

Curriculum Vitae
Cathy Sowell, MSW, LCSW
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ACADEMIC BACKGROUND

- 1995 **Master of Social Work (MSW)**
University of South Florida, Tampa
- 1990 **Bachelor of Arts, Psychology**
University of South Florida, Tampa

PROFESSIONAL LICENSURE & CERTIFICATION

- 1998 - present **Licensed Clinical Social Worker**, Florida, #SW-5213, Active
- 1998 - present **Qualified Clinical Supervisor**, Florida, Clinical Social Work and Mental Health
Counselor registered interns
- 2023 **Inclusive and Equitable Pedagogy**, CITL University of South Florida
- 2021 **Adult Mental Health First Aid**, National Council for Mental Wellbeing
- 2020 **Certified Online Educator**, University of South Florida

CURRENT POSITION

- Department of Child and Family Studies, College of Behavioral and Community
Sciences, University of South Florida (USF), Tampa, FL
- 2023 – present **Associate in Research**
- 2020 – present **Co-Director Child and Family Behavioral Health Division**
Current responsibilities include division management and oversight, consultation,
technical assistance, program evaluation, study design, protocol development,
qualitative data analysis, project management, literature review, Institutional Review
Board compliance, dissemination, grant writing, academic advising, graduate
teaching, and community networking.
- 2018 – 2023 **Assistant in Research**
- 2007 – 2018 **Senior Social & Behavioral Researcher**
- 2003 – 2007 **Assistant in Research**

RESEARCH, EVALUATION & TECHNICAL ASSISTANCE

Current Funded Contracts & Grants

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| National Evaluation of Project AWARE and TISS | 2023-2026 |
| ICF International (SAMHSA) | \$641,487 |
| Principal Investigator: Tom Massey | |
| Role: Co-Investigator | |
| Canopy Family Forward Solutions/ Mississippi Department of Child Protection Services | 2023-2024 |
| Casey Family Programs | \$50,000 |
| Principal Investigator: Svetlana Yampolskaya | |
| Role: Co-Investigator | |

Making Connections to Promote Mental Health and Wellbeing among Men and Boys 2017-2025
 Movember Foundation \$2,450,308
 Principal Investigator: Roxann McNeish
 Role: Site liaison for evaluation and technical assistance with four national grantees – Oklahoma City, OK, San Diego, CA, Honolulu, HI, Tacoma, WA
 This project is a collaborative national multi-site evaluation to assess and understand community led practices to improve services/supports for young men and boys.

Completed Funded Contracts & Grants

Florida Family Connections Evaluation 2022-2024
 Action 4 Child Protection/Casey Family Programs \$19,391
 Principal Investigator: Svetlana Yampolskaya
 Role: Co-Principal Investigator
 The goal of the study is to assess the effect of the Family Connections Program on child welfare involved families.

Evaluation of Implementation to Fidelity of Evidenced-Based Services 2022-2024
 Florida Department of Children and Families \$1,658,492
 Principal Investigator: Amy Vargo
 Role: Fidelity Evaluation Liaison
 The purpose of the project is to conduct statewide fidelity and outcomes evaluations and provide technical assistance for the delivery of the evidence-based practices being implemented as part of Florida’s State Prevention Plan.

Appropriate Care and Treatment Initiative 2021-2024
 USF/CFS Foundation and CFS Department \$37,327
 Principal Investigator: Cathy Sowell
 A study to evaluate the experiences of young adults and parents with residential treatment facilities.

Family Intensive Treatment Team Outcome Evaluation 2021-2023
 Florida Department of Children and Families \$16,717
 Principal Investigator: Svetlana Yampolskaya
 Role: Co-Principal Investigator.
 The goal of the study is to assess the effect of the Family Intensive Treatment Model on child welfare involved families with substance abuse issues.

Nurturing Parenting Program Evaluation & Family Intensive Treatment Evaluation 2021-2022
 Casey Family Programs \$33,723
 Principal Investigator: Svetlana Yampolskaya
 Role: Co-Principal Investigator
 The goal of the study is to assess the effect of the Nurturing Parenting Program on child welfare involved families.

SPARK of Duval, an Innovative Teen Pregnancy Prevention Program 2016-2022
 Children’s Home Society of Florida/Administration for Children and Families (ACF) \$577,430
 Principal Investigator: Svetlana Yampolskaya
 Role: Co-Investigator, Implementation Evaluation lead
 The goal of the study is to examine the effect of the SPARK intervention on risky sexual behaviors and teen parenthood among youth in out-of-home care using randomized control trial.

