



UNIVERSITY of
SOUTH FLORIDA
 Osher Lifelong Learning Institute

FALL 2024
 Class Catalog

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DIRECTOR'S MESSAGE JUST FOR YOU!

The fall term catalog for the Osher Lifelong Learning Institute at USF is here! We're excited to offer another term of vibrant selection of courses across a wide range of topics, with new venues to explore and plenty of opportunities to learn and have fun. Be sure to review our enticing travel options as well! We're constantly innovating to bring you the best possible learning experience. A heartfelt thank you to our delightful, renewing members, seasoned instructors, and a very special welcome to our newest additions! We hope this catalog, designed by our incredible staff and amazing volunteers, is your guide to a semester of enriching exploration. Join the fun!

Veronica Dmyll

HOW TO REACH THE OLLI STAFF

At times we are working remotely. Before coming to the office, please call ahead to ensure that the office is open.

Charise Dixie

Join OLLI, Register for classes, general questions
OLLI-inquiries@usf.edu • 813-974-5848

Joseph McAuliffe

Liberal arts classes, Friday Lectures,
OLLI teaching
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Veronica Maxwell, M.Ed.

Scholarships, Gifts to OLLI, Volunteering at OLLI
vbrascom@usf.edu • 813-974-5263

OLLI-USF's Director, Veronica Maxwell enjoys time with our members & community.



Take a selfie at an OLLI event and send it to us, we'd love to share your smile. Email your photo to cmason6@usf.edu



Travel Opportunities

- Sunny Portugal - May
- California Dreamin’- June
- Coastal Maine - August
- Red Rocks to Rockies – September
(free airfare if booked by end Sept 2024)
- Iceland Explorer - October

Check out our travel details throughout the catalog.



University of Tampa Lecture Series

FREE LECTURES by top-notch communications faculty at the University of Tampa.

Can We Make it Stop? Celebrity Culture Overload in Our Everyday Life with Amanda Firestone & Alisha Menzies

New celebrity, business enterprises are popping up daily, and the public can't seem to get away from it all.

Wed 1:00 PM - 2:00 PM • 9/18 • 1 mtg • FREE • Ferman Center, UT

“Bad Teacher!”: Relational Teaching Strategies to Combat Instructor Misbehaviors with Stephen Kromka

Examine positive strategies to combat instructor misbehaviors and create a positive classroom environment.

Wed 1:00 PM - 2:00 PM • 10/16 • 1 mtg • FREE • Ferman Center, UT

The Internet of Things with Amanda Firestone & Alisha Menzies

UT Communication professors will discuss connectivity's implications and theorize its continued evolution.

Wed 1:00 PM - 2:00 PM • 11/20 • 1 mtg • FREE

OLLI FALL OPEN HOUSE FREE EVENT

FEATURING

John Licato, PhD

AI Promises and Pitfalls: An Honest Look

It can be difficult to see clearly through all of the hype and noise surrounding AI. How close to human-level AI are we actually? What does human-level AI mean for creativity, law, education, and other values we hold dear? AI expert Dr. John Licato provides an accessible overview of the current answers to these questions.

John Licato, PhD, is an associate professor of Computer Science and Engineering at USF, and an expert in AI. He is the founder and director of the Advancing Machine and Human Reasoning (AMHR) Lab, and the owner / founder of Actualization.AI, a new technology startup company.



**Thursday, September 12
10:00 a.m.**

TPepin’s Hospitality Centre
4121 N 50th St., Tampa 33610

RSVP by Sept. 9

*For information and to register, visit
USFseniors.org or call 813-974-5848*

OLLI-USF Annual Fund <https://giving.usf.edu/online/gift/f/640004/>

We are eternally grateful to our donors for supporting OLLI-USF. Join the people and organizations who are helping keep home grown, community-based lifelong learning available AND affordable. Give in honor of your favorite OLLI person or in memory of your favorite lifelong learner, and help this program thrive!

President's Council (\$1,000+)

Lewis & Phyllis Alpert
Jean Amuso
Anonymous
Anonymous
Jane Applegate
Kevin Chittim *In honor of the Generosity and Service of our Benefactors Staff and Volunteers*
Dedicated Senior Medical Center
Faydon Inc.
Doug Gatchell
Bruce Gobioff
John Grant
John Hassell *In memory of Florence Hassell*
Peter Neame *In memory of Dr. Nancy T (Terry) Rodgers-Neame*
Susan Northcutt
Bharat Pathakjee
Earl Richardson
Linda Rounsaville
Anne Strozier and Mike Viren
Pam Tyler
USF Federal Credit Union
Edward and Joan Weaving
WellCare
WellCare Health Plans

Director's Council (\$250-\$999)

John and Florence Antoine
Stanley Ashe *In honor of Kevin Chittim for his Devotion to the OLLI Program*
Nancy Baily-Williamson *In support of Osher Lifelong Learning*
Lewis and Carol Barker
Barbara Bolt
David Cardina

Liesse Chable
Kevin Chittim *In honor of Jean Amuso, Jane Applegate and John Hassell*
Sara Cohen
Garnet Cope
Jarey Cortright
Linda Feeney
Teresia Gibson Rice
Judith Huge *To support the OLLI Program*
Joseph McAuliffe *In honor of Peter Arizu*
Paul McMahan
Sally Ordway
Bharat Pathakjee & Susan Waraczynski
Linda Schatz *In honor of Linda Feeney*
Silver Sneakers
Pushpa Sreepally *To support senior education*
Rhoda Stein
Nancy Stuart
John Thompson
Melvyn and Beth Tockman *In honor of Great Books*
Walmart Health
Walmart Health Store #3418
WellCare Health Plans, Inc
Marion Yongue
Arlene Zimney, *OLLI is the best organization for people in retirement.*

Leader's Council (up to \$249)

Ruth Adrian
Nameida Allen
Stanley Ashe *In honor of Alex Lerner*
William Baur III
Satonya Brascom
Geraldine Breen

Charlotte Ann Brown
Sandra & Robert Buckley
Don Clark
Andrea Crossley *I appreciate the opportunities OLLI offers to Seniors like me*
Clifton Dilworth
Athanasia-Anastasia Dimis
Charise Dixie *In honor of Veronica Maxwell & Ara Rogers*
Peggy Durham *In honor of Jeannie Dyer & OLLI Technology*
Constance Farnsworth
Sharon Feldman
Sharon & Richard Feldman *In honor of Rich Kennedy Saturday Social, and all the Participants*
John Nicholas & Jacqueline *In honor of Sarah Viren*
Mary & Charles Hall
Dr. Eva & Jack Hanna
Jack Herman *OLLI has been a very important part of my life since I retired.*
Sherley Herring *In honor of Kevin Chittim*
Rabbi Garson Herzfeld
Gene Hills
Diane Hodson *In honor of OLLI-USF Program*
Glenn Hooper
George Hyde
Vanessa Jones
Edward Jones
Ann and John Kelly
Mary Landsberger *To support OLLI*
Loretta Libhart *In honor of Jeannie Dyer & OLLI Technology*
Gale Lutes *In memory of Phillip Lutes for OLLI Technology Updates*
Cath Mason *In honor of my OLLI friends*

Veronica Maxwell *In honor of Lifelong Learning*
Donna McGrew
Don McNair
Cynthia Mikos
Peter Neame *In memory of Dr Nancy T (Terry) Rodgers-Neame*
Newcomers of Northwest Hillsborough
Kathy Palmer *In honor of Veronica Maxwell*
Judith Patterson
Linda Philipps
Julia Porto
Patrick & Jeanette
Teresia Rice
Ara Rogers
Evelyn Romano *In appreciation of the wonderful courses and instructors at OLLI*
Mary Lou Ruderman *In honor of Rock D. Bull*
Diane & Thomas Russell
Kun Shi *In honor of the Volunteers*
Bridget Shoulders
Leslie Stein
George Stewart
Elizabeth Sumlin *In honor of Donna Sumlin*
Temple Taudte
Linda Tournade
Billie & Michael Trocke
Pam Tyler *In honor of Joan Weaving*
Raymond Van Loon
Cynthia Ward
Joan Watkins *In honor of Rich Kennedy Saturday Social*
Shirley Ann White *In honor of Jeannie Dyer & OLLI Technology*

OLLI-USF PARTNERS

We are grateful to our retirement community partners for recognizing OLLI-USF's value and for their financial support



ARBOR TERRACE
citrus park



collette

Discover California Dreamin': Monterey, Yosemite & Napa

June 16-23, 2025 • 8 Days • 12 Meals
\$3,999*

Monterey, Scenic 17-Mile Drive, San Francisco, Yosemite National Park, Lake Tahoe Scenic Cruise, Napa Valley Vineyard Tour and Wine Tasting, Sacramento

*Save \$50 per person. For bookings made after 12/16/24 call for rates. All rates are per person and are subject to change based on air inclusive package from Tampa Intl. Airport.



