistant, 1 section

- » Enrollment: up to 200 students per section
- » Fall 2019 No Evaluation Score Available

#### **AWARDS AND HONORS**

# 2023 – 2024 Graduate Teaching Assistant Outstanding Teacher Award, University of South Florida

This award is given each year to an outstanding graduate teaching assistant, as determined by the Department's Honors and Awards Committee from faculty nominations.

### 2022 – 2023 Bernard Downs Spirit Award for Outstanding Service, University of South Florida

This award is given each year to a graduate student who exemplifies community spirit and departmental citizenship, as determined by the Department's Honors and Awards Committee from faculty nominations.

### 2022 – 2023 Departmental Service Award, University of South Florida

Presented by the Graduate Communication Association.

### 2022 Top Four Paper Award

Interpersonal Communication Division, International Communication Association. **Boumis, J. K.,** Kuang, K., Wilson, S. R., Hintz, E. A., & Buzzanell, P. M. Family communication patterns predict anticipatory resilience and the enactment of resilience processes.

### 2020 – 2021 Burgeoning Scholar Award, University of South Florida

This award is given each year to a graduate student who consistently demonstrates a willingness to thoughtfully engage with course materials and encourages critical, productive, and innovative conversations with classmates. Presented by the Graduate Communication Association.

### **2021** Top Four Student Paper Award

Interpersonal Communication Division, National Communication Association. **Boumis, J. K.** Supportive communication, avoidance efficacy, and offenders' substance avoidance.

### 2021 Graduate Symposium Finalist, University of South Florida

Title: Exploring the Relationship between Supportive Communication and Substance Avoidance Efficacy.

### 2019 NIEHS Extramural Paper of the Month

Silk, K. J, Walling, B. M., Totzkay, D., Mulroy, M., Smith, S. W., Quaderer, T., **Boumis, J. K.**, & Thomas, B. Continuing medical education as a translational science opportunity for health communication researchers: The BCERP model.

### **FUNDING & GRANTS**

### **External Grants and Fellowships**

- National Communication Association Diversity Council, Diversity Caucus Student Travel Grant (\$200).
- International Communication Association, Interpersonal Communication Association, Travel Grant (\$350).
- National Communication Association Diversity Council, Diversity Caucus Student Travel Grant (\$200).

### **Internal Grants and Fellowships**

- 2023 University of South Florida Student Government, Conference Presentation Grant (\$500).
- 2022 2023 Department of Communication Graduate Student Research Grant, University of South Florida. Probands' primary and secondary goals during breast cancer genetic risk disclosure with family members (\$250). **Funded**. PI: Josephine K. Boumis.
- 2022 University of South Florida Student Government, Conference Presentation Grant (\$500).
- 2021 University of South Florida, Department of Communication, Graduate Fellowship (\$1,850).
- 2021 University of South Florida Student Government, Conference Presentation Grant (\$500).
- 2020 University of South Florida, Department of Communication, Dr. Steve Wilson, Professional Development and Expenses (\$2,000).
- 2017 2018 Michigan State University, College of Communication Arts and Sciences, Dr. David and Patricia Nix "Miss MSU" Barron Endowed Scholarship (\$1,650).

### **Experience on Grant Funded Projects**

- 2021 2023 Creative Scholarship Grant, University of South Florida START—Seek information, Test, Ask questions, Reveal to family, Talk about Screening Options: Developing and Pilot Testing an Educational Booklet for Men at Risk for Hereditary Cancer. Research Team Member. PI: Dr. Marleah Dean Kruzel. Duties: Assist in data cleaning, analyzing data, and drafting academic manuscripts.
- 2018 2020 National Cancer Institute and National Institute of Environmental Health Sciences *Training pediatric health care providers as a primary information source for communicating environmental risks for breast cancer.* Research Team Member. Co-PIs: Drs. Kami J. Silk & Sandi W. Smith. Duties: Assist in analyzing data, drafting reports and academic manuscripts, and drafting script for continuing medical education modules.

