

Valentina F. Iturriaga, Ph.D

University of South Florida Sarasota-Manatee campus
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Curriculum Vitae

Education

Ph.D. in Human Development and Family Science Florida State University, Tallahassee, FL	2024
Graduate Certificate in Measurement & Statistics Florida State University, Tallahassee, FL	2024
M.S. in Counseling and Human Systems Education Specialist in Counseling and Human Systems <i>CACREP Accredited</i> Florida State University, Tallahassee, FL	2020 2020
B.A. in Psychology Undergraduate Certificate in Women and Gender Studies Florida International University, Miami, FL	2018

Teaching Experience

Assistant Professor of Instruction	Fall 2024 – Present
University of South Florida Sarasota-Manatee campus, Sarasota, FL Department of Psychology	
Courses Taught:	
PSY2012: Introduction to Psychological Science (In-person)	
PSY3213: Research Methods in Psychology (In-person)	
CLP 4143: Abnormal Psychology (In-person)	

Instructor of Record

Florida State University, Tallahassee, FL Department of Human Development and Family Sciences	
Courses Taught:	
CHD220: Child Growth and Development: The Foundation years (Online)	Fall 2022
FAD2230: Family Relationships: A Lifespan Development Approach (In-person)	Spring 2022

Teaching Assistant

Florida State University, Tallahassee, FL
Department of Human Development and Family Sciences

CHD220: Child Growth and Development: The Foundation years Summer 2024/Summer 2022
CHD3243: Contexts of Adolescent Development Summer/Fall 2023, 2020 – 2021, Spring 2024
FAD3220: Individual and Family Lifespan Development Spring 2023

Clinical Experience

Mental Health Counseling Intern

Aug 2023 – June 2024

Multidisciplinary Evaluation and Consulting Center, Tallahassee, FL

Supervisor: Amber Farrington, Ph.D., Licensed Psychologist

- Conduct social and developmental history interviews, Disruptive Behavior Disorder, and ADHD assessments with parents/caregivers in English and Spanish.
- Lead Zones of Regulation parent/caregiver group for youth emotion regulation.
- Lead PEERS parent/caregiver group for adolescent social skills
- Translate clinical/diagnostic interpretation reports.

Mental Health Counseling Intern

Aug 2018 – Aug 2021

Center for Couple and Family Therapy, Florida State University, Tallahassee, FL

Supervisor: Kristen Greene, Ph.D., LMFT

- Provide individual and couples' therapy to Florida State University students and Tallahassee community residents in-person and via telehealth services.
- Document therapy sessions and track client progress.

Mental Health Counseling Intern

June 2019 – Dec 2019

Private Practice, Tallahassee FL

Supervisor: Mabelle Madsen Thompson, Ph.D., LCSW

- Administer trauma and resilience assessments in English and Spanish to children ages 5 to 17.

Research Experience

Research Assistant

2020 – 2024

Gonzales-Backen Lab

Project: Latino Youth Study (L.Y.S), Study of Latinx Academic Adjustment (S.O.L.A.A)

Supervisor: Melinda Gonzales-Backen, Ph.D.

Human Development and Family Sciences, Florida State University, Tallahassee, FL

Research Assistant

2019 – 2020

Protective Factor and Resilience Initiative

Project:

Supervisor: Mabelle Madsen Thompson Ph.D., LCSW

Department of Social Work, Florida State University, Tallahassee, FL

Research Assistant

2016 – 2018

Memory and Cognition Lab

Supervisor: Ronald Fisher, Ph.D.

Department of Psychology, Florida International University, Miami, FL

Publications

Iturriaga, V. F., Bermudez, D. L., Rodriguez, R., Garcia, M., & Gonzales-Backen, M. (under review). Latine adolescent adjustment in the context of neighborhood risks, acculturative stress, and discrimination: The role of familism and gender. *Journal of Child and Family Studies*.

Perez-Felkner, L., Acosta, J., **Iturriaga, V.F.** (under review). Chapter 13: Student success for Latin* students. *The Routledge Handbook on Postsecondary Student Success*.

Bermudez, D. L., **Iturriaga, V. F.**, Marroquin, C., Garza, R., & Gonzales-Backen, M. (2023). The role of familism in food insecurity, role overload, and depressive symptoms among Latinx youth. *Journal of Latinx Psychology*. Advance online publication. <https://doi.org/10.1037/lat0000231>

Gonzales Backen, M. A., Bamaca, M., Bermudez, D. L., & **Iturriaga, V. F.** (2023). The role of autonomy granting and ethnic racial socialization in Mexican-origin girls' ethnic-racial identity trajectories. *Developmental Psychology*, 59(10), 1921–1932. <https://doi.org/10.1037/dev0001588>

Manuscripts in Preparation

Iturriaga, V.F & Gonzales-Backen, M. A., Bermudez, D. L., Garcia, M.E, Rodriguez, R. Acculturative stress and Latine adolescent adjustment: The roles of parental involvement and ethnic-racial socialization.

Gonzales-Backen, M. A., Bermudez, D. L., Iturriaga, V. F., Meca, A. Ethnic-racial socialization and ethnic-racial identity among Latino adolescents: The moderating role of personality.

Bermudez, D. L., Garcia, M. E., Iturriaga, V. F., Rodriguez, R. & Gonzales-Backen, M. Moderating and mediating paths from ethnic socialization to depressive symptoms among Latinx youth.

