

Jamie A. Spiegel, Ph.D.

EMPLOYMENT & APPOINTMENTS

- 2022 – Present **Assistant Professor**
REACH Lab
Department of Psychology
College of Arts and Sciences
University of South Alabama
Mobile, Alabama
- 2020 – 2022 **Postdoctoral Fellow**
S.E.L.F. Regulation Lab
Center for Children and Families
Department of Psychology
College of Arts and Sciences
Florida International University
Miami, FL

EDUCATION & TRAINING

- 2016 – 2020 **Ph.D. in Clinical Psychology**
Florida State University, Tallahassee, FL
Major Professor: Christopher Lonigan, Ph.D.
- 2019 – 2020 **Pre-doctoral Clinical Internship**
Cincinnati Children's Hospital, Cincinnati, OH
O'Grady Clinical Psychology Resident
APA-accredited pre-doctoral clinical psychology internship
Rotations: ADHD, Epilepsy, Mayerson, Sleep Disorders, & TKOC clinics
- 2013 – 2016 **Masters of Science in Clinical Psychology**
Florida State University, Tallahassee, FL
Major Professor: Christopher Lonigan, Ph.D.
- 2012 – 2013 **Masters of Arts in Psychology**
Stony Brook University, Stony Brook, NY
Major Professor: Harriet Watters, Ph.D.
- 2008 – 2012 **Bachelor of Arts in Psychology and Education**
Adelphi University, Garden City, NY
Honors Degree; Summa Cum Laude

LICENSES

- Current (2023) Licensed in Alabama 2299
- Current (2022) Licensed in Florida PY 11447
- 2021 Parent Child Interaction Therapy (PCIT) Certified
- 2023 (pending) Parent Child Interaction Therapy (PCIT) Within Agency Trainer

HONORS AND REWARDS

2024	Nominated for Arts & Sciences Teaching Excellence Award
2021	CASE Faculty Award for Research Excellence
2018	Russell and Eugenia Morcom Graduate Research Development Excellence Award
2017	Society for Research in Child Development Travel Award
2013 - 2016	Predocctoral Interdisciplinary Research Training Fellowship funded by the Institute of Educational Sciences (IES)
2014, 2016	Graduate Research Development Award

RESEARCH INTERESTS

Developmental psychopathology. Individual differences in functional impairments associated with externalizing behavior disorders (emphasis on ADHD). Cognitive, temperamental, and parental factors which may moderate or influence the heterogeneity in presentation of functional impairments. A large portion of my work has focused on the impact of executive functions on the presentation of impairments in academic functioning in children who are neurotypical and those diagnosed with ADHD.

Psychopathology and intervention in minoritized populations. Examine the efficacy of evidence-based intervention protocols (e.g., behavioral parent training, cognitive behavioral therapy) when utilized with minoritized populations. Develop culturally sensitive adaptations for intervention protocols to better address the needs of minoritized groups, who have been largely underrepresented in previous intervention trials.

PEER-REVIEWED JOURNAL ARTICLES

1. Hernandez*, M.L., Garcia, A.M., **Spiegel, J.A.**, Dick, A.S., & Graziano, P.A. (2024). Multimodal Assessment of Emotion Dysregulation in Children with and without ADHD and Disruptive Behavior Disorders. *Journal of Clinical Child and Adolescent Psychology*. DOI: 10.1080/15374416.2024.2303706
2. Cole*, A.M., Chan, E.S.M., Gaye, F., **Spiegel, J.A.**, Soto, E.F., & Kofler, M., (2023). Evaluating the Simple View of Reading for Children with ADHD. *Journal of Educational Psychology*.
3. Graziano, P.A. **Spiegel, J.A.**, Arcia, E., & Sundari Foundation (2023). Early Assessment and Intervention for Families Experiencing Homelessness: A randomized trial comparing two parenting programs. *Journal of Consulting and Clinical Psychology*.
4. **Spiegel, J.A.**, Sanchez*, C.R., Bermea*, L.M., Graziano, P.A. (2023). Examining the efficacy of online administration of a time-limited school readiness intervention in the face of COVID-19. *Journal of Behavior Disorders*, 54(3), 557-571.
5. Chan, E.S.M., Shero, J.A., Hand, E.D., Cole, A.M., Gaye, F., **Spiegel, J.A.**, & Kofler, M.J. (2022). Are reading interventions effective for children with ADHD? A meta-analysis. *Journal of Attention Disorders*, 27 (2), 182-200.