For more info or to book, call Collette at 1-800-581-8942 and refer to booking #1256828

collette

Sunny Portugal

Lisbon, Alentejo, Algarve & Portuguese Riviera

May 8-17, 2025 • 10 Days • 14 Meals
\$3,999*

Lisbon, Belem, Evora, Winery Visit, Alentejo, Lagos, Algarve, Setúbal, Portuguese Riviera, Obidos, Sintra, UNESCO World Heritage Sites

*Save \$400 per person. For bookings made after 11/9/24 call for rates. All rates are per person and are subject to change based on air inclusive package from Tampa Intl. Airport.



For more info or to book, call Collette at 1-800-581-8942 and refer to booking #1256894



Your Generosity Matters!

Support Lifelong Learning Donate to OLLI-USF Today!

Olli is dedicated to providing enriching educational and social experiences for its members. While membership fees and endowment interest help fund operations, they don't cover all costs. That's why the program needs your help.

SHOW YOUR APPRECIATION

for and recognize the impact OLLI has had on your life.

SUSTAIN OUR PROGRAMS

to continue offering high-quality courses and events.

SUPPORT OUR COMMUNITY

by ensuring programs remain affordable and accessible.

Thank you for your generosity and commitment to lifelong learning



Fall Technology Courses

Outdoor Adventures Spree

Let's have some adventures from the list of hikes from Hillsborough County's Hiking Spree. Learn about apps you can load on your smartphone that help identify birds, plants and animals along the way. Plus we'll use a map app to help you (nearly) never get lost in the woods. Refresh your skills or learn new ones, or just enjoy companionship on the trail with your fellow OLLI members. Locations will be emailed before the class. **ALL SKILL LEVELS**

Diane White

Mon 9:30 AM - 12:00 PM • 11/11/2024-11/18/2024 • 2 mtg(s) • \$25
• Outdoors

iPhone Shorts: All The Basics

If you've had your iPhone for a while, you may not know how awesome it really is! Learn how to set up and use features such as widgets and the App Library. We'll explore typing methods, the new enhanced dictation, the App Switcher, Control Center, Notifications and Focus. Learn to use the Settings app which is central to everything you do on your iPhone. Bring your fully-charged and updated iPhone to class. This class is a prerequisite to the iPhone Shorts classes listed. **ALL SKILL LEVELS**

Jeanne Dyer, Kitty Sullivan

Tue 9:30 AM - 12:30 PM • 9/17/2024-9/24/2024 • 2 mtg(s) • \$45 •
USF NEC 133

Defense Against Dark AI: What You Should Know

AI promises to benefit humanity greatly, but what about the dangers it brings? Misinformation, bots pretending to be our loved ones, deep-faked videos of you committing a crime, etc. What should you know, and how can you prepare? In this overview, learn how you can be better aware of what is possible, and how to defend against the dark side of AI. **ALL SKILL LEVELS**

John Licato

Tue 10:00 AM - 11:30 AM • 10/22/2024 • 1 mtg • \$20 • USF NEC 107



Better Composition for Outdoor Photography

Smartphone or camera, you can improve your outdoor photos with great composition. The first class will be online to explore composition tips. The second class will put them into practice with a visit to a park. Share unique perspectives with your classmates in a small group setting. Prerequisite: You must already know how to use the camera settings on your smartphone or camera. **SKILL LEVEL B**

Donna McGrew

Tue 10:00 AM - 12:00 PM • 10/22/2024-10/29/2024 • 2 mtg(s) • \$30
• Online & Outdoors

iPhone Shorts: Journal App

Did you know that journaling has been shown to improve wellbeing, help you process emotions and practice gratitude? Record your thoughts, ideas and feelings in just minutes per day using Apple's new Journal app. We will go through the process of journaling from simple text entry to videos and audio recordings. We will also learn how to easily browse past entries. Bring your fully charged Apple iPhone or iPad with OS 17.2 or later and the Journal app installed. Prerequisite: iPhone Shorts: All the Basics or equivalent knowledge. **SKILL LEVEL B**

Brian Noriega

Tue 10:00 AM - 12:00 PM • 10/22/2024 • 1 mtg • \$20 • USF NEC 133

Yes, PCs and iPhones/iPads Can Work Together!

Do you wish your PC and iPhone/iPad would work and play nicely together? Share data, transfer files, that sort of thing? They can, and it is easier than you might think. Here we will show you some ways to move data between a PC and an Apple mobile device(s); we'll also identify some of the factors that limit further cooperation and sharing. Bring your fully-charged laptop, iPhone and/or iPad to class. **SKILL LEVEL B**

SKILL LEVEL B

Brian Noriega

Tue 10:00 AM - 12:00 PM • 10/29/2024 • 1 mtg • \$20 • USF NEC 133

Understanding AI Today: Language Models and Robotics

Join us for an overview of current developments in AI, focusing on the transformative impacts of large language models like ChatGPT as well as advancements in robotics. We'll explore how these technologies are being used in everyday life, their potential benefits and challenges, and the ethical considerations they raise. **ALL SKILL LEVELS**

Bruce Gobioff

Tue 10:00 AM - 12:00 PM • 11/12/2024-11/19/2024 • 2 mtg(s) • \$30
• Online

Easy AI: Using ChatGPT for Everyday Tasks

Join us for a friendly introduction to using AI in your daily life, especially for the non-technical person. We'll explore how to analyze

images, create beautiful artwork, develop unique personas, and edit content easily using ChatGPT. No prior experience is needed! Step by step, we'll ensure you gain the skills and confidence to make the most of this amazing tool, turning apprehension into ability. **ALL SKILL LEVELS**

LEVELS

John Beaumont

Tue 11:00 AM - 12:00 PM • 10/8/2024-10/15/2024 • 2 mtg(s) • \$20 • USF NEC 133

Digitizing Your Photos with Photomyne

Ready to digitize your old photos? We will consider the options available to us, but we will primarily explore Photomyne, an app that can help us with this task. Photomyne can scan, crop, enhance, and colorize photos. Save photos individually or create a digital album. Add names, dates, locations, and descriptions to photos and albums. Download the app to your smartphone a day before class so you can use the free-trial period to try it out in class. After class, you can decide whether Photomyne is right for you. Bring your paper photographs and your fully-charged and updated iPhone to class. **SKILL LEVEL B**

Penny Noriega

Tue 1:00 PM - 3:30 PM • 10/29/2024 • 1 mtg • \$25 • USF NEC 133

iMovie Magic for iPhone/iPad: Create and Edit

Turn your videos from iPhone or iPad into movie magic! Learn to import video clips and photos, add audio and music, then apply transitions and effects! You'll be amazed at what you can do right on your device. Save and share your movies with family and friends or post them online. You will need an iPhone or iPad with the iMovie app (free from App Store) installed on your updated device. **SKILL LEVEL B**

Peter Terzian

Wed 10:00 AM - 11:00 AM • 10/2/2024-10/23/2024 • 4 mtg(s) • \$30 • Online

Lifting the Curtain on Theater Tech

Get an inside, behind the scenes tour of the technology and techniques used in community theater, specifically, the playhouse productions at the Valrico Village Playhouse. See how lighting, sound, and special effects are all controlled with laptops and iPads over a local network! Learn how theaters make the magic happen! **ALL SKILL LEVELS**

Peter Terzian

Wed 10:00 AM - 11:00 AM • 10/30/2024 • 1 mtg • \$15 • Valrico Community Theatre

iPhone Shorts: Health App

The Health app gathers health data from your phone and apps to help you keep track of health and fitness data. Health automatically counts your steps and lets you enter information from compatible sources and devices. Explore the health checklist and create your emergency medical ID. Explore the new features of walking steadiness and managing your medications and easily access educational content about your medications and conditions. Prerequisite: iPhone Shorts: All the Basics. **SKILL LEVEL B**

Kitty Sullivan

Thu 9:30 AM - 11:30 AM • 11/7/2024 • 1 mtg • \$20 • USF NEC 13

iPhone Shorts: Contacts, Calendars and Reminders

The Contacts App is integral to many other popular apps such as Siri, Mail, Messages, Safari, Maps and Calendar. Learn the new features of Contacts and how other apps depend on it. Throw away that paper calendar and learn to depend on your digital calendar. Explore how to manage all your to-do lists in one place with the Reminders app including the new integration between the Calendar and Reminders Apps. Prerequisite: *iPhone Shorts: All the Basics*. **SKILL LEVEL B**

Kitty Sullivan

Thu 9:30 AM - 12:30 PM • 10/10/2024 • 1 mtg • \$25 • USF NEC 133

iPhone Shorts: Messages App

Discover the full potential of the iPhone Messages app with iOS 18 in this comprehensive course. Learn to navigate and utilize advanced features: schedule messages for a later date and time, make Tapback changes and even format text and effects, send and receive messages via Satellite – no Wifi needed! And don't forget Genmoji - or AI generated emoji and eventually, the ability to share these special features with Android phones. Prerequisite: iPhone Shorts: All the Basics or equivalent knowledge. **SKILL LEVEL B**

Jeanne Dyer

Technology Training

Which technology course is right for me?


