

# CRMHC Plan of Study

Licensed Mental Health Counselor (LMHC) Track	Certified Rehabilitation Counselor (CRC) Track
<b>1st Fall</b>	
<ul style="list-style-type: none"> <li>» RCS 6037 Foundations of Clinical Rehabilitation and Mental Health Counseling</li> <li>» RCS 5780 Legal, Ethical, Professional Standards &amp; Issues in Counseling</li> <li>» RCS 6440 Social and Cultural Foundations of Counseling</li> <li>» MHS 5020 Skills and Techniques of Counseling</li> </ul>	
<b>1st Spring</b>	
» MHS 6462 Trauma Informed Individual, Family, and Couple Treatment	» RCS 5080 Medical Aspects of Disability
» RCS 6740 Research and Program Evaluation	» RCS 6740 Research and Program Evaluation
» RCS 6476 Human Sexuality Counseling	» RCS 5106 Advanced Rehabilitation Systems and Services
<b>1st Summer</b>	
<ul style="list-style-type: none"> <li>» RCS 5450 Fundamentals of Substance Abuse Counseling</li> <li>» RCS 6510 Group Theories and Practice</li> <li>» RCS 6803 Practicum I or elective</li> </ul>	
<b>2nd Fall</b>	
<ul style="list-style-type: none"> <li>» RCS 6220 Individual Evaluation and Assessment</li> <li>» RCS 6803 Practicum I and/or elective</li> <li>» RCS 6408 Diagnosis and Treatment of Psychopathology</li> </ul>	
<b>2nd Spring</b>	
<ul style="list-style-type: none"> <li>» RCS 6803 Practicum II and/or elective</li> <li>» RCS 6301 Career and Lifestyle Assessment</li> <li>» RCS 6407 Counseling Theories and Practice</li> </ul>	
<b>2nd Summer</b>	
<ul style="list-style-type: none"> <li>» MHS 5480 Human Growth and Development</li> <li>» RCS 6803 Practicum II and/or elective</li> </ul>	
<b>3rd Fall</b>	
» RCS 6825 Internship	

## Elective Options:

- RCS 6459 Professional Skills (Fall)
- MHS 6345 Family Therapy (Fall)
- MHS 6423 Individual and Family Treatment with Children and Adolescents (Fall)
- RCS 6456 Counseling for Substance Abusers (Spring)
- MHS 6447 Marital Therapy (Spring)
- MHS 6430 Dynamics of Marriage and Family Therapy (Summer)
- RCS 6458 Addiction Treatment with Special Populations (Summer)
- MHS 6105 Medical Family Therapy (Summer)
- RCS 6930 Expressive Arts in Play Therapy (Summer)
- MHS 6947 MFT Practicum II as elective must take Pract II in Spring (Summer)

## Roadmap to Clinical Rehabilitation and Mental Health Counseling (CRMHC) Program

M.A. Clinical Rehabilitation and Mental  
Health Counseling,  
  
Specialty Rehabilitation Counseling

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### Required Curriculum

<b>Rehabilitation Counseling (RC)</b>	<b>Mental Health Counseling (MHC)</b>
MHS 5020 Counseling Skills and Techniques (formerly Foundations in Mental Health Counseling)	MHS 5020 Counseling Skills and Techniques (formerly Foundations in Mental Health Counseling)
RCS 5780 Legal/Ethical Issues & Prof Standards	RCS 5780 Legal/Ethical Issues & Prof Standards
RCS 5450 Fund. of Substance Abuse Counseling	RCS 5450 Fund. of Substance Abuse Counseling
MHS 5480 Human Growth & Development	MHS 5480 Human Growth & Development
RCS 6740 Research	RCS 6740 Research
RCS 6220 Individual Evaluation & Assessment	RCS 6220 Individual Evaluation & Assessment
RCS 6510 Group Theories and Practice	RCS 6510 Group Theories and Practice
RCS 6440 Social & Cultural Foundation	RCS 6440 Social & Cultural Foundation
RCS 6408 Diagnosis/Treatment Psychopath	RCS 6408 Diagnosis/Treatment Psychopath
RCS 5080 Medical Aspects of Disability	RCS 5080 Medical Aspects of Disability
RCS 6407 Counseling Theories and Practice	RCS 6407 Counseling Theories and Practice
RCS 6803 Practicum in Counseling I	RCS 6803 Practicum in Counseling I
RCS 6803 Practicum in Counseling II	RCS 6803 Practicum in Counseling II
RCS 6825 Internship (6-credits)	RCS 6825 Internship (6-credits)

### Required Specialty Courses

<b>Rehabilitation Counseling (RC)</b>	<b>Mental Health Counseling (MHC)</b>
RCS 6301 Career & Lifestyle Assessment	RCS 6476 Human Sexuality
RCS 6643 Case Management and Quality Documentation	RCS 6705 Disability Justice and Trauma Informed Care
RCS 5935 RC: Concepts and Applications	RCS 6930 Seminar (formerly Foundations of Mental Health Counseling)