The Best Practices Response Protocol for Schools to Use Mobile Response Teams	2020-2021
USF Criminal Justice Mental Health Substance Abuse TA Center/ Florida Department of Children and Families Principal Investigator: Kathleen Moore Role: Co-Investigator	
This project was completed in response to HB 945 that tasked the Louis de la Parte Florida Mental Health Institute (FMHI) with developing a best practices response protocol for schools to use mobile response teams when students are experiencing a behavioral health crisis.	
Southern Region Behavioral Health Services Analysis	2019-2020
Florida Department of Children and Families Principal Investigator: Melissa Johnson Role: Co-investigator, Quality of Practice study lead	
This study was initiated because of a legal settlement between Florida DCF and Plaintiffs under the Counsel of Children Rights, Inc. The purpose of the study was to conduct an analysis in Miami-Dade and Monroe Counties of behavioral health services for children in out-of-home care.	
Family Intensive Treatment Team Model evaluation	2017-2019
Casey Family Programs Principal Investigators: Cathy Sowell and John Robst	
The purpose of this study was to conduct an outcome and implementation assessment of the FIT model being implemented by community-based care child welfare agencies across Florida.	
Florida Project LAUNCH (Linking Actions for Unmet Needs in Children's Health)	2013-2018
Substance Abuse and Mental Health Services Administration (SAMHSA) Principal Investigator: Cathy Sowell	
The purpose of this national, state, and community-based initiative was to promote the wellness of families with young children specifically families experiencing parental substance misuse and living in high-risk communities in Pinellas County, FL.	
Healthy Transitions, Now is the Time Technical Assistance Center	2014-2018
Center for Applied Research Solutions/Substance Abuse and Mental Health Services Administration (SAMHSA) Principal Investigator: Oliver Tom Massey	
Role: Technical assistance liaison with Florida, Kentucky, New Mexico, Maine, and Tennessee. The purpose of this national initiative was to improve the wellbeing of youth and young adults with serious mental health conditions.	
Utah's Child Welfare IV-E Waiver Demonstration Evaluation	2013-2017
University of Utah/Children's Bureau Principal Investigator: Mary Armstrong Role: Co-evaluator Implementation Evaluation, Service Array Assessment lead evaluator	
This study assessed implementation, service array, practice fidelity and outcomes of Utah's IV-E Waiver Demonstration.	
Child Welfare Specialty Plan Evaluation	2014-2015
Agency for Health Care Administration (AHCA) Principal Investigator: Amy Vargo Role: Co-Principal Investigator	
The purpose of the study was to examine the implementation and impact of the child welfare specialty plan for children being served in the child welfare system.	

Evaluation of Florida’s Child Welfare Prepaid Mental Health Plan for Children	2013-2014
Agency for Health Care Administration (AHCA)	\$163,186
Principal Investigator: Amy Vargo	
Role: Co-Principal Investigator, Co-evaluator	
The purpose of the study was to examine evidence-based practice utilization by mental health providers serving children in the mental health plan.	
Statewide Community-Based Care Child Welfare Assessment	2011-2012
Children’s Home Society of Florida	\$78,575
Principal Investigator: Mary Armstrong	
Role: Co-evaluator	
The goal of this project was to provide an independent comprehensive assessment of the CHS statewide community-based care (CBC) case management program focused on quality management, case management practice, supervision, training, and organizational culture and structure.	
Community-Based Care Consultative Quality Improvement Review	2010-2011
The Children’s Home, Inc.	\$9,804
Principal Investigator: Mary Armstrong	
Role: Co-evaluator	
The purpose of this project was to provide a consultative quality improvement review of the agency’s community-based care (CBC) case management program to improve the effectiveness of case management services.	
Child Welfare Implementation Center	2008-2013
American Institutes of Research/Administration for Children and Families	\$861,111
Principal Investigator: Mary Armstrong	
Role: Evaluation Project Director, Co-Investigator, Evaluation lead for Los Angeles County	
This national initiative was designed to support child welfare system change - specifically for selected projects in Los Angeles County, Navajo Nation, and the Tlingit and Haida Indian Tribes of Alaska.	
Community-Based Care Pilot Program Evaluation	2006-2009
Florida Department of Children and Families	\$82,086
Principal Investigator: Amy Vargo	
Role: Project Lead	
The goal of this legislatively mandated study was to compare the child welfare community-based systems of care in Broward, Monroe, and Miami-Dade counties with the rest of state on lead agency/provider network agency performance and fiscal management.	
IV-E Waiver Child Welfare Evaluation	2006-2012
Florida Department of Children and Families	\$689,980
Principal Investigator: Amy Vargo/Mary Armstrong	
Role: Co-Investigator, Quality of Practice study lead	
The goal of the study was to evaluate the statewide implementation of the flexible federal funds and its impact on Florida child welfare system.	
Florida’s Community-Based Care Evaluation	2006-2009
Florida Department of Children and Families	\$339,099
Principal Investigator: Mary Armstrong/Amy Vargo	
Role: Co-Investigator, Quality of Practice Study lead	
The goal of the study was to evaluate the implementation process and impact of Community-Based Care in Florida.	