OLLI-USF offers hands-on technology training based on our members' skill levels.


- Windows and Apple computers
- iPhones, iPads and Android Phones and their apps
- Cameras, Photos and Photo Editing
- Privacy, Security and Cloud Storage
- Popular software and apps for computers and mobile devices
- Topics in Technology


Please read each of the course descriptions carefully since they are written to provide guidance in course selections.

Take note of the skill level assigned to each tech course! They are intended to help find the right course for you. Skill levels assume a level of prior knowledge.

Skills-Based Prerequisites for OLLI Technology courses:

 **Skill Level A** – You've little to no experience with the course topic OR you want to make sure you understand the fundamentals. Courses assume no prior knowledge and start at the very beginning.

 **Skill Level B** – You have some experience with the course topic. You know how to use your computer, smartphone or tablet and want to expand basic knowledge or fill in some gaps. Courses assume basic topic knowledge and experience.

 **Skill Level C** – You are familiar with and comfortable navigating this course topic. You have mastered the basics: now you want to go further. Not for beginners! Classes assume a solid background and prior experience with the topic.

iPhone Shorts: Maps App

In the Maps app, you can find your location on a map and zoom in to see the details. Learn what the icons mean, and find nearby places, attractions, restaurants and services. Navigate around an airport or shopping mall and get information about a specific place. Maps not only helps you navigate while driving, but also allows you to share your ETA, get traffic conditions and even find your car in a busy parking lot. An added bonus is learning about CarPlay. Prerequisite: iPhone Shorts: All the Basics or equivalent knowledge. **SKILL LEVEL B**

Kitty Sullivan

Thu 9:30 AM - 12:30 PM • 10/24/2024 • 1 mtg • \$25 • USF NEC 133

iPhone Shorts: Utilities

Join us to learn more about some of the utility apps that come with your iPhone. We'll look at Weather, Clock, Compass, Calculator and Measure apps. Have you had trouble reading the ingredients on a shampoo bottle? We'll explore another utility app, the Magnifier app, to zoom in when you need help. You can also use your iPhone to detect people, objects, and scenes around you with Detection Mode and Image Descriptions. Prerequisite: iPhone Shorts: All the Basics or equivalent knowledge.

SKILL LEVEL B

Jeanne Dyer

Thu 9:30 AM - 12:30 PM • 10/31/2024 • 1 mtg • \$25 • USF NEC 133

What's New in iOS & iPadOS 18?

Stay ahead in the ever-evolving Apple device landscape as we discover the most useful features and enhancements of OS 18 for iPhones and iPads. Check out ways to revamp your Home screen, schedule messages with animated text effects, send and receive texts even when there's no cellular or Wi-Fi connection. Be overjoyed with the new Passwords app and amazed at the updated Safari app with the new Highlights feature and quick summaries. Redesigned Calendar, Mail and Photos apps make iOS 18 a powerful update. Apple Intelligence for iPhones 15-16 Pros will also be introduced. Bring your fully charged and updated to iOS 18 iPhone and/or iPad to class. **SKILL LEVELS B & C**

Jeanne Dyer

Thu 9:30 AM - 12:30 PM • 11/14/2024 • 1 mtg • \$25 • USF NEC 133

Get More from Your Apple Watch

You have a new Apple Watch! Now see how useful it can be as we explore the capabilities of this incredible device. Learn about Watch Faces, Siri, Apps, Health, Fitness, Communication (mail, phone, messages), Weather and Time. Sign in online with a computer or iPad and have your Apple Watch and iPhone handy. Your devices should be fully charged and updated to the most recent versions of iOS and WatchOS. **SKILL LEVEL B**

Kitty Sullivan

Thu 9:30 AM - 12:30 PM • 11/21/2024 • 1 mtg • \$30 • USF NEC 133

Photos to Videos on iPhones & iPads

Try out a great way to share your photos—make a fun video to show and share! Learn various ways to easily select photos, then create a video with them. Then we'll go further and add titles, audio, music, and more. Bring your fully charged and updated (to OS 18) iPhone and/or iPad to class preloaded with your photos in the Photos App. **SKILL LEVEL B**

Jeanne Dyer

Thu 9:30 AM - 12:30 PM • 12/5/2024 • 1 mtg • \$25 • USF NEC 133

Using Generative AI Tools: ChatGPT & Leonardo

Experience the potential of two artificial intelligence (AI) tools and see how they can generate or improve content or help you jumpstart your creativity. ChatGPT uses simple conversational writing prompts to ward off writer's block; while Leonardo AI can help you create visually appealing images instantly as well as for design logos, flyers, infographics and so much more! Create your free accounts before coming to class. Bring your updated and fully charged laptop to class.

SKILL LEVEL B

Marilyn Carrasquillo

Sat 10:00 AM - 12:00 PM • 10/5/2024-10/19/2024 • 3 mtg(s) • \$40 • USF NEC 133

Navigating Your Android Phone

Unlock the secrets of your Android phone! This course will explore the home screen, common applications pre installed on your phone, and gesture navigation to peacefully interact with your phone. We'll also discuss how to protect your phone from mobile security threats. **SKILL LEVELS A & B**

SKILL LEVELS A & B

Marilyn Carrasquillo

Sat 10:00 AM - 12:00 PM • 11/2/2024-11/9/2024 • 2 mtg(s) • \$30 • USF NEC 133



The iPhone "Shorts" Collection

Did you know there are about 40 built-in or native apps that come with your iPhone?

This Fall, we are offering six individual classes on specific topics and features. Pick and choose from one or more of the one-session classes on the topic you need to get updated on. Bring your updated (iOS 17 or later) and fully charged iPhone to class.

Prerequisite: iPhone Shorts: All the Basics. All classes are face-to-face and held at USF NEC 133.

OLLI-USF Day Trips

OLLI Day Trips are open to OLLI members and their guests. Pre-registration is required: register for day trips via our website or call our registrar at 813-974-5848. You'll receive an email confirmation and a reminder that the trip is coming up, along with day-of-trip arrangements and contact info.

Watch for upcoming details on the [Trips and Travel](#) page of our website



Volunteering with OLLI lets you follow your passion!

Ask Us Anything about volunteering with OLLI!

Did you know that OLLI runs on volunteer power? Attend a free, no obligation volunteer information and orientation session to learn more about how your knowledge, skill or experience can help OLLI!

9/27/2024 • 10/25/2024 • 11/15/2024 • at 1:00 pm.

Ask Us Anything about volunteering with OLLI by emailing the Ask Team at OLLIder962@gmail.com



OLLI-USF Circles

Build Community, Share Resources, Have Fun!

An OLLI circle is a group of local OLLI members who share a common zip code, local library and/or favorite breakfast spot. We have 16 circles scattered around Hillsborough, Pinellas and Pasco counties. OLLI's membership committee needs your help:

- Come to a ground-floor breakfast or lunch meeting in your circle area.
- Volunteer to make telephone calls to welcome OLLI newcomers who live in your circle.
- Serve as a circle point person for feedback to and from the staff and the OLLI Board of Advisors.
- Staff OLLI tables at events happening in your zip code.
- Join your Circle table at the OLLI Holiday Party and Annual Picnic

Check out OLLI Life, OLLI's monthly newsletter, for information and for upcoming gatherings. If you have any questions, email Pam Tyler, chair of OLLI's membership committee: pamelahtyler@gmail.com



RETIREMENT PLANNING TODAY

Watch for upcoming details on the [Retirement Planning](#) page of our website



OLLI-USF's Shared Interest Groups (SIGs)

OLLI SIGs offer opportunity and informal learning around a shared interest. They are free and open to OLLI-USF members.