6. Hernandez, M., **Spiegel, J.A.**, Dick, A., & Graziano, P. (2022). Individual differences in germ spreading behaviors among children with Attention-Deficit/Hyperactivity Disorder (ADHD): The role of executive functioning. *Pediatric Psychology, 47*(8), 892-904.
7. **Spiegel, J.A.**, Graziano, P.A., Arcia, E. & Sundari Foundation (2022). Addressing mental health and trauma-related needs of sheltered children and families with Trauma Focused Cognitive Behavioral Therapy (TF-CBT). *Administration and Policy in Mental Health and Mental Health Services Research*.
8. Lonigan, C. J., Hand, E. D., **Spiegel, J. A.**, Morris, B. M., Jungersen, C. M., Alfonso, S. V., & Phillips, B. M. (2022). Does preschool children's self-regulation moderate the impacts of instructional activities? Evidence from a randomized intervention study. *Journal of Experimental Child Psychology, 216*, 105321.
9. Soto, E.F., Irwin, L.N., Chan, E.S.M., **Spiegel, J.A.**, & Kofler, M.J. (2021). Executive functions and writing skills in children with and without ADHD. *Neuropsychology, 35*(8), 792.
10. **Spiegel, J.A.**, Goodrich, J.M., Morris, B.M., Osborne, C.M., & Lonigan, C.J. (2021). Relations between executive function skills and academic outcomes in elementary school children: A meta-analysis. *Psychological Bulletin, 147*(4), 329.
11. Singer, J., **Spiegel, J.A.**, Papa, A. (2020). Pre-Loss Grief in Family Members of COVID-19 Patients: Recommendations for Clinicians and Researchers. *Psychological Trauma: Theory, Research, Practice and Policy, 12*(S1), S90.
12. Kofler, M.J., Singh, L.J., Soto, E.F., Chan, E.S.M., Miller, C.E., Harmon, S.L., & **Spiegel, J.A.** (2020). Working memory and short-term memory deficits in ADHD: A bifactor modeling approach. *Neuropsychology, 34*(6), 686.
13. Kofler, M.J., Irwin, L.N., Sarver, D.E., Fosco, W.D., Miller, C.E., **Spiegel, J.A.**, & Becker, S.P. (2019). What cognitive processes are 'sluggish' in sluggish cognitive tempo?. *Journal of Consulting and Clinical Psychology, 87*(11), 1030.
14. Kofler, M.J., **Spiegel, J.A.**, Soto, E.F., Irwin, L.N., Wells, E.L., & Austin, K.E. (2019). Do working memory deficits underlie reading problems in attention-deficit/hyperactivity disorder (ADHD)? *Journal of Abnormal Child Psychology, 47*, 433-446.
15. **Spiegel, J. A.**, & Lonigan, C. J. (2018). A head-to-toes approach to computerized testing of executive functioning in young children. *Early Childhood Research Quarterly, 44*, 15-23.
16. Kofler, M. J., Harmon, S. L., Aduen, P. A., Day, T. N., Austin, K. E., **Spiegel, J. A.**, ... & Sarver, D. E. (2018). Neurocognitive and behavioral predictors of social problems in ADHD: A Bayesian framework. *Neuropsychology, 32*, 344.
17. Kofler, M.J., **Spiegel, J.A.**, Austin, K., Irwin, L., Soto, E.F., & Sarver, D.E. (2017). Are episodic buffer processes intact in ADHD? Experimental evidence and linkage with hyperactive behavior. *Journal of Abnormal Child Psychology, 46*, 1171-1185.
18. **Spiegel, J. A.**, Lonigan, C. J., & Phillips, B. M. (2017). Factor Structure and Utility of the Behavior Rating Inventory of Executive Function-Preschool Version. *Psychological Assessment, 29*, 172.