Center for Evidence-Based Practice: Young Children with Challenging Behavior

2003-2006

U.S. Department of Education

\$ 7,500,000

Principal Investigator: Glen Dunlap/Lise Fox

Role: Project Coordinator

A national grant assessing young children with challenging behaviors and their families to identify factors related to school readiness.

Technical Reports

Yampolskaya, S., Walker, C., Sowell, C., & Nguyen, D. (2024). *Canopy Family Forward Solutions, in-CIRCLE Program*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.

Taormina, R., Sowell, C., Walker, C., & Tran, Q. (2024). *Evaluation of Making Connections for mental health and wellbeing among men and boys - final report: Findings Making Connections project 2015-2023*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.

Yampolskaya, S., Walker, C., Sowell, C. (2024). *Partnership for Strong Families Family Connections, Outcomes Report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.

Newton-Curtis, L., Vargo, A., Hardy-Jones, P., Coy, L., Sowell, C.... (2024). *Evaluation of implementation to fidelity of evidence-based services, final action plan report for evidence-based practices*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.

Yampolskaya, S., Sowell, C., Walker, C., & Joseph, R. (2023). *Family Connections outcomes report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.

Newton-Curtis, L., Vargo, A., Hardy-Jones, P., Coy, L., Sowell, C.... (November, 2023). *Evaluation of implementation to fidelity of evidence-based services: Action plan report for evidence-based practices*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.

Newton-Curtis, L., Vargo, A., Hardy-Jones, P., Coy, L., Sowell, C.... (May, 2023). *Evaluation of implementation to fidelity of evidence-based services: Action plan report for evidence-based practices*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.

Yampolskaya, S., Sowell, C., Walker, C., & Pecora, P. (2023). *Nurturing parenting program (NPP) outcomes report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.

Yampolskaya, S., Sowell, C., & Walker, C. (2022, rev. 2024). *Family intensive treatment (FIT) outcomes report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.

Yampolskaya, S., Sowell, C., Walker, C., Tran, Q. (2022). *Evaluation of S.P.A.R.K. (Speaking to the Potential, Ability and Resilience inside every Kid) teen pregnancy prevention and mentoring program in Duval County, Florida - Final impact report for children's home society of Florida*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.

McNeish, R., Sowell, C., & Walker, C. (2022). *Making connections for mental health and wellbeing among men and boys in the US: Quarterly evaluation report, January to March*. Tampa, FL: University of

- South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.
- Yampolskaya, S., Sowell, C., & Walker, C. (2021). *Family intensive treatment (FIT) evaluation progress report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- Yampolskaya, S., Sowell, C., & Walker, C. (2021). *Nurturing parenting program (NPP) evaluation progress report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- McNeish, R., Massey, O. T., Sowell, C., Walker, C., & Tran, Q. (2021). *Annual evaluation report: Making connections for the mental health and wellbeing of men and boys*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- McNeish, R., Massey, T., Walker-Egea, C., Sowell, C., Simmons, C., Vatalaro, A., (2021, January). *Making Connections for the mental health and wellbeing of men and boys – quarterly evaluation report October 2020 – December 2020*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- Moore, K., Zenn, N., & Sowell, C. (2020). *State of Florida: Best practices response protocol for schools to use mobile response teams* (in response to House Bill (HB) 945). Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Louis de la Parte Florida Mental Health Institute (FMHI).
- Johnson, M., Robst, J., Cruz, A., Sowell, C., Vargo, A., Anderson, R., & Carmona, Y. (2020). *Southern region gap analysis: Final evaluation report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
<https://www.myflfamilies.com/newsroom/docs/Southern%20Region%20Gap%20Analysis%20Final%20Report.pdf>
- McNeish, R., Massey, O. T., Walker, C., Sowell, C., Vatalaro, A., Simmons, C., Rigg, K., Tran, Q. & Gilbert-Smith, T. (2020). *Final evaluation report: Making connections for the mental health and wellbeing of men and boys of color and veterans*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- McNeish, R., Massey, T., Walker-Egea, C., Sowell, C., Rigg, K., Simmons, C., Vatalaro, A., (2020, April). *Making connections for the mental health and wellbeing of men and boys – quarterly evaluation report January 2020 – March 2020*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- Robst, J., Armstrong, M., Yampolskaya, S., Sowell, C., & Cruz, A. (2019). *The family intensive treatment (FIT) evaluation phase two quantitative report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- Sowell, C., Cruz, A., Armstrong, M., & Robst, J (2019). *The Family intensive treatment (FIT) team evaluation, implementation and practice study report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- Johnson, M., Robst, J., Cruz, A., Sowell, C., Vargo, A., Anderson, R., Carmona, Y. (2019). *Southern region gap analysis: Service needs report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- Johnson, M., Robst, J., Cruz, A., Sowell, C., Vargo, A., Anderson, R., Carmona, Y. (2019). *Southern region gap analysis: Service access, capacity, & coordination of care report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.