China SIG

The China SIG fosters an appreciation for and understanding of the Chinese people and their cultures. Our group meets at least quarterly, either virtually or in person. We celebrate Chinese traditional holidays and enjoy presentations and videos by a variety of speakers and musicians. For more information, contact Kun Shi (kunshi57@gmail.com) or Nancy Stuart (nlsflorida@hotmail.com)

Community of Readers and Writers

We meet via Zoom for discussion and special events and share reading of current novels, nonfiction, short stories, memoirs, and essays. We encourage feedback partners through group conversation and one-on-one with experienced readers. Our private Facebook site is a resource of ideas for developing your storytelling and literary skills. Contact readersandwriters.too@gmail.com.

Florida Gardening SIG **NEW**

Gardeners, unite. The Florida Gardening SIG has members of all levels of experience to learn and share more about gardening in Florida. We discuss house plants, balcony/patio gardening, food and butterfly gardening as well as specialized gardening such as orchids, roses or native plants, pesticide and fertilizer use. We have guest speakers, tour public and private gardens, and more. Seasonal weather will impact how and where meetings are conducted (on-line, in-person, etc.). Contact us at olliusfgardens@gmail.com for more information and to be placed on the mailing list.

Food! Glorious Food!

Are you interested in exploring Tampa's food world and all that it represents? Come with us on a journey to investigate the world of food - how it grows, where to buy it and where to eat it as we learn through speakers, field trips and other presentations that are available on the Zoom online platform. For information contact Sandy Buckley, buckley_sandra@hotmail.com.

German Conversation SIG

Sprechen Sie Deutsch? Practice German conversation in a friendly and casual setting. We meet the 2nd and 4th Tuesday of the month, from 1:00 to 2:30 p.m., on Zoom. Various topics will be covered; some knowledge of fundamentals will be helpful. For more information, please contact Christine Basch, cbasch65@gmail.com.

Hablemos! Spanish Conversation SIG

Is your español rusty from lack of use? Do you want to improve your Spanish language skills? Join our friendly conversation group via Zoom on the 1st and 3rd Tuesdays from 3:00 until 4:30 p.m. You can talk or listen - all levels of Spanish speakers are welcome. Prior to the meetings, we send out the topic/conversation starters. From time



to time, we meet in-person for lunch at different local restaurants specializing in Hispanic cuisine. Contact Ethel Donaghy or Debbie Gitomer at olli.hablemos@gmail.com for more information.

Ici on parle français!

This conversation group provides a place for Francophones and Francophiles to meet and discuss topics of interest in French. Zoom sessions are held on the first and third Mondays of each month. A minimum of fluency – but far from perfection – is necessary to enjoy the exchanges. Members can take advantage of the many tools available on the internet (sub-titles, pronunciation modeling, translation etc.) to prepare and participate. In a friendly setting, enjoy the opportunity to communicate in a new and challenging way. To join in, please contact Lise Bébrubé at lisemberube@gmail.com.

Local Culture SIG

Do you enjoy attending plays and concerts, historical tours, art museums and the like? Do this and more with fellow OLLI members while you discover what our local culture has to offer. Let's have more fun together! For more information, contact Greg Pennington, greg.pennington@gmail.com.

OLLI Outdoors

The OLLI Outdoors SIG holds recreational and virtual events throughout the month. Get outdoors with others to experience our activities which include hiking, walking, canoe/kayaking and biking. Learn about the histories, flora & fauna, geologic features, and the challenges facing our outdoor spaces. This SIG is a collaborative effort with members taking turns leading, organizing and administering hikes, outdoor events and related programs. Join us to stay curious and adventurous. For more information, email the SIG leaders: ollioutdoors@gmail.com.

OLLI Shutterbugs

Do you like to take photos of people, places, and things? Join the OLLI Shutterbugs on photo outings to places like farmers' markets, craft fairs, and many other venues in and around Tampa Bay. We have an outing about once a month from Sept./Oct. through June. We also meet every other month for a presentation to help you improve your photos! For information email Rich Edwards at riche61844@gmail.com or Jean Nixon at giginixon@gmail.com.

Games SIG - Two ways to enjoy your Games SIG:

Board Games

The group meets the third Thursday of each month from 11 a.m. to 12:30 p.m. at various locations in the Tampa area. Bring your favorite board game, or just bring yourself, and join in the fun! Contact Robyn Cheung, rbc_312@yahoo.com for more information.

Online Games

The Online Games SIG meets the second Thursday of each month from 3:30 - 5:00 p.m. on Zoom. Are you interested in trying online games? Join this group of Scattergories enthusiasts for a fun afternoon. Laughs guaranteed. Contact Kathy Palmer, kpalmer22@tampabay.rr.com for more information.

Operatunity

Whether you are new to opera or an aficionado, join OLLI's opera SIG as we all explore ways to expand our knowledge and appreciation of opera. We meet monthly to enjoy lively discussion about opera that focuses on the Met in HD broadcasts. Contact Kathryn Alyson, k.t.alyson@gmail.com for more information about our "Operatunity Family."

P-SIG: Politics Shared Interest Group

The Politics Shared Interest Group provides a forum for discussion and informal debate on topics related to U.S. domestic and foreign policy. The P-SIG complements and promotes OLLI-USF classes on Political Science and History and is an adjunct to our weekly Saturday Social which covers current events of political interest. P-SIG meetings will be held periodically on Wednesdays from 1:00-3:00 at Compton Park in Tampa Palms in a hybrid setting (in person and via Zoom). Meeting dates will be announced well in advance and are open to OLLI-USF members and their sponsored guests. For more information and to be included on our mailing list, please contact Rich Kennedy – rkennedy@kgsi.com.

Self-Hypnotherapy Support Group SIG

Explore and share many approaches that can be utilized and practiced to deal with stress, unwanted emotions and feelings, and the many challenges that everyday life presents. Prerequisite: Self Hypnotherapy If interested, please email Anne Haywood, librarianne4@gmail.com.

Talking Movies

Love Movies? HATE the fact that many never make it to local screens? Join us; we'll be selecting movies to view on our own, then gathering to talk about them. We meet via Zoom on the third Friday each month from 1:30 -3:00 p.m. Contact Richard Rogers for more information: richardcrogers@gmail.com.

Write Time for Poets

Welcome to your online poetry-writing community. Once a month, join us in our Zoom room -- your creative space. Work on your poems-in-progress and/or practice timed writing in response to prompts. We meet for 90 minutes on the 2nd Thursday each month from 2:00 p.m. - 3:30 p.m. Contact Cath Mason, cmason6@usf.edu for more information.

UNIVERSITY OF SOUTH FLORIDA
Osher Lifelong Learning Institute

From the Red Rocks to the Rockies



Tour Departure	Per Person Twin	Single Room add
September 15, 2025	\$4,399	\$1,499

Tour includes Local Pick up transfers to Tampa International Airport, all Land/Train components and FREE Round Trip Air from Tampa to Las Vegas when booked by September 30, 2024.

Room for the nights before and after the tour are available. Cost for 4 nights in Las Vegas is \$279, and in Denver is \$459, tax and breakfast included.

Travelers Protection Plan (TPP) – \$499 per person
 This non-refundable fee covers all cancellation fees when we are needed. If cancellation one day before the tour departs, if you must leave the tour early due to personal illness, the or death of a member of your immediate family, TPP guarantees full refund for any unused services after the departure of the tour. Other benefits include medical expenses for illness and injury, emergency transportation, 24-hour lost, lost, and theft or stolen baggage assistance. Reimbursement of transportation or included OMI. If your air tickets were provided by Mayflower Cruises & Tours, if you purchase the optional Travelers Protection Plan (TPP), you will be activated all payments, including deposit amount, less the TPP premium amount.

Cancellation Charges (which Traveler's Protection Plan (TPP))
 • 131 days or more: Deposit Amount
 • 120 days until day of departure: 100% of the cost
 • No refund on unused portion of the tour.

Exclusions: Mayflower Cruises & Tours reserves the right to alter its refund and cancellation policy when a substantial amount of cancellations or postponement of travel attributable to conditions resulting from an act of God, natural or man-made disaster, fire, government action, and/or other cause, requires the suspension, or unavailability of transportation through no fault of Mayflower Cruises & Tours.

FOR RESERVATIONS OR INFORMATION CONTACT:
Mayflower Cruises and Tours
800-728-0724

Nancy Baily Williamson is OLLI's SIG Liaison. Nancy supports and promotes SIGS. Contact Nancy (nwilliamson100@yahoo.com) if you are interested in forming a SIG or have questions about any of our SIGs.