19. Lonigan, C. J., **Spiegel, J. A.**, Goodrich, J. M., Morris, B. M., Osborne, C., Lerner, M., & Phillips, B. M. (2016). Does Preschool Self-Regulation Predict Later Behavior Problems in General or Specific Problem Behaviors? *Journal of Abnormal Child Psychology*, *45*, 1491-1502.
20. Kofler, M. J., Sarver, D. E., **Spiegel, J. A.**, Day, T. N., Harmon, S. L., & Wells, E. L. (2016) Heterogeneity in ADHD: Neurocognitive Predictors of Peer, Family, and Academic Functioning. *Child Neuropsychology*, *23*, 733-759.

POSTER & ORAL PRESENTATIONS

1. Bermeo, L.* & **Spiegel, J.A.** (2024, March) *Do You Have a Superhero's Memory? Measuring Working Memory in Children*. Poster to be presented at South Eastern Psychological Association Annual Conference (SEPA), Orlando, Florida.
2. Lewis, C.*, **Spiegel, J.A.**, Powell, L. (2024, March) *Assessing Medication Adherence in College Students With and Without ADHD*. Poster to be presented at South Eastern Psychological Association Annual Conference (SEPA), Orlando, Florida.
3. Graziano, P.A., **Spiegel, J.A.** (2024, January) *Behavioral Parent Training in the Digital Era: Examining the School Readiness Parenting Program*. School Interventions in the Digital Era. Presented at the American Professional Society of ADHD and Related Disorders Annual Conference (APSARD), Orlando, Florida.
4. Sundari Foundation, **Spiegel, J.A.**, Arcia, E., Cox, S.K., Ayala, M., Carnero, N.A., O'Mara, N.L., Graziano, P.A., (2023, February) *A Service Driven Early Childhood Research Program for Mothers and Children Experiencing Homelessness: Four years of implementation*. Poster presented to The Miami International Child & Adolescent Mental Health (MICAMH), Miami, Florida.
5. **Spiegel, J.A.**, Hernandez, M.L., Curzon, M., Dick, A.S., & Graziano, P.A. (2022, September). *Using Emotion Regulation and Executive Functioning to Predict Growth in Academics Across Time in Children With and Without ADHD*. Poster presented to the Annual Flux Congress, Paris, France.
6. **Spiegel, J.A.**, Sanchez, C.R., Hernandez, M.L., & Graziano, P.A. (2021, July). *Examining the efficacy of online administration of time-limited PCIT in the face of COVID-19*. Poster presented to the Annual Parent Child Interaction Therapy (PCIT) International Conference, Virtual Convention.
7. Hernandez, M.L., **Spiegel, J.A.**, Hare, M.M., Dick, A.S., & Graziano, P.A. (2020, November) *Examining the role of executive functioning in young children with attention-deficit/hyperactivity disorder*. Poster presented to the 54th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Virtual Convention.
8. Soto, E. F., Irwin, L. N., Chan, E. S. M., **Spiegel, J. A.**, Gaye, F., Cole, A., & Kofler, M. J. (2020, November). *Do teacher rated child ADHD symptoms conditionally effect the relationship between child executive functioning and writing abilities?* Poster presented to the 54th Annual Convention of the Association of Behavioral and Cognitive Therapies 2(ABCT), Virtual Convention.
9. **Spiegel, J.A.**, & Lonigan, C.J. (2019, March). *The relation of executive function skills to externalizing behaviors: A meta-analytic review*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Baltimore, MD.