- Johnson, M., Robst, J., Cruz, A., Sowell, C., Vargo, A., Anderson, R., Carmona, Y. (2019). *Southern region gap analysis: Utilization pattern and service usage report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- McNeish, R., Massey, O. T., Sowell, C., Walker, C., Vatalaro, A., Landers, M., Tran, Q., Rigg, K., Simmons, C., & Gilbert-Smith, T. (2019). *Implementation year 3 evaluation annual report: Making connections for the mental health and wellbeing of men and boys of color and veterans*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- McNeish, R., Massey, T., Walker-Egea, C., Sowell, C., Rigg, K., Simmons, C., Vatalaro, A., (2019, April). *Making connections for the mental health and wellbeing of men and boys – quarterly evaluation report January 2019 – March 2019*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- McNeish, R., Massey, T., Walker-Egea, C., Sowell, C., Rigg, K., Simmons, C., Albizu-Jacob, A., Vatalaro, A., Tran, Q. (2019, January). *Making connections for the mental health and wellbeing of men and boys – quarterly evaluation report October 2018 – December 2018*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- McNeish, R., Massey, O. T., Walker, C., Sowell, C., Vatalaro, A., Simmons, C., Rigg, K., Tran, Q. & Gilbert-Smith, T. (2018). *Implementation year 2 evaluation annual report: Making connections for the mental health and wellbeing of men and boys of color and veterans*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- Sowell, C., Walker, C., Yampolskaya, S., Lentini, R., & Cruz, A. (2018). *Florida project LAUNCH final cumulative evaluation report October 1, 2012 – September 30, 2018*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.
- Robst, J., Armstrong, M., Sowell, C., & Cruz, A. (2018). *The Family Intensive Treatment (FIT) evaluation: Phase one report*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- McNeish, R., Massey, T., Walker-Egea, C., Sowell, C., Rigg, K., Simmons, C., Callejas, L., Vatalaro, (2018, April). *Making connections for the mental health and wellbeing of men and boys – quarterly evaluation report January 2018 – March 2018*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- Sowell, C., Yampolskaya, S., Walker, C., Lentini, R., & Cruz, A. (2018). *Florida project LAUNCH year 5 evaluation report October 1, 2016 – September 30, 2017*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.
- McNeish, R., Massey, T., Walker-Egea, C., Tirrotti, M., Rigg, K., Simmons, C., Landers, M., Sowell, C., Vatalaro, A., Gilbert-Smith, T. (2018, January). *Making connections for the mental health and wellbeing of men and boys – quarterly evaluation report October 2017 – December 2017*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- Davis, M., Tanana, M., Vanderloo, M., West, K., O’Conner, A., Hopkins, R., Armstrong, M., Vargo, A., Sowell, C., Johnson, M., Fluke, J., Fowles, R., & Poulson, R. (2017). *Utah child welfare demonstration project semi-annual evaluation report, April 1, 2017 to September 30, 2017*. Salt Lake City, UT: University of Utah, College of Social Work.
- Yampolskaya, S., McNeish, R., Cruz, A., Sowell, C., Teague, G., Hanson, A., & Levin, B. (2016). *Access, integration of care and service utilization for child welfare involved children in Florida’s managed*