#### GRADUATE COURSE WORK

### **Interpersonal Communication**

- » COM 822: Theories of Interpersonal Communication, Dr. Amanda Holmstrom
- » COM 860: Persuasion, Dr. Brandon Van Der Heide & William Donohue
- » SPC 6934: Interpersonal Health Communication, Dr. Marleah Dean Kruzel
- » COM 7933: Difficult Conversations, Dr. Steve Wilson
- » COM 7933: The Communicative Performance of Resilience, Dr. Patrice Buzzanell

#### **Health Communication**

- » COM 6025: Health Communication, Dr. Ambar Basu
- » PHC 6413: Family/Community Violence, Dr. Abraham Salinas-Miranda
- » SPC 6903: Applied Communication, Dr. Marleah Dean Kruzel, directed reading
- » SPC 6903: Family Communication within the Context of Cancer, Dr. Steve Wilson, directed reading

#### **Social Scientific Research Methods**

- » COM 803: Introduction to Quantitative Research, Dr. Gwen Wittenbaum
- » COM 830: Applied Communication Research II, Dr. Tai-Quan Peng
- » PSY 872: Field Research in Psychology, Dr. Robin Lin Miller
- » EDF 6407: Statistical Analysis in Education Research I, Dr. John Ferron
- » EDF 7408: Statistical Analysis in Education Research II, Dr. John Ferron
- » EDF 7484: Statistical Analysis in Education Research III, Dr. John Ferron
- » COM 7933: Content Analysis, Dr. Joshua Scacco
- » COM 7325: Qualitative Methods, Dr. Jane Jorgenson

### **Additional Coursework**

- » COM 820: Communication Theory & Process, Dr. Sandi Smith
- » COM 6001: Theories and Histories of Communication, Dr. Ambar Basu & Dr. Lori Roscoe
- » SPC 6934: Organizational Communication, Dr. Sonia Rains Ivancic

#### TRANSLATIONAL AND APPLIED WORK

2021

A blog post, *Understanding BRCA1/2 previvors' information and support needs: Results from a community needs assessment*, featuring some preliminary findings was published for the research community on the Facing Our Risk of Cancer Empowered (FORCE) website here: <a href="https://www.facingourrisk.org/blog/understanding-brca1-2-previvors-information-and-support-needs">https://www.facingourrisk.org/blog/understanding-brca1-2-previvors-information-and-support-needs</a>

### **SERVICE & ACTIVITIES**

### **Field Service**

Health Communication

Reviewer

Journal of Social and Personal Relationships

Reviewer

2022 – Present National Communication Association's Annual Conference Reviewer
 2022 Journal of Personal Relationships Reviewer
 2022 Western Journal of Communication Reviewer
 2021 – Present International Communication Association's Annual Conference Reviewer

### **Departmental and University Service**

### University of South Florida

- » Peer Anti-Violence Educator through the Center for Victim Advocacy and Violence Prevention, Volunteer, 2024–2025
- » Equity, Social Justice, Accountability Committee
  - Executive Board Member, Spring 2024
  - o Co-Chair, Fall 2023
- » Graduate Communication Association
  - o Immediate Past President, 2023–2024
  - o President, 2022–2023
  - o GCA Constitutional Amendments Draft Committee, Co-Chair, 2022
  - o GCA By-Laws Drafting Committee, Co-Chair, 2022
  - o GCA Spring Colloquium Committee, Co-Chair, 2022
  - o GCA Peer Mentor, 2021–Present
  - o Resource Manager, 2021–2022
- » USF Department of Communication Departmental external review, Graduate student representative, 2022
- » Public Speaking (SPC 2608) Graduate Student Advisory Committee, Board Member, 2021
- » Graduate and Professional Student Council, Social Events Chair and Treasurer, 2021–2022
- » Graduate Student Recruitment, Volunteer, 2021–Present
- » Graduate Open House NCA, Volunteer, 2021–Present

### Michigan State University

- » Association of Graduate Students in Communication, Social Chair, 2019–2020
- » Master's Affairs Committee, Member, 2017–2020
- » Undergraduate Research Assistant, 2016–2017

#### **Professional Affiliations**

- » Member, Central States Communication Association, 2022–Present
- » Member, International Communication Association, 2020–Present
- » Member, National Communication Association, 2019–Present