10. **Spiegel, J.A.**, & Lonigan, C.J. (2018, November). *Relations between executive function skills and academic outcomes in elementary school children: A meta-analysis*. Poster presented at the annual Learning Disorder Consortium, Houston, TX.
11. **Spiegel, J.A.**, Goodrich, J.M., Morris, B.M., Osborne, C.M., & Lonigan, C.J. (2018, April). *Relations between executive functions and academic outcomes in elementary school: A meta-analysis*. Presentation given at the annual Graduate Research Day, Tallahassee, FL.
12. Morris, B.M., **Spiegel, J.A.**, & Lonigan, C.J. (2017, April). *Does growth in working memory predict growth in reading achievement*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Austin, TX.
13. Osborne, C.M., **Spiegel, J. A.**, & Lonigan, C.J. (2017, April). *General and specific defiant behaviors and their relation to literacy ability in boys and girls*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Austin, TX.
14. **Spiegel, J.A.**, & Lonigan, C.J. (2017, April). *Does inattention matter equally for all children? Examining inattention and literacy skills across the spectrum of reading ability*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Austin, Tx.
15. Lonigan, C.J., **Spiegel, J.A.**, Goodrich, J.M., Morris, B.M., Osborne, C.M., Lerner, M.D., & Phillips, B.M. (2017, April). *Does preschool self-regulation predict later behavior problems in general or specific problem behaviors?* Presentation given at the biennial meeting of the Society for Research In Child Development, Austin, TX.
16. Aduen, P.A., Kofler, M.J., Sarver, D.E., Day, T., **Spiegel, J.A.**, & Harmon, S. (2017, April). *Characterization and cognitive predictors of social skills deficits in children with ADHD*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Austin, Tx.
17. **Spiegel, J.A.**, Lerner, M.D., & Lonigan, C.J. (2016, July). *Do differential relations exist between inhibitory control and working memory and preschool literacy-related abilities?* Poster presented at the annual meeting of the Society for the Scientific Study of Reading, Puerto, Portugal.
18. **Spiegel, J.A.**, & Lonigan, C.J. (2016, February). *Head-to-Toes approach to computerized testing of executive functioning*. Poster presented at the annual meeting of the Pacific Coast Research Conference, San Diego, CA.
19. **Spiegel, J.A.**, Lonigan, C.J., & Phillips, B.M. (2015, July). *Does preschool children's self-regulation moderate the effects of classroom instruction on early literacy skills?* Poster presented at the annual meeting of the Society for the Scientific Study of Reading, Hapuna Beach, HI.
20. **Spiegel, J. A.**, & Lonigan, C.J. (2015, April). *Performance-based vs. teacher report measures of executive function in predicting literacy outcomes*. Poster presented at Graduate Research Day at Florida State University, Tallahassee, FL.
21. **Spiegel, J. A.**, & Lonigan, C.J. (2015, March). *Performance-based vs. teacher report measures of executive function in predicting literacy outcomes*. Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
22. Allan, D., Lerner, M., Farrington, A., **Spiegel, J.A.**, & Lonigan, C.J. (2015, March). *Longitudinal associations between executive functioning skills in preschool and later internalizing symptoms: A multi-method study*. Presentation given at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.

23. Tuppett, Y., **Spiegel, J.A.**, & Waters, H. (2014, March). *Secure base scripts in an at-risk sample: Comparisons to typical development and correlates with adjustment*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX.
24. **Spiegel J.**, & Fiori K. (2012, April). *Facebook usage, attachment style, and intimacy within peer relationships*. Poster presented at Adelphi University Research Conference, Garden City NY.

* Denotes student/trainee

GRANT SUBMISSIONS

RSDG	PI (Spiegel, Zlomke)	Funded Spring 2024	Internal Funding – University of South Alabama
Research and Scholarly Development Grant to collect pilot data to examine the effect of adding brief CBT to a course of Parent-Child Interaction Therapy on child-level behavioral outcomes.			
RFA-MH-21-230	PI (Spiegel, Graziano)	Impact Score = 56	NIMH
Does adding brief CBT for parents undergoing Parent-Child Interaction Therapy improve child-level behavioral and emotional outcomes?: Examination of a sequencing trial in preschoolers with ADHD			
RFA-84.305A	PI (Spiegel, Graziano)	Score = 2.12	IES
<u>Resubmitted August 2023 Awaiting New Scores</u>			
Closing the school readiness achievement gap amongst children experiencing homelessness: The READ to ME study			