FALL BY VENUE

Location	Instructor	Day/Time	Dates	# meetings	Fee
Allegro at Hyde Park					
Evolutionary Biology: How Did Humans Become so Different?	Steven Specter	Wed 10:00 AM - 12:00 PM	9/18-9/25	2 mtgs	\$25
Communicating Through Art: Murals of Tampa	Bruce Johnson	Fri 10:00 AM - 12:00 PM	9/20-9/20	1 mtg	\$15
Leadership-Life Lessons	Pete Mulry	Fri 12:15 PM - 1:15 PM	9/27-9/27	1 mtg	FREE
Acrylic Painting with Judy	Judy Heady	Thu 12:30 PM - 3:00 PM	10/3-10/10	2 mtgs	\$25
Emotion AI and Healthcare	Michael Bice	Wed 10:30 AM - 12:00 PM	10/9-10/9	1 mtg	\$15
Ambient Intelligence and Healthcare	Michael Bice	Wed 10:30 AM - 12:00 PM	10/16-10/16	1 mtg	\$15
Conversational AI and Healthcare	Michael Bice	Wed 10:30 AM - 12:00 PM	10/23-10/23	1 mtg	\$15
Islam...No God But God	Jack Herman	Mon 10:00 AM - 12:00 PM	10/28-11/18	4 mtgs	\$50
Facial Recognition AI and Healthcare	Michael Bice	Wed 10:30 AM - 12:00 PM	10/30-10/30	1 mtg	\$15
Baseball in the 1920s: A Whole New Game	Michael Martin	Thu 1:00 PM - 3:00 PM	10/31-11/21	4 mtgs	\$50
Samuel Adams: American Revolutionary	Ron Weaver	Mon 1:00 PM - 2:30 PM	12/2-12/2	1 mtg	\$15
Travels to Europe and Asia	Waynette Brown, Mark Brown	Thu 10:00 AM - 12:00 PM	12/5-12/12	2 mtgs	\$25
Arbor Terrace at Citrus Park					
Explore Practical Artificial Intelligence	John Beaumont	Fri 12:15 PM - 1:15 PM	9/6-9/6	1 mtg	FREE
Acrylic Painting with Judy	Judy Heady	Thu 12:30 PM - 3:00 PM	9/12-9/19	2 mtgs	\$25
Philadelphia's Iconic Museums: A Virtual Stroll	Beth Davey	Mon 1:00 PM - 2:30 PM	9/16-10/7	4 mtgs	\$40
Racial History of Florida	Ronald Weaver	Mon 1:00 PM - 2:30 PM	9/16-10/7	4 mtgs	\$40
Current Wars of the USA	Garry Tenney	Mon 10:00 AM - 12:00 PM	9/16-10/14	5 mtgs	\$65
Introduction to the Holocaust	Mark Brown	Tue 10:00 AM - 12:00 PM	9/24-10/8	3 mtgs	\$40
Peru - Much More Than Just Machu Picchu	Michael Hayes	Thu 1:00 PM - 3:00 PM	9/26-10/17	4 mtgs	\$50
What if Wonder Woman was 66?	Susan Guidi	Tue 10:30 AM - 12:00 PM	10/15-10/15	1 mtg	\$15
Creative Fiction: You Have a Book in You	Rod Martinez	Wed 10:00 AM - 12:00 PM	10/23-11/20	5 mtgs	\$50
A Taste of Mindfulness	Rosy Sedhain	Thu 10:00 AM - 11:30 AM	10/24-11/7	3 mtgs	\$40
Spiritual Questions in a Secular World: Great Short Stories	Pamela Tyler	Mon 1:00 PM - 3:00 PM	10/28-11/18	4 mtgs	\$50
Games of Chance: Are You All In?	Terry Sincich	Thu 10:00 AM - 12:00 PM	11/14-11/21	2 mtgs	\$25
Aston Gardens at Tampa Bay					
Aging, Cognition, Memory, Dementia, & the Challenges of Growing Older	Charlie Morris	Mon 10:00 AM - 12:00 PM	9/16-9/30	3 mtgs	\$40
Politics of the 2024 Election and the State of the Presidency	Rich Kennedy	Thu 1:00 PM - 3:00 PM	9/19-10/10	4 mtgs	\$50
Intelligence in World War II	Michael Pheneger	Tue 1:00 PM - 3:00 PM	10/8-11/19 (Skips 11/5)	6 mtgs	\$75
Ballroom Dancing Made Easy	Susan O'Brien Mark O'Brien	Fri 11:00 AM - 12:00 PM	10/25-11/22	5 mtgs	\$50
Women Rowing North: Navigating Life and Finding Joy	Kay McAuliffe	Mon 10:00 AM - 11:30 AM	11/4-11/25	4 mtgs	\$40
Brookdale Bayshore					
Beginning Mahjongg I: Learn How to Play	Fran Cooperwasser	Thu 12:30 PM - 2:30 PM	9/12-9/26	3 mtgs	\$40
Close-up and Impromptu Magic with Everyday Items	Charles Garvey	Tue 1:00 PM - 3:00 PM	10/29-11/19	4 mtgs	\$50
Cuba: An Island Nation of Contradictions	Rudy Fernandez	Mon 1:30 PM - 3:00 PM	11/4-11/18	3 mtgs	\$20
Mahjongg II: Strategies	Fran Cooperwasser	Thu 12:30 PM - 2:30 PM	11/7-11/21	3 mtgs	\$40
Busch Gardens					
Busch Gardens: Lifelong Care of Great Apes	Jenna Seymour	Wed 9:30 AM - 11:30 AM	12/4-12/4	1 mtg	\$20
Canterbury Tower					
She Went Where? Women Explorers & Adventurers who didn't make the History Books	Sheryl Long	Mon 10:30 AM - 12:30 PM	9/16-9/23	2 mtgs	\$30
Women in Medicine Who Didn't Make the History Books Part 2	Sheryl Long	Mon 10:30 AM - 12:30 PM	9/30-10/7	2 mtgs	\$30
25 Success Paths You Can Take in Tampa Bay	Ronald Weaver	Mon 1:00 PM - 2:30 PM	10/14-10/28	3 mtgs	\$35
Of Shakespeare's Witches and Wives	Karen Roberts	Mon 10:30 AM - 12:00 PM	10/14-11/4	4 mtgs	\$50
Communicating Through Art: Murals of Tampa	Bruce Johnson	Mon 10:00 AM - 11:30 AM	11/18-11/18	1 mtg	\$15
Spiritual Questions in a Secular World, Part III: 19th Century Russian Short Stories	Pamela Tyler	Mon 12:30 PM - 3:00 PM	12/2-12/9	2 mtgs	\$30
Centennial Park					
Ybor City Historic District Walking Tour	Joe Caravella	Wed 10:00 AM - 12:00 PM	12/4-12/4	1 mtg	\$15
Compton Park Meeting Rooms					
Talkin' Politics: A Casual Forum on Current Affairs	Douglas Dallio Douglas Dallio	1:00 PM - 3:00 PM & Tue 1:00 PM - 3:00 PM	9/24, 10/22, 11/19	3 mtgs	\$30
Politics of the 2024 Election—The Final Phase	Rich Kennedy	Wed 1:00 PM - 3:00 PM	10/16-11/13	5 mtgs	\$60
New Yorker Poems: A Feast of Plenty	Bob Strozier, Cath Mason	Thu 10:00 AM - 2:00 PM	10/17-10/17	1 mtg	\$35
Concordia Village of Tampa					
Introduction to Tai Chi	Kim Roberts	Wed 10:00 AM - 11:30 AM	9/11-10/9	5 mtgs	\$40
Ukraine vs. Russia: Deep Historical Roots and the Reality of Today	Sergiy Borysov	Tue 1:00 PM - 2:30 PM	9/17-9/17	1 mtg	\$15
Communicating Through Art: Murals of Tampa	Bruce Johnson	Fri 10:00 AM - 12:00 PM	9/27-9/27	1 mtg	\$15
Western Support of Ukraine vs. the Anti-Western Bloc Backing Russia	Marco Rimanelli	Thu 10:00 AM - 12:00 PM	10/10-10/17	2 mtgs	\$25