PROFESSIONAL DEVELOPMENT	
Fall 2024	Doing the Right Thing Even When It's Not Easy: Lessons on Accountability in the Academy, led by Dr. Sandra Faulkner (Bowling Green State University), sponsored by sponsored by Department of Communication, University of South Florida (in-person, 1-hour workshop)
Fall 2024	Training for Peer Anti-Violence Educators, led by the Center for Victim Advocacy and Violence Prevention at the University of South Florida (in-person, 10-hour training)
Spring 2024	Accountability in the Classroom and with Colleagues and Mentors, led by Dr. Allison Cleve-Roberts (USF Associate Dean of Academics) and Clara Buie (USF Assistant Vice-President of Student Success), sponsored by Department of Communication Equity, Social Justice, Accountability Committee, University of South Florida (in-person, 2-hour workshop)
Spring 2024	Cultivating Brave Spaces: Equity and Inclusion, led by Dr. Tangela Serls (Special Advisor to the College of Arts and Sciences Dean), sponsored by Department of Communication Equity, Social Justice, Accountability Committee and Graduate Communication Association, University of South Florida (in-person, 2-hour workshop)
Fall 2023	Communication Careers Beyond the Academy, led by Dr. Krystal Bresnahan (Independent Scholar & Communication Consultant), sponsored by Department of Communication Research Committee, University of South Florida (in-person, 2-hour workshop)
Fall 2023	Artificial Intelligence Use in the Classroom, led by Dr. Tim Henkel (Center for Innovative Teaching & Learning), University of South Florida (in-person, 2-hour workshop)
Fall 2023	Guidelines on Florida Legislation – Teaching and Scholarship, led by Dr. Tangela Serls (Special Advisor to the College of Arts and Sciences Dean), sponsored by Department of Communication, University of South Florida (in-person, 1-hour workshop)
Spring 2023	What Would You Do?: A Bystander Intervention Workshop on Responding to Racialized Microaggressions, led by Dr. Lisa Hanasono (Bowling Green State University), sponsored by Department of Communication, University of South Florida (virtual, 2-hour synchronous workshop)

- Fall 2022 *Teaching with HB7 Workshop*, led by the Equity, Social Justice, Accountability Committee in the Department of Communication at the University of South Florida (in-person, 1-hour workshop)
- Spring 2022 *Gender and Pronoun Workshop*, led by Metro Inclusive Health, sponsored by Department of Communication, University of South Florida (virtual, 2-hour synchronous workshop)
- Fall 2020 *Online Instructor Certification*, University of South Florida Innovative Education (online course, 4 weeks). Recertified in Summer 2023

#### PROFESSIONAL EXPERIENCE

### **Graduate Fellowship for the Broad Art Museum**

May 2020 – July 2020

Research Assistant for Broad Communications

- » Engaged in preliminary research concerning adult online engagement
- » Sought and cumulated secondary data from arts and culture organizations
- » Used the exploratory research to generate a questionnaire that was delivered to the museum's members

### **Communication Digital Strategy Team**

Sept. 2019 – June 2020

Digital Strategy Manager for MSU's Department of Communication

- » Designed and posted content weekly to social media sites
- » Managed undergraduates working on the team by leading meetings and designating tasks
- » Created the first-ever newsletter for the department

### **MSU Infrastructure Planning and Facilities**

Sept. 2018 – Aug. 2019

Media and Communications Assistant for the Strategic Initiatives Department

- » Developed content for the IPF website and bi-weekly newsletter
- » Interviewed IPF employees, took pictures and videos of story subjects, and discovered new events to write about
- » Worked closely with a supervisor to create roughly three stories a week

### Social Media and Research Internship

Aug. 2017 – May 2018

Co-Manager of the MSU Support Staff Facebook Group

- » Managed the Facebook group daily by creating and uploading content, and oversaw all activity within the group
- » Responsible for encouraging, informing, and engaging MSU support staff
- » Grew the membership by 365 members and saw a significant increase in activity throughout the group in engagement with posts and each other

#### REFERENCES

Dr. Steven Wilson Full Professor of Communication wilson52@usf.edu

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Dr. Patrice Buzzanell
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