INVITED TRAININGS & TALKS

October 2023	Parent Child Interaction Therapy Training <i>University of South Alabama, Mobile, AL</i> <u>Presenters:</u> Jamie Spiegel
January 2021	Motivational Interviewing <i>Kristi House, Miami, FL</i> <u>Presenters:</u> Paulo Graziano (MINT trainer) & Jamie Spiegel
June 2021	Preschool Summer Treatment Program Training
June 2022	<i>Florida International University, Miami, FL</i> <u>Presenters:</u> Paulo Graziano, Jamie Spiegel, Melissa Hernandez
January 2021	Motivational Interviewing
January 2022	<i>Florida International University, Miami, FL</i> <u>Presenters:</u> Paulo Graziano (MINT trainer) & Jamie Spiegel
September 2020	Parent Child Interaction Therapy Training
September 2021	<i>Florida International University CCF PCIT Clinic, Miami, FL</i> <u>Presenters:</u> Paulo Graziano (certified PCIT International Within Agency Trainer) & Jamie Spiegel

June - July 2018 **Introduction to Mindfulness**
Apalachee Center, Tallahassee, FL
Presenters: Jamie Spiegel & Erica Wells

January 2018 **Understanding ADHD and Finding Community Resources**
Apalachee Center, Tallahassee, FL
Presenters: Jamie Spiegel & Erica Wells

TEACHING, SUPERVISION, & MENTORSHIP

Teaching:

Undergraduate Instruction

<p>Summer 2023 Spring 2024</p>	<p>Abnormal Psychology (Instructor – Online) <i>University of South Alabama</i></p>
<p>Summer 2023</p>	<p>Clinical Practicum/Internship (Instructor) <i>University of South Alabama</i></p> <ul style="list-style-type: none"> - Clinical placements at Summer Treatment program in Miami, FL and USA Psychology Clinic in Mobile, AL
<p>Summer 2019 Spring 2019 Fall 2018 Summer 2016</p>	<p>Abnormal Child Psychology (Instructor) <i>Florida State University</i></p>
<p>2014 – Fall 2019</p>	<p>Directed Individualized Studies (Instructor) <i>Florida State University</i></p>
<p>March 9, 2018 April 22, 2016</p>	<p>Specific Learning Disorders and Response to Intervention (Guest Lecturer Clinical Staffing) <i>Florida State University, Psychology Clinic</i></p>
<p>Summer 2017</p>	<p>Introduction to Conducting Literature and Meta-Analytic Reviews (Instructor) <i>Florida State University</i></p>

Graduate Instruction

<p>Fall 2023</p>	<p>Meta-Analysis and Systematic Review – Clinical Elective <i>University of South Alabama</i></p>
<p>Fall 2022 Spring 2023 Fall 2023</p>	<p>Clinical Practicum and Supervision <i>University of South Alabama</i></p> <ul style="list-style-type: none"> - Introductory Clinical Practicum (PSY 556) - Intermediate Clinical Practicum (PSY 756)
<p>Spring 2023 Spring 2024</p>	<p>Evidenced Based Treatment <i>University of South Alabama</i></p>

Fall 2022

**Special Topics in Psychology – Understanding and Assessing
Externalizing Behavior Disorders**
University of South Alabama

Clinical Supervision:

2022 – Current	Associate Director University of South Alabama Psychology Clinic <i>University of South Alabama</i>
Summer 2022 Summer 2023	Associate Director & Supervisor -- Preschool Summer Treatment Program (STP PreK) <i>Florida International University, Center for Children and Families</i>
Summer 2021	Supervisor - Preschool Summer Treatment Program (STP PreK) <i>Florida International University, Center for Children and Families</i>
2020 – 2022	Supervisor - Parent Child Interaction Therapy (PCIT) Clinic <i>Florida International University, Center for Children and Families</i>
2016 – 2018	Peer Supervisor <i>Florida State Psychology Clinic</i> <i>Florida State Children's Learning Clinic (CLC)</i>