- medical assistance (MMA) program*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences.
- Sowell, C., Yampolskaya, S., Walker, C., Lentini, R., & Cruz, A. (2016). *Florida project LAUNCH year 4 evaluation report October 1, 2015 – September 30, 2016*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.
- Sowell, C., Yampolskaya, S., Lentini, R., Walker, C., & Cruz, A. (2016). *Florida project LAUNCH (Linking actions for unmet needs in children's health) evaluation brief: Stakeholder collaboration years 1-3*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences, Department of Child and Family Studies.
- Davis, M., Tanana, M., Vanderloo, M., West, K., O'Conner, A., Hopkins, R., Armstrong, M., Vargo, A., Sowell, C., Johnson, M., Fluke, J., Fowles, R., & Poulson, R. (2015). *Utah child welfare demonstration project semi-annual evaluation report, April 1, 2015 to September 30, 2015*. Salt Lake City, UT: University of Utah, College of Social Work.
- Sowell, C., Yampolskaya, S., Lentini, R., Cruz, A., & Walker, C. (2015). *Florida project LAUNCH year 3 evaluation report October 1, 2014 – September 30, 2015*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.
- Sowell, C., Yampolskaya, S., Teague, G., Greeson, M., Hanson, A., McNeish, R., & Vargo, A. (2015). *Child welfare specialty plan implementation study*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences.
- Sowell, C., Nesman, T., Lentini, R., Sharrock, P., & Yampolskaya, S. (2014). *Florida project LAUNCH year 2 evaluation report October 1, 2013 – September 30, 2014*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.
- Armstrong, M.I., Johnson, M., Sowell, C., & Vargo, A. (2014). *Utah IV-E waiver implementation analysis year 1 progress report*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences.
- Sharrock, P., Sowell, C., Yampolskaya, S., Nesman, T., & Lentini, R. (2014). *Florida project LAUNCH evaluation brief: Stakeholder collaboration year 1*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences, Department of Child and Family Studies.
- Vargo, A., Sowell, C., Landers, M., Roggenbaum, S., & Shockley, C. (2014). *An examination of evidence-based practice utilization within Florida's child welfare prepaid mental health plan*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences, Department of Child and Family Studies.
- Nesman, T., Sowell, C., Sharrock, P., Yampolskaya, S., & Lentini, R. (2013). *Florida project LAUNCH year 1 evaluation report October 1, 2012 – September 30, 2013*. Tampa, FL: University of South Florida, College of Behavioral and Community Sciences, Department of Child and Family Studies.
- Vargo, A., Armstrong, M.I., Johnson, M. & Sowell, C. (2013). *Western and pacific child welfare implementation center cross-implementation project synthesis evaluation report*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences.
- Sharrock, P., Vargo, A., Sowell, C., Lardieri, S., Reyes, F., Shockley, C., Gascon, A., & Hanson, A. (2012). *Needs and experiences of youth aging out of the child welfare prepaid mental health plan. Agency for Health Care Administration (AHCA) series 220-156*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences.

- Sowell, C., & Jordan, N. (2012). *Florida's IV-E waiver demonstration project topical paper 3: Prevention and diversion services-practice expansion and innovation*. Tampa, Florida: University of South Florida, College of Behavioral & Community Sciences.
- Vargo, A., C., Armstrong, M. I., Jordan, N., Sharrock, P., Sowell, C., & Yampolskaya, S. (2012). *IV-E waiver demonstration final evaluation report, FFY 2006-07 - 2011-12*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences, Louis de la Parte Florida Mental Health Institute.
- Armstrong, M., Policella, D., Johnson, M., Sowell, C., Menendez, P., & Coy, L. (2012). *Children's home society case management baseline assessment*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences.
- Vargo, A., Sharrock, P., Sowell, C., Lardieri, S. Reyes, F. & Shockley, C. (2011). *Evaluation of Florida's child welfare prepaid mental health plan (CW-PMHP): Year 5*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences.
- Armstrong, M.I., Vargo, A.C., Jordan, N., Sharrock, P., Sowell, C., & Yampolskaya, S. (2011). *IV-E waiver demonstration evaluation semi-annual progress report 10 SFY11-12*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences.
- Sowell, C. (2011). *Western and Pacific Child Welfare Implementation Center Los Angeles County implementation project annual assessment report year 2*. Tampa, Florida: University of South Florida, College of Behavioral & Community Sciences.
- Vargo, A., C., Armstrong, M. I., Jaacks, M., Jordan, N., Sharrock, P., Sowell, C., & Yampolskaya, S. (2011). *IV-E waiver demonstration evaluation semi-annual progress report 9 SFY 10-11*. Tampa, Florida: University of South Florida, College of Behavioral & Community Sciences, Louis de la Parte Florida Mental Health Institute.
- Vargo, A., Sharrock, P., Robinson, P., Lardieri, S., Reyes, F., & Sowell, C. (2010). *Evaluation of Florida's child welfare prepaid mental health plan (CW-PMHP): Year 4*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences.
- Armstrong, M. I., Vargo, A. C., Jaacks M., Jordan, N., Sharrock, P., Sowell, C., & Yampolskaya, S. (2010). *IV-E waiver demonstration evaluation semi-annual progress report 8 SFY 09-10*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences, Louis de la Parte Florida Mental Health Institute.
- Vargo, A., C., Armstrong, M. I., Jordan, N., Sharrock, P., Sowell, C., & Yampolskaya, S. (2010). *IV-E waiver demonstration evaluation semi-annual progress report 7 SFY 09-10*. Tampa, Florida: University of South Florida, College of Behavioral & Community Sciences, Louis de la Parte Florida Mental Health Institute.
- Armstrong, M.I., Vargo, A.C., Jordan, N., Sharrock, P., Sowell, C., & Yampolskaya, S. (2009). *IV-E waiver demonstration evaluation semi-annual progress report 6 SFY09-10*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences, Louis de la Parte Florida Mental Health Institute.
- Armstrong, M, Vargo, A., Jordan, N., Sharrock, P., Sowell, C. & Yampolskaya, S. (2009). *Report to the legislature: Evaluation of community-based care initiative year 2007-2008 final report*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences, Louis de la Parte Florida Mental Health Institute.

