

KAYLEIGH B. FABER

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EDUCATION

OKLAHOMA STATE UNIVERSITY | STILLWATER, OK

Master of Public Health (MPH)

May 2024 | Concentration in Rural and Underserved Populations | 4.0 GPA

OKLAHOMA STATE UNIVERSITY | STILLWATER, OK

Bachelor of Science in Psychology

December 2017

WORK EXPERIENCE

OKLAHOMA STATE UNIVERSITY CENTER FOR HEALTH SCIENCES

DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES

PROJECT MANAGER

NOVEMBER 2021 – PRESENT

MENTAL HEALTH AWARENESS TRAINING (MHAT)

- * Project management of a Substance Abuse & Mental Health Services Administration (SAMHSA) grant for Mental Health Awareness Training
- * Budget management, revision, and reconciliation (five-year award, \$125,000/ year)
- * Conduct Mental Health Education training, including Mental Health First Aid
- * Facilitate all required grant documentation via eRA Commons.
- * Train target population on Mental Health Awareness Initiatives. Target population includes first responders, veterans, law enforcement and public safety, academic faculty and staff, services agencies, among others.
- * Consulting with staff and multi-disciplinary health care providers as necessary to facilitate all grant activities.
- * Coordinates and supports access to and participation in training for appropriate individuals.
- * Data collection from surveys and assessments for necessary reporting measures in SPARS
- * Develops educational programs or positive alternative activities.
- * Networking with other departments and agencies to implement sustainability efforts beyond the grant funding period.

OKLAHOMA STATE UNIVERSITY
OFFICE OF UNDERGRADUATE ADMISSIONS

TRANSFER ADMISSIONS COUNSELOR

AUGUST 2019-OCTOBER 2021

- * Recruit prospective transfer students from community college partners within my designated territory of Kansas and Arkansas.
- * Assist prospective transfer students from all four-year Universities as well as all online major students.
- * Travel to community colleges to present, set up office hours, attend college fairs, and participate in recruitment events.
- * Member of “Event Task Team” to plan, create, and execute recruitment events for prospective students — serving between 400 - 4,600 guests per event.
- * Main presenter for all transfer related events on/off campus.
- * Monitor goals, trends, and data on current student applications.
- * Member of “Staff Enrichment Team” — engaging office morale through socials, gatherings, lunch & learns.
- * Conducted departmental training for all transfer initiatives.

FRESHMAN ADMISSIONS COUNSELOR

AUGUST 2018-AUGUST 2019

- * Recruit and assist prospective students to Oklahoma State and meet individual territory and overall admission enrollment goals.
- * Support students and families with the transition of moving away from home.
- * Target population was rural, underserved, and low-income students.
- * Serve, promote, and represent the University by being the primary point of contact for prospective students, families, and high school counselors.
- * Give presentations to large and small groups on/off campus.
- * Counsel prospective students and families on major options, financial aid, housing, and others.
- * Execute strategies for effective outreach including calls, texts, emails, and personal interactions.

EDWIN FAIR

COMMUNITY MENTAL HEALTH CENTER

CASE WORKER/RECOVERY SUPPORT SPECIALIST

SEPTEMBER 2017-JULY 2018

- * Worked on a PACT team of multidisciplinary individuals caring for individuals with severe mental illness.
- * Attended recurring progress meetings regarding patients’ mental health status, medication management, and treatment plan updates.
- * Monitored the needs of our clients, provided support securing necessities such as housing and food.
- * Provide transportation to increase appointment attendance.
- * Ensure accurate reporting of billing for documentation.

- * Provide resources and support to increase patients' ability to live independently.

CERTIFICATIONS

- * **Certified QPR Instructor**
 - Educate participants on the warning signs of suicide
 - Teach valuable ways to offer hope
 - Provide critical resources for participants to be able to receive help and save lives
- * **Certified Adult Mental Health First Aid Instructor**
 - Covers a variety of depressive and mood disorders, trauma, substance use disorders, and psychosis
 - Equip learners with an action plan to address crisis and non-crisis situations
 - Provide interventions for overdose, suicidal thoughts/behaviors, and panic attacks
- * **Certified Youth Mental Health First Aid Instructor**
 - Educate individuals who frequently interact with young people
 - Discuss mental health challenges common among youth
 - Topics of disruptive behavior disorders, eating disorders, substance use, anxiety, and depression are covered

LECTURES

- * **Trauma Informed Policing**
 - Teach the basics of trauma and importance in being trauma informed
 - Educate participants on a victim-centered approach to when engaging victims
 - Discuss possible trauma responses and critical needs of victims
- * **Officer Wellness**
 - Covers risks and impacts of stress
 - Teaches the basics of resilience building
 - Encourages self-care through a variety of domains
- * **The Cost of Caring**
 - Educates learners on the impacts of vicarious trauma
 - Participants are taught the effects of burnout and how to reduce risk
 - The topic of compassion fatigue and
- * **Stigmatizing Language**
 - Discusses the types of stigma
 - Participants are informed on the effects of stigma on individuals mental health and quality of life
 - Commons myths and facts regarding mental illness are explored

UNPUBLISHED WORK

Beaman, J., Runde, L., Fisch, C., Faber, K., Bolinger, C., & Hartwell, M. (2022). *County level assessment of methamphetamine overdoses and unemployment rates in the United States in 2019*. Unpublished Manuscript. Oklahoma State University.

Faber, K. (2024). *Changes in Law Enforcement Attitudes Post Harm-reduction Training Intervention* [MPH Thesis]. Oklahoma State University.