

Instructions: You will use this form to plan out your degree sequence. Each student will need to first determine which concentration they would like to pursue Clinical Mental Health (LMHC) or Clinical Rehabilitation (CRC) Counseling as this will determine your courses and sequence. For student who just do LMHC or CRC track you will have three different semesters to fill in your two electives.

Certificate Students: For students who choose to complete a certificate (ASA or MFT) there are semester with and/or. During these semesters you will be taking the general track course and your certificate specific course. Make sure to fill in your certificate specific course that you select. **Please complete sign and return to the program assistant.**

CRMHC FULL TIME - PLAN OF STUDY		
2 Electives are required (or a 6 credit Thesis) Total degree = 60 credits. Each class = 3 credits, with the exception of Internship which is 6*	Student Name & UID#:	
FALL 1	Notes or Course Selection	Grade
RCS 6037 Foundations of Clinical Rehabilitation and Mental Health Counseling		
RCS 5780 Legal/Ethical Issues & Prof Standards		
RCS 6440 Social and Cultural Foundations of Counseling		
MHS 5020 Skills and Techniques of Counseling		
SPRING 1	Notes or Course Selection	Grade
RCS 6740 Research and Program Evaluation		
RCS 6408 Diagnosis and Treatment of Psychopathology		
LMHC Track		
RCS 6476 Human Sexuality Counseling		
CRC Track		
RCS 5106 Advanced Rehabilitation Systems and Services		
SUMMER 1	Notes or Course Selection	Grade
RCS 5450 Fundamentals of Substance Abuse Counseling		
RCS 6510 Group Theories and Practice		
RCS 6803 Practicum I or elective (MFT: MHS 6430 Dynamics of MFT)		
FALL 2	Notes or Course Selection	Grade
RCS 6220 Individual Evaluation & Assessment		
RCS 6803 Practicum I and/or elective (ASA: RCS 6459 Professional Skills, MFT: MHS 6345 Family Therapy)		
RCS 6301 Career & Lifestyle Assessment		
SPRING 2	Notes or Course Selection	Grade
RCS 6803 Practicum II and/or elective (ASA: RCS 6456 Counseling for Substance Abusers, MFT: MHS 6447 Marital Therapy)		
RCS 6407 Counseling Theories and Practice		
LMHC Track		
MHS 6462 Trauma Informed Individual, Family and Couple Treatment		
CRC Track		
RCS 5080 Medical Aspects of Disability		
SUMMER 2	Notes or Course Selection	Grade
MHS 5480 Human Growth and Development		
RCS 6803 Practicum II and/or elective (ASA: RCS 6458 Special Populations, MFT: MHS 6105 Medical Family or RCS 6930 Play Therapy or MHS 6947 MFT Practicum II as elective must take Practicum II in Spring)		
FALL 3	Notes or Course Selection	Grade
RCS 6825 Internship (*6 credits)		

***It is the student's responsibility to have any changes from the plan of study, reviewed & approved by the advisor.**

Student Signature: _____ Date: _____

Advisor Signature: _____ Date: _____