- Vargo, A.C., Armstrong, M.I., Jordan, N., Sharrock, P., Sowell, C., & Yampolskaya, S. (2009). *IV-E waiver demonstration evaluation semi-annual progress report 5 SFY08-09*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences, Louis de la Parte Florida Mental Health Institute.
- Vargo, A., Sharrock, P., Robinson, P., Boothroyd, R., Batsche, C., Lardieri, S., Ort, R., Reyes, F., Rynearson, S., & Sowell, C. (2009). *Evaluation of Florida's child welfare prepaid mental health plan (CW-PMHP): Year 3*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences.
- Armstrong, M.I., Vargo, A.C., Jordan, N., King-Miller, T., Sharrock, P., Sowell, C., & Yampolskaya, S. (2008). *IV-E waiver demonstration evaluation semi-annual progress report 4 SFY07-08*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences, Louis de la Parte Florida Mental Health Institute.
- Armstrong, M., Vargo, A. C., Jordan, N., King-Miller, T., Sowell, C. & Yampolskaya, S. (2008, January). *Report to the legislature: Fiscal year 2006-2007 evaluation of the Department of Children and Families community-based care initiative*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences, Louis de la Parte Florida Mental Health Institute.
- Vargo, A. C., Armstrong, M., Sowell, C., Jordan, N., King-Miller, T., Sharrock, P., & Yampolskaya, S. (2008, March). *IV-E waiver demonstration evaluation semi-annual progress report 3 SFY07-08*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences, Louis de la Parte Florida Mental Health Institute.
- Sowell, C., Jordan, N., Yampolskaya, S., King-Miller, T., Vargo, A., & Armstrong, M. (2008). *Community-based care pilot program annual report*. Tampa, FL: University of South Florida, College of Behavioral & Community Sciences, Louis de la Parte Florida Mental Health Institute.
- Armstrong, M., Vargo, A. C., Jordan, N., King-Miller, T., Roggenbaum, S., Sowell, C., & Yampolskaya, S. (2007). *Semi-annual progress report IV-E waiver demonstration evaluation*. Tampa, FL: University of South Florida, Louis de la Parte Florida Mental Health Institute.
- Sowell, C., Jordan, N., Yampolskaya, S., King-Miller, T., Vargo, A., & Armstrong, M. (2007). *Community-based care pilot program annual report*. Tampa, FL: University of South Florida, Louis de la Parte Florida Mental Health Institute.
- Armstrong, M., Vargo, A., Jordan, N., King-Miller, T., Sowell, C., & Yampolskaya, S. (2007). *Report to the legislature: Evaluation of children and families community-based care initiative FY 2006-2007*. Tampa, FL: University of South Florida, Louis de la Parte Florida Mental Health Institute.
- Sowell, C., Vargo, A., Armstrong, M., & King-Miller, T. (2006). *District 10 and 11 pilot program evaluation report FY 05-06*. Tampa, FL: University of South Florida, Louis de la Parte Florida Mental Health Institute.

Peer-Reviewed Articles

- Yampolskaya, S., Sowell, C., Walker-Egea, C., Hanak-Coulter, J., & Pecora, P. J. (2024). Family Intensive Treatment for child welfare involved caregivers with substance misuse issues: Safety, permanency and well-being outcomes. *Clinical Social Work Journal*.
<https://doi.org/10.1007/s10615-023-00917-8>

McNeish Taormina, Massey, T., Walker-Egea, C., Sowell, C., Rigg, K. K., Simmons, C., & Tran, Q. (2023). Building capacity to create community change (BC4): A model to support successful program planning and implementation. *Evaluation and Program Planning, 97*, 102225.

Armstrong, M. I., McCrae, J., Graef, M. I., Richards, T., Lambert, D., Bright, C. L., & Sowell, C. (2014). Development and initial findings of an implementation process measure for child welfare system change. *Journal of Public Child Welfare, 8*(1), 94-177.

Dunlap, G., Strain, P., Fox, L., Carta, J., Conroy, M., Smith, B., Kern, L., Hemmeter, M. L., Timm, M., McCart, A., Sailor, W., Markey, U., Markey, D.J., Lardieri, S., & Sowell, C. (2006). Prevention and intervention with young children's challenging behavior: Perspectives regarding current knowledge. *Behavioral Disorders, 32*(1), 29-45.