Conference Presentations

McDowell, C.N., **Iturriaga, V.F.**, Farrington, A. Exploring the impact of caregiver involvement in Zones of Regulation interventions on family dynamics and socio-emotional development. (2024). Research paper accepted. Annual Systemic Family Therapy Conference. Orlando, FL.

Iturriaga, V.F. & Gonzales-Backen, M.A., Bermudez, D., Rodriguez, R., Latine adolescents' academic motivation: The effects of exposures to neighborhood risks, rule-breaking

- behaviors, and depression (2024). Poster presented at the Annual Meeting of the Society for Research on Adolescence. Chicago, IL.
- Iturriaga, V.F.** & Gonzales-Backen, M.A. (2023). Parental monitoring, familism and sadness regulation coping in Latine Adolescents. Poster presented at the 2023 Annual Meeting of the National Council on Family Relations. Orlando, FL.
- Iturriaga, V.F.** & Gonzales-Backen, M.A. Acculturative stress and Latinx adolescent adjustment: The moderating role of parental involvement and ethnic-racial socialization (2022). Poster presented at the Society Research in Child Development special topics meeting. Rio Grande, Puerto Rico, USA.
- Iturriaga, V.F.**, Gonzales-Backen, M. A., & Bermudez, D. (2021). Depressive symptoms and educational motivation in rural Latine adolescents: The role of familism. Poster presented at the 2021 Annual Meeting of the National Council on Family Relations, virtual conference.
- Bermudez, D., **Iturriaga, V.F.**, Marroquin, C., Garza, R., Gonzales-Backen, M.A. (2021). The role of familism in food insecurity, role overload, and depressive symptoms among Latinx adolescents. Poster presented the Biennial Meeting of the Society for Research on Adolescence, New Orleans, LA.
- Gonzales-Backen., M. A., Bermudez, D., & **Iturriaga, V.F.** (2021). The role of ethnic socialization, discrimination, and language brokering in ethnic-racial identity among Latinx adolescents. Flask talk presented at the 2021 Biennial Meeting of the Society for Research on Child Development, virtual conference.
- Iturriaga, V.F.**, Tawfiq, D., Monk, M., & Crenshaw, E. (2020). Contextualizing the impact of deportation and the need for counseling and social justice advocacy for undocumented families. Poster presented at the 2020 Florida Mental Health Counseling Association Conference. Lake Mary, Florida.
- Monk, M., Spitz, C., **Iturriaga, V.F.**, Tawfiq, D., & Norzea, L. (2019) Trauma and aggression in youth: A review of current literature and recommendations. Poster presented at the 2019 Florida Mental Health Counseling Association Conference. Lake Mary, Florida.
- Tawfiq, D., **Iturriaga, V.F.**, & Monk, M. (2019). Maltreatment in adults with severe obesity and dysfunctional eating patterns: Implications for trauma informed care. Poster presented at the 2020 Florida Counseling Association Trauma Symposium. Clearwater, Florida.
- Iturriaga, V.F.**, Crenshaw, E., Turner, K., & Tawfiq, D. (2018). Culturally competent counseling with migrants, asylum seekers, and refugees from Central America. Poster presented at the 2019 Florida Mental Health Counseling Association Conference. Lake Mary, Florida.
- Tawfiq, D., **Iturriaga, V.F.**, Crenshaw, E. (2018). Risk factors, resilience, and implications of occupational burnout on counselors and patient outcomes. Poster presented at the 2019 Florida Mental Health Counseling Association Conference. Lake Mary, Florida.

Awarded 1st place.

Trainings & Professional Certifications

Body Project Group Facilitator Training <i>The Body Project Collaborative, Dr. Eric Stice</i>	2022
Program for Instructional Excellence (PIE), TA Training <i>Florida State University</i>	2020
Identifying and Reporting Child Abuse and Neglect <i>Florida Department of Children and Families</i>	2020
Trauma-Focused Cognitive Behavioral Therapy <i>Medical University of South Carolina</i>	2020
Gottman Method Couples Therapy Level 1 Completed <i>The Gottman Institute</i>	2019

Committee membership

Faculty advisor for Psi Chi University of South Florida Sarasota-Manatee campus	Fall 2024
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Honors and Awards

2 nd place in research competition <i>FSU College of Human Health & Sciences Research Showcase</i>	2023
Latin American-Caribbean Scholarship <i>Florida State University</i>	2019-2022
Foundation Scholarship <i>Florida State University</i>	2021-2022
Robert E. Lee Endowed Scholarship <i>Florida State University</i>	2020
College of Education International Travel Grant <i>Florida State University</i>	2019
1 st place in research poster competition <i>Florida Mental Health Counseling Association Conference</i>	2019
National Hispanic Scholar Hispanic Scholarship Fund <i>Hispanic Scholarship Fund</i>	2017

Professional Service

Dissertation Award Review <i>College of Health and Human Science, Florida State University</i> Dissertation Award Program (DAP) applications reviewer.	2021 - 2022
Manuscript Review Journal of Research on Adolescence	2021

Reviewer for Special issue focused on “dismantling systems of racism and oppression in adolescence.”

FSU Counseling Student Research Association
Co-founder and secretary

2018-2020

Professional Affiliations

National Council of Family Relations (NCFR)
Society for Research on Adolescence (SRA)

Languages Spoken

Spanish (native proficiency)
English (native-like proficiency)