Location	Instructor	Day/Time	Dates	# meetings	Fee
Journey to Wellness: Strength and Balance Training	Cathy Hill	Thu 9:30 AM - 10:30 AM	10/10-10/31	4 mtgs	\$40
Sixty Years Ago Today: the Fab Four in 1964	Michael Hayes	Thu 10:00 AM - 12:00 PM	10/31-11/21	4 mtgs	\$50
2024 Election: Analysis	Jeff Swartz	Mon 10:30 AM - 12:00 PM	11/4-11/18	3 mtgs	\$35
Poverty and Destitution in Ancient Rome	Davide Tanasi	Wed 10:00 AM - 12:00 PM	11/6-11/27	4 mtgs	\$50
First Nuclear Weaponry and First Covid Vaccine	Ronald Weaver	Mon 1:00 PM - 2:30 PM	11/11-11/25	3 mtgs	\$35
Discovery Village at Tampa Palms					
She Did What? Women Who Didn't Make the History Books	Sheryl Long	Tue 10:00 AM - 12:00 PM	10/1-10/22	4 mtgs	\$50
The Mystery and Mysteries of Agatha Christie	Diane White	Tue 10:00 AM - 12:00 PM	11/5-11/19	3 mtgs	\$40
Ferman Center for the Arts at UT					
Can We Make it Stop? Celebrity Culture Overload in Our Everyday Life	Amanda Firestone Alisha Menzies	Wed 1:00 PM - 2:00 PM	9/18-9/18	1 mtg	Free
"Bad Teacher!": Relational Teaching Strategies to Combat Instructor Misbehaviors	Stephen Kromka	Wed 1:00 PM - 2:00 PM	10/16-10/16	1 mtg	Free
The Internet of Things	Amanda Firestone Alisha Menzies	Wed 1:00 PM - 2:00 PM	11/20-11/20	1 mtg	Free
First Presbyterian Church of Brandon					
The Covenant of Water	Jerry Noland	Tue 10:00 AM - 12:00 PM	10/1-11/5	6 mtgs	\$50
Operation Downfall: The Largest Invasion in History (that didn't happen)	Earl Richardson	Tue 10:00 AM - 11:30 AM	10/29-11/12	3 mtgs	\$35
Get Inspired with Generative Poetry Writing	Stephen Lindow	Tue 2:00 PM - 3:30 PM	11/19-11/19	1 mtg	\$15
Florida Aquarium					
Florida Aquarium: #trendinganimals	Jenn Wan	Tue 1:00 PM - 3:00 PM	9/10-9/17	2 mtgs	\$30
Florida Aquarium: Drawing Science	Matt Allen	Thu 1:00 PM - 3:00 PM	10/10-10/17	2 mtgs	\$30
Florida Aquarium: Plankton Lab	Kaitlyn Gengler	Thu 1:00 PM - 2:30 PM	11/7-11/7	1 mtg	\$15
Florida Aquarium: What is an Animal Ambassador?	Shannon Mooney	Thu 1:00 PM - 3:00 PM	11/21-11/21	1 mtg	\$15
HCC at The Regent					
The Covenant of Water	Jerry Noland	Wed 10:00 AM - 12:00 PM	10/2-11/6	6 mtgs	\$50
Cosmology: The Study of the Universe	Fulvia Fiorani	Thu 10:00 AM - 12:00 PM	10/3-11/7	6 mtgs	\$60
From Prejudice, to Hate, to Extermination: Germany and the Jews, 1933-1945	Jim Goeb	Tue 10:00 AM - 12:00 PM	11/5-11/19	3 mtgs	\$30
Jimmie B Keel Library					
The Evolution of Educational Technology	Jeanne Dyer	Fri 12:15 PM - 1:15 PM	10/18-10/18	1 mtg	FREE
Keys to Longevity and Vitality	June Kittay	Fri 11:15 AM - 12:15 PM	11/15-11/15	1 mtg	FREE
Patient Advocacy for Yourself and Others	Dianne Borovics	Fri 12:15 PM - 1:15 PM	12/6-12/6	1 mtg	FREE
Lake Magdalene Church					
Conversational Italian III	Catherine Mitchell	Wed 10:30 AM - 12:00 PM	9/11-10/16	6 mtgs	\$60
Adventures, Challenges and Returns	Beryl Byles	Tue 10:00 AM - 12:00 PM	9/17-9/24	3 mtgs	\$30
Up For Discussion: War and Consequences	Linda Feeney	Tue 1:00 PM - 3:00 PM	10/8-10/29	4 mtgs	\$50
The Vision of A Genius	Mark Tlachac	Thu 10:00 AM - 12:00 PM	10/24-11/14	4 mtgs	\$50
Great Books Fall 2024: Four Shortish Books	Kevin Chittim	Wed 1:00 PM - 3:00 PM	10/30-11/20	4 mtgs	\$50
Great Books Fall 2024: One Great Book	Kevin Chittim	Wed 1:00 PM - 3:00 PM	12/4-12/11	2 mtgs	\$30
Lake Rogers Park					
Guided Forest Bathing	Cate White	Wed 10:00 AM - 12:00 PM	10/30-10/30	1 mtg	\$15
MOSI					
I Need My (Outer) Space	Charles Dittmar	Wed 1:00 PM - 3:00 PM	9/18-10/9	4 mtgs	\$50
New Tampa Regional Library					
Closet-ology: The Search for Self-Esteem through the Psychology of your Closet	Jackie Walker	Wed 1:15 PM - 3:15 PM	10/2-10/9	2 mtgs	\$30
North Tampa Branch Library					
Tuning the Aging Brain	Jennifer Bugos	Fri 12:15 PM - 1:15 PM	10/4-10/4	1 mtg	FREE
The Universe is a Miracle. Engineering is Understanding the Universe	Stephan Athan	Fri 12:15 PM - 1:15 PM	10/11-10/11	1 mtg	FREE
Can Dementia Be Prevented?	Dr. Jennifer Jones Lister	Fri 12:15 PM - 1:15 PM	10/25-10/25	1 mtg	FREE
Pose by Pose Yoga Studio					
Yoga for Healthy Aging	Jennifer Leavy	Tue 11:00 AM - 12:00 PM	9/24-10/15	4 mtgs	\$40
Shanna and Bryan Glazer Family JCC					
Theodore Roosevelt	Barbara Goldstein	Thu 1:00 PM - 3:00 PM	10/31-11/21	4 mtgs	\$50
Tampa Bay History Center					
Holiday Traditions in Florida and Tampa	Nancy Dalence	Wed 10:00 AM - 12:00 PM	10/30-11/6	2 mtgs	\$30
The Village Players Community Theater					
Lifting the Curtain on Theater Tech	Peter Terzian	Wed 10:00 AM - 11:00 AM	10/30-10/30	1 mtg	\$15
USF Botanical Gardens					
Mid-Morning Mondays in the USF Botanical Gardens	Peg Ostrenko	Mon 10:00 AM - 11:30 AM	9/16-10/7	4 mtgs	\$50
Growing Herbs and Vegetables	Craig Huegel	Mon 10:00 AM - 11:30 AM	10/28-11/18	4 mtgs	\$40