Presentations

Taormina, R., Walker, C., Sowell, C. (2024, April). *Building community capacity to create change: Considerations and lessons learned in promoting the mental well-being of males in Native American communities*. Workshop presentation at the Tribal Public Health Conference, Tulsa, OK.

Robst, J. & Sowell, C. (2019, August). *The Family Intensive Treatment (FIT) evaluation*. Workshop presentation at the Florida Behavioral Health Conference, Orlando, FL.

Sowell, C. (2019, April). *FIT model evaluation: Implementation and practice fidelity assessment*. Invited workshop presentation at the FIT Statewide Face to Face Meeting, Sarasota, FL.

Sowell, C. (2015, March). *Making the most of data collection strategies, local evaluation*. Panel presentation at the Project LAUNCH Spring Training Institute, Rockville, MD.

Armstrong, M., Sowell, C., & Johnson, M. (2013, March). *Strategies for evaluating complex systems change in child welfare*. Intensive workshop presented at the Children's Mental Health Research & Policy Conference, Tampa, FL.

Sowell, C. (2012, November). *Needs & experiences of youth aging out of foster care: What do foster parents tell us?* Poster presented at the National Federation of Families for Children's Mental Health annual conference, Washington, D.C.

Armstrong, M. I., Yampolskaya, S., & Sowell, C. (2012, September). *Florida's IV-E waiver demonstration: Five years post-implementation*. Paper presentation at the Child Protection Summit, Orlando, FL.

Armstrong, M. I., Johnson, M., Sowell, C. & Vargo, A. (2011, August). *Strategies that build capacity for systems change: lessons learned in the evaluation of the Western and Pacific implementation center*. Paper presentation at the National Child Welfare Evaluation Summit, Washington, D.C.

Sharrock, P. & Sowell, C. (2011, July). *A managed mental health care partnership for kids in child welfare*. Paper presentation at the National Research Conference on Child & Family Programs and Policy, Bridgewater, MA.

Sowell, C. (2010, June). *The expansion of family team conferencing in Florida's child welfare system*. Paper presentation at the American Professional Society on the Abuse of Children (APSAC), New Orleans, LA.

Sowell, C. (2009, June). *Innovative child welfare practices related to Florida's IV-E waiver demonstration*. Poster presented at the annual meeting of the American Professional Society on the Abuse of Children (APSAC), Atlanta, GA.

Vargo, A., Armstrong, M., Sowell, C. (2009, May). *Findings from Florida's IV-E waiver evaluation*. Poster presented at the National Child Welfare Evaluation Summit, Washington, D.C.

Sowell, C. & Vargo, A. (2009, February). *Pockets of practice excellence within Florida's IV-E waiver demonstration*. Poster presented at the annual meeting of the Child Welfare League of America, Washington, D.C.

Yampolskaya, S., Jordan, N., & Sowell, C. (2008, August) *Community-based care: An examination of practices and outcomes*. Paper presented at the Florida Department of Children & Families, Dependency Summit, Orlando, FL.

TEACHING & INSTRUCTIONAL APPOINTMENTS

- 2021 - present **Child & Family Studies Academic Programs & Curriculum Committee**, graduate certificate programs representative.
- 2020 - present **Director, Graduate Certificate in Children's Mental Health**, Child & Family Studies, University of South Florida
- 2020 – present **Master of Science in Child & Adolescent Behavioral Health (CABH)**, Child & Family Studies, University of South Florida
- **Youth & Adolescent Behavioral Health (YABH) Focus Area Lead**
 - **Comprehensive Examination Administration**
 - **CABH Admissions Committee Member**
- 2019 - present **Master of Science in Child & Adolescent Behavioral Health (CABH)**, Child & Family Studies, University of South Florida
- **Academic Advisor**

Graduate Course Instructor

- Fall 2021 - present MHS 6069 Child and Adolescent Behavioral Health
- Summer 2021 - present MHS 6941 Applied Field Experience
- SP 2021, SU 2024 - present MHS 6095 Family-Centered Interdisciplinary Practice
- Spring 2021 MHS 6901 Independent Studies

Course Development

- Spring 2024 for Fall 2024 MHS 6069 Child and Adolescent Behavioral Health, USF Innovative Education, Designing Your Online Course
- Fall 2022 for Spring 2023 MHS 6095 Family-Centered Interdisciplinary Practice, USF Innovative Education, Designing Your Online Course

Master's Field Experience Project Faculty Advisor

2024-present Master's Applied Field Experience Faculty Advisor, Jacqueline Green, CABH MS, College of Behavioral & Community Sciences, University of South Florida.

2024-present Master's Applied Field Experience 2nd Faculty Member, Rachel Krautkremer, CABH MS, College of Behavioral & Community Sciences, University of South Florida.

2022-23 Master's Applied Field Experience Faculty Advisor, Aleighna Zamora, CABH MS, College of Behavioral & Community Sciences, University of South Florida. Degree Conferred 2023

2022-23 Master's Applied Field Experience 2nd Faculty Member, Maribel Ramirez Pereyra, CABH MS, College of Behavioral & Community Sciences, University of South Florida. Degree Conferred 2023

2022-23 Master's Applied Field Experience 2nd Faculty Member, Bethany Augenstein, CABH MS, College of Behavioral & Community Sciences, University of South Florida. Degree Conferred 2023

2021-22 Master's Applied Field Experience Faculty Advisor, Amy Eldridge, CABH MS, College of Behavioral & Community Sciences, University of South Florida. Degree Conferred 2022

2021-22 Master's Applied Field Experience 2nd Faculty Member, Cherith Belmonte, CABH MS, College of Behavioral & Community Sciences, University of South Florida. Degree Conferred 2022

2021 Master's Applied Field Experience Faculty Advisor, Tanisha Manning, CABH MS, College of Behavioral & Community Sciences, University of South Florida. Degree Conferred 2021

2021 Master's Applied Field Experience Faculty Advisor, Lauren Werth, CABH MS, College of Behavioral & Community Sciences, University of South Florida. Degree Conferred 2021

2021 Master's Applied Field Experience 2nd Faculty Member, Kayla Brown, CABH MS, College of Behavioral & Community Sciences, University of South Florida. Degree Conferred 2021

2021 Master's Applied Field Experience 2nd Faculty Member, Heather Groves, CABH MS, College of Behavioral & Community Sciences, University of South Florida. Degree Conferred 2021

2020-2021 Master's Applied Field Experience 2nd Faculty Member, Julie Nord, CABH MS, College of Behavioral & Community Sciences, University of South Florida. Degree Conferred 2021

Other Teaching Activities

2007, 2008, 2024 Faculty Mentor, Summer Research Institute (SRI), Florida Mental Health Institute

SERVICE

Peer Review Activities

2020-present Peer Reviewer, *Journal of Public Child Welfare*

2022 Peer Reviewer, *Families in Society*

2016 Peer Reviewer, *American Journal of Orthopsychiatry*

Departmental Service Activities

2019 – 2023 *Child and Family Studies Impact Report*, CFBH Division lead

2008 – 2019 *Children's Mental Health, Research & Policy Conference, Department of Child & Family Studies*, Reviewer

Associations

2024 – present American Psychological Association, member

2020 – present International Federation of Social Workers, member

2020 – present University Area Community Development Corporation Partners Coalition

2018 – present Yoga Alliance, Registered Yoga Teacher

1993 – present National Association of Social Workers, Mental Health Specialty Practice Section

Professional Development & Training

2024 Course Enhancement with Generative AI, CITL, University of South Florida

2023 Inclusive and Equitable Pedagogy Summer Course, CITL, University of South Florida

2022 Telehealth for Mental Health Professionals

2021 Psychocultural Pathways to Healing Trauma During Community Crisis

2021 Mental Health First Aid Certification Course

2021 Immigration 101: Working with Immigrant Families

2021 Human Trafficking: Commercial Sexual Exploitation of Children

2020 COVID-19 Mental Health Crisis Training

- 2020 Professional Ethics and Boundary Issues
- 2020 Florida Baker Act Training
- 2019 Florida Laws and Rules for Mental Health Professionals
- 2019 UndocuALLY Training, University of South Florida
- 2019 Nutritional and Integrative Medicine for Mental Health Professionals Certificate Course
- 2017 Internal Family Systems Therapy
- 2016 Clinical Interventions for Anxiety, Depression and Trauma

Professional Experience

- 2015 – 2016 C4 Innovations, Inc., Needham, MA, Consultant, Contributed to a SAMHSA funded children’s mental health shared decision-making tool (www.strongandinformed.com)
- 1999 – 2004 Private Practice, Tampa, FL, Therapist, Mental health clinical services with children and adults dealing with social, emotional, and behavioral issues related to grief, loss, trauma, abuse/neglect, and attachment.
- 1996 – 2002 Gift of Life Community Services, Inc., Pinellas Park, FL, Director, Clinical and program management of counseling, targeted case management, therapeutic foster care, foster/kinship care, clinical supervision, parent training, and psychotherapy.
- 1992 – 1996 Mental Health Care, Inc., Tampa, FL, Therapist, Individual, group, and family therapy with children, adults, and families dealing with mental health issues related to mental illness, substance abuse, grief, loss, trauma, domestic violence, and developmental disorders.
- 1990 – 1992 Tampa Bay Academy, Riverview, FL, Counselor, Therapeutic services in a residential mental health treatment setting.