FALL BY VENUE

Location	Instructor	Day/Time	Dates	# meetings	Fee
USF Tampa NEC					
Terrorism: History, Theory, and Evidence	Satya Das	Mon 10:00 AM - 12:00 PM	9/16-9/30	3 mtgs	\$40
iPhone Shorts: All The Basics	Jeanne Dyer, Kitty Sullivan	Tue 9:30 AM - 12:30 PM	9/17-9/24	2 mtgs	\$45
Using Generative AI Tools: ChatGPT & Leonardo	Marilyn Carrasquillo	Sat 10:00 AM - 12:00 PM	10/5-10/19	3 mtgs	\$40
Easy AI: Using ChatGPT for Everyday Tasks	John Beaumont	Tue 11:00 AM - 12:00 PM	10/8-10/15	2 mtgs	\$20
iPhone Shorts: Contacts, Calendar and Reminders	Kitty Sullivan	Thu 9:30 AM - 12:30 PM	10/10-10/10	1 mtg	\$25
iPhone Shorts: Messages App	Jeanne Dyer	Thu 9:30 AM - 12:30 PM	10/17-10/17	1 mtg	\$25
Has America Been Compromised By A Distorted Study of History?	Steven Passon	Fri 10:00 AM - 12:00 PM	10/18-11/8	4 mtgs	\$50
Defense Against Dark AI: What You Should Know	John Licato	Tue 10:00 AM - 11:30 AM	10/22-10/22	1 mtg	\$20
iPhone Shorts: Journal App	Brian Noriega	Tue 10:00 AM - 12:00 PM	10/22-10/22	1 mtg	\$20
iPhone Shorts: Maps App	Kitty Sullivan	Thu 9:30 AM - 12:30 PM	10/24-10/24	1 mtg	\$25
Digitizing Your Photos with Photomyne	Penny Noriega	Tue 1:00 PM - 3:30 PM	10/29-10/29	1 mtg	\$25
Yes, PCs and iPhones/iPads Can Work Together!	Brian Noriega	Tue 10:00 AM - 12:00 PM	10/29-10/29	1 mtg	\$20
iPhone Shorts: Utilities Apps	Jeanne Dyer	Thu 9:30 AM - 12:30 PM	10/31-10/31	1 mtg	\$25
Navigating Your Android Phone	Marilyn Carrasquillo	Sat 10:00 AM - 12:00 PM	11/2-11/9	2 mtgs	\$30
iPhone Shorts: Health App	Kitty Sullivan	Thu 9:30 AM - 11:30 AM	11/7-11/7	1 mtg	\$20
What's New in iOS & iPadOS 18?	Jeanne Dyer	Thu 9:30 AM - 12:30 PM	11/14-11/14	1 mtg	\$25
Get More from Your Apple Watch	Kitty Sullivan	Thu 9:30 AM - 12:30 PM	11/21-11/21	1 mtg	\$25
Photos to Videos on iPhones & iPads	Jeanne Dyer	Thu 9:30 AM - 12:30 PM	12/5-12/5	1 mtg	\$25
Online (Zoom)					
Zoom Zentangle®	Maryam Mercier	Thu 1:00 PM - 3:00 PM	9/12-9/26	3 mtgs	\$45
The Endangered Sawfish of Florida: Past, Present, and Future	Ann Paul	Fri 11:00 AM - 12:00 PM	9/13-9/13	1 mtg	\$20
Pundits, Polls & Politics! The 2024 Election	Doug Stowell	Mon 1:00 PM - 3:00 PM	9/16-9/16	1 mtg	\$20
The Dreyfus Affair	Bruce Gbioff	Tue 1:00 PM - 3:00 PM	9/17-9/24	2 mtgs	\$30
Great Books Fall 2024: Different Voices	Kevin Chittim	Wed 1:00 PM - 3:00 PM	9/18-10/2	3 mtgs	\$45
On My Way Back to You	Sarah Cart	Fri 12:15 PM - 1:15 PM	9/20-9/20	1 mtg	FREE
Diabetes, Obesity and Ozempic	Bharat Pathakjee	Fri 1:30 PM - 3:30 PM	9/20-10/11	4 mtgs	\$50
Florida's Butterflies	Ann Paul	Fri 11:00 AM - 12:00 PM	9/20-9/20	1 mtg	\$20
Tampa Navigates Prohibition Laws & Loopholes	Nancy Dalence	Wed 10:00 AM - 12:00 PM	9/25-10/9	3 mtgs	\$40
Self-Hypnosis: Pathway to Peace of Mind	Peter Arizu	Fri 10:00 AM - 12:00 PM	9/27-10/25	5 mtgs	\$60
Great Decisions Fall 2024: Foreign Policy Discussion Group	Susan Northcutt	Mon 1:00 PM - 3:00 PM	9/30-10/21	4 mtgs	\$50
iMovie Magic for iPhone/iPad: Create and Edit	Peter Terzian	Wed 10:00 AM - 11:00 AM	10/2-10/23	4 mtgs	\$30
Introduction to Spanish	Leonor O'Relly	Thu 6:00 PM - 7:30 PM	10/3-10/31	5 mtgs	\$50
Italy: A Culinary Tour of Its Regional Cuisine	Larry Canepa	Wed 1:00 PM - 3:00 PM	10/16-10/16	1 mtg	\$15
The Biology of Aging	Gerald Stulc	Thu 1:30 PM - 3:30 PM	10/17-11/21	6 mtgs	\$60
Sensing the World: Flagella to Fido to You	Bharat Pathakjee	Fri 1:00 PM - 3:00 PM	10/18-11/8	4 mtgs	\$50
Better Composition for Outdoor Photography	Donna McGrew	Tue 10:00 AM - 12:00 PM	10/22-10/29	2 mtgs	\$30
Battleships: From the Merrimack to the Missouri	Buck Beasom	Wed 9:00 AM - 11:00 AM	10/23-11/13	4 mtgs	\$50
Imaginative Writing	Marilyn Myerson	Thu 1:30 PM - 3:30 PM	10/31-11/21	4 mtgs	\$50
Aging Gracefully: Nutritious Foods and a Healthy Lifestyle Lead the Way	Lynne Wadsworth	Fri 10:30 AM - 12:00 PM	11/1-11/22	4 mtgs	\$50
The 1936 Nazi Olympics: Convergence of Athletes and Politics	Howard Kerner	Mon 1:30 PM - 3:30 PM	11/4-11/4	1 mtg	\$15
The Twisted Roles Played by Women in Nazi Germany	Howard Kerner	Mon 1:30 PM - 3:30 PM	11/11-11/11	1 mtg	\$15
Understanding AI Today: Large Language Models and Robotics	Bruce Gbioff	Tue 10:00 AM - 12:00 PM	11/12-11/19	2 mtgs	\$30
Opera Tenors: Kings of the Stage	Barbara Haspel	Wed 1:00 PM - 2:00 PM	11/13-11/13	1 mtg	\$15
A Culinary Tour of India	Larry Canepa	Thu 1:00 PM - 3:00 PM	11/14-11/14	1 mtg	\$15
Artists, Writers & AI: The Robots are Coming	Jodé Millman	Tue 10:00 AM - 12:00 PM	11/19-11/19	1 mtg	\$15
The Politzer Saga	Linda Ambrus Broenniman	Fri 12:15 PM - 1:15 PM	11/22-11/22	1 mtg	FREE
Outdoors					
Outdoor Adventures Spree	Diane White	Mon 9:30 AM - 12:00 PM	11/11-11/18	2 mtgs	\$30

Fall by Topic	Instructor	Day/Time	Date	# Meetings	Fee	Location
Lifestyles & Fitness						
Introduction to Tai Chi	Kim Roberts	Wed 10:00 AM - 11:30 AM	9/11-10/9	5 mtgs	\$40	CVT
Beginning Mahjongg I: Learn How to Play	Fran Cooperwasser	Thu 12:30 PM - 2:30 PM	9/12-9/26	3 mtgs	\$40	BB
Adventures: Challenges and Returns	Beryl B. Byles	Tue 10:00 AM - 12:00 PM	9/17-9/24	2 mtgs	\$30	LM
Yoga for Healthy Aging	Jennifer Leavy	Tue 11:00 AM - 12:00 PM	9/24-10/15	4 mtgs	\$40	PBPY
Self-Hypnosis: Pathway to Peace of Mind	Peter Arizu	Fri 10:00 AM - 12:00 PM	9/27-10/25	5 mtgs	\$60	Online
Closet-ology: The Search for Self-Esteem through the Psychology of your Closet	Jackie Walker	Wed 1:15 PM - 3:15 PM	10/2-10/9	2 mtgs	\$30	NTRL
Journey to Wellness: Strength and Balance Training	Cathy Hill	Thu 9:30 AM - 10:30 AM	10/10-10/31	4 mtgs	\$40	CVT
What if Wonder Woman was 66?	Susan Guidi	Tue 10:30 AM - 12:00 PM	10/15-10/15	1 mtg	\$15	ARB
A Taste of Mindfulness	Rosy Sedhain	Thu 10:00 AM - 11:30 AM	10/24-11/7	3 mtgs	\$40	ARB
Ballroom Dancing Made Easy	Susan O'Brien, Mark O'Brien	Fri 11:00 AM - 12:00 PM	10/25-11/22	5 mtgs	\$50	ASG
Close-up and Impromptu Magic with Everyday Items	Charles Garvey	Tue 1:00 PM - 3:00 PM	10/29-11/19	4 mtgs	\$50	BB
Guided Forest Bathing	Cate White	Wed 10:00 AM - 12:00 PM	10/30-10/30	1 mtg	\$15	LRP
Aging Gracefully: Nutritious Foods and a Healthy Lifestyle Lead the Way	Lynne Wadsworth	Fri 10:30 AM - 12:00 PM	11/1-11/22	4 mtgs	\$50	Online
Women Rowing North: Navigating Life and Finding Joy	Kay McAuliffe	Mon 10:00 AM - 11:30 AM	11/4-11/25	4 mtgs	\$40	ASG
Mahjongg II: Strategies	Fran Cooperwasser	Thu 12:30 PM - 2:30 PM	11/7-11/21	3 mtgs	\$40	BB
Games of Chance: Are You All In?	Terry Sincich	Thu 10:00 AM - 12:00 PM	11/14-11/21	2 mtgs	\$25	ARB
Travels to Europe and Asia	Waynette Brown, Mark Brown	Thu 10:00 AM - 12:00 PM	12/5-12/12	2 mtgs	\$25	AHP
History						
Terrorism: History, Theory, and Evidence	Satya Das	Mon 10:00 AM - 12:00 PM	9/16-9/30	3 mtgs	\$40	USFNEC
She Went Where? Women Explorers & Adventurers who didn't Make the History Books	Sheryl Long	Mon 10:30 AM - 12:30 PM	10/1-10/22	2 mtg	\$30	CT
Current Wars of the USA	Garry Tenney	Mon 10:00 AM - 12:00 PM	9/16-10/14	5 mtgs	\$65	ARB
Racial History of Florida	Ron Weaver	Mon 1:00 PM - 2:30 PM	9/16-10/7	4 mtgs	\$40	ARB
The Dreyfus Affair	Bruce Gobioff	Tue 1:00 PM - 3:00 PM	9/17-9/24	2 mtgs	\$30	
Ukraine vs. Russia: Deep Historical Roots and the Reality of Today	Sergiy Borysov	Tue 1:00 PM - 2:30 PM	9/17-9/17	1 mtg	\$15	CVT
She Did What? Women Who Didn't Make the History Books	Sheryl Long	Tue 10:00 AM - 12:00 PM	10/1-10/22	4 mtgs	\$50	AHP
Introduction to the Holocaust	Mark Brown	Tue 10:00 AM - 12:00 PM	9/24-10/8	3 mtgs	\$40	ARB
Tampa Navigates Prohibition Laws & Loopholes	Nancy Dalence	Wed 10:00 AM - 12:00 PM	9/25-10/9	3 mtgs	\$40	
Peru - Much More Than Just Machu Picchu	Michael Hayes	Thu 1:00 PM - 3:00 PM	9/26-10/17	4 mtgs	\$50	ARB
Women in Medicine Who Didn't Make the History Books Part 2	Sheryl Long	Mon 10:30 AM - 12:30 PM	9/30-10/7	2 mtgs	\$30	CT
Intelligence in World War II	Michael Pheneger	Tue 1:00 PM - 3:00 PM	10/8-11/19 (Skips 11/5)	6 mtgs	\$75	ASG
Western Support of Ukraine vs. the Anti-Western Bloc Backing Russia	Marco Rimanelli	Thu 10:00 AM - 12:00 PM	10/10-10/17	2 mtgs	\$25	CVT
25 Success Paths You Can Take in Tampa Bay	Ron Weaver	Mon 1:00 PM - 2:30 PM	10/14-10/28	3 mtgs	\$35	CT
Has America Been Compromised By A Distorted Study of History?	Steven Passon	Fri 10:00 AM - 12:00 PM	10/18-11/8	4 mtgs	\$50	USFNEC
Battleships: From the Merrimack to the Missouri	Buck Beasom	Wed 9:00 AM - 11:00 AM	10/23-11/13	4 mtgs	\$50	Online
Islam...No God But God	Jack Herman	Mon 10:00 AM - 12:00 PM	10/28-11/18	4 mtgs	\$50	AHP
Operation Downfall: The Largest Invasion in History (that didn't happen)	Earl Richardson	Tue 10:00 AM - 11:30 AM	10/29-11/12	3 mtgs	\$35	FPCB
Holiday Traditions in Florida and Tampa	Nancy Dalence	Wed 10:00 AM - 12:00 PM	10/30-11/6	2 mtgs	\$30	TBHC
Sixty Years Ago Today: the Fab Four in 1964	Michael Hayes	Thu 10:00 AM - 12:00 PM	10/31-11/21	4 mtgs	\$50	CVT
Baseball in the 1920s: A Whole New Game	Michael Martin	Thu 1:00 PM - 3:00 PM	10/31-11/21	4 mtgs	\$50	AHP
Theodore Roosevelt	Barbara Goldstein	Thu 1:00 PM - 3:00 PM	10/31-11/21	4 mtgs	\$50	GJCC
Cuba: An Island Nation of Contradictions	Rudy Fernandez	Mon 1:30 PM - 3:00 PM	11/4-11/18	3 mtgs	\$20	BB
The 1936 Nazi Olympics: Convergence of Athletes and Politics	Howard Kerner	Mon 1:30 PM - 3:30 PM	11/4-11/4	1 mtgs	\$15	Online
From Prejudice, to Hate, to Extermination: Germany and the Jews, 1933-1945	Jim Goeb	Tue 10:00 AM - 12:00 PM	11/5-11/19	3 mtgs	\$30	TR
Poverty and Destitution in Ancient Rome	Davide Tanasi	Wed 10:00 AM - 12:00 PM	11/6-11/27	4 mtgs	\$50	CVT
First Nuclear Weaponry and First Covid Vaccine	Ron Weaver	Mon 1:00 PM - 2:30 PM	11/11-11/25	3 mtgs	\$35	CVT

FALL BY TOPIC

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The Twisted Roles Played by Women in Nazi Germany	Howard Kerner	Mon 1:30 PM - 3:30 PM	11/11-11/11	1 mtg	\$15	Online
Samuel Adams: American Revolutionary	Ron Weaver	Mon 1:00 PM - 2:30 PM	12/2-12/2	1 mtg	\$15	AHP
Ybor City Historic District Walking Tour	Joe Caravella	Wed 10:00 AM - 12:00 PM	12/4-12/4	1 mtg	\$15	CEP
Politics & Current Events						
Pundits, Polls & Politics! The 2024 Election	Doug Stowell	Mon 1:00 PM - 3:00 PM	9/16-9/16	1 mtg	\$20	Online
Politics of the 2024 Election and the State of the Presidency	Rich Kennedy	Thu 1:00 PM - 3:00 PM	9/19-10/10	4 mtgs	\$50	ASG
Talkin' Politics: A Casual Forum on Current Affairs	Doug Dallio	Tue 1:00 PM - 3:00 PM	9/24, 10/22, 11/19	3 mtgs	\$30	CP
Great Decisions Fall 2024: Foreign Policy Discussion Group	Susan Northcutt	Mon 1:00 PM - 3:00 PM	9/30-10/21	4 mtgs	\$50	Online
Politics of the 2024 Election—The Final Phase	Rich Kennedy	Wed 1:00 PM - 3:00 PM	10/16-11/13	5 mtgs	\$60	CP
2024 Election: Analysis	Jeff Swartz	Mon 10:30 AM - 12:00 PM	11/4-11/18	3 mtgs	\$35	CVT
Humanities & the Arts						
Conversational Italian III	Catherine Mitchell	Wed 10:30 AM - 12:00 PM	9/11-10/16	6 mtgs	\$60	LM
Acrylic Painting with Judy	Judy Heady	Thu 12:30 PM - 3:00 PM	9/12-9/19	2 mtgs	\$25	ARB
Fall Zoom Zentangle®	Maryam Mercier	Thu 1:00 PM - 3:00 PM	9/12-9/26	3 mtgs	\$45	Online
Philadelphia's Iconic Museums: A Virtual Stroll	Beth Davey	Mon 1:00 PM - 2:30 PM	9/16-10/7	4 mtgs	\$40	ARB
Acrylic Painting with Judy	Judy Heady	Thu 12:30 PM - 3:00 PM	10/3-10/10	2 mtgs	\$25	AHP
Can We Make it Stop? Celebrity Culture Overload in Our Everyday Life	Amanda Firestone, Alisha Menzies	Wed 1:00 PM - 2:00 PM	9/18	1 mtg	FREE	FCUT
Communicating Through Art: Murals of Tampa	Bruce Johnson	Fri 10:00 AM - 12:00 PM	9/20-9/20	1 mtg	\$15	AHP
Communicating Through Art: Murals of Tampa	Bruce Johnson	Fri 10:00 AM - 12:00 PM	9/27-9/27	1 mtg	\$15	CVT
Acrylic Painting with Judy	Judy Heady	Thu 12:30 PM - 3:00 PM	10/3-10/10	2 mtgs	\$25	AHP
Introduction to Spanish	Leonor O'Relly	Thu 6:00 PM - 7:30 PM	10/3-10/31	5 mtgs	\$50	Online
"Bad Teacher!": Relational Teaching Strategies to Combat Instructor Misbehaviors	Stephen Kromka	Wed 1:00 PM - 2:00 PM	10/16-10/16	1 mtgs	FREE	FCUT
Italy: A Culinary Tour of Its Regional Cuisine	Larry Canepa	Wed 1:00 PM - 3:00 PM	10/16-10/16	1 mtg	\$15	Online
The Vision of A Genius	Mark Tlachac	Thu 10:00 AM - 12:00 PM	10/24-11/14	4 mtgs	\$50	LM
Opera Tenors: Kings of the Stage	Barbara Haspel	Wed 1:00 PM - 2:00 PM	11/13-11/13	1 mtg	\$15	Online
A Culinary Tour of India	Larry Canepa	Thu 1:00 PM - 3:00 PM	11/14-11/14	1 mtg	\$15	Online
Communicating Through Art: Murals of Tampa	Bruce Johnson	Mon 10:00 AM - 11:30 AM	11/18-11/18	1 mtg	\$15	CT
The Internet of Things	Amanda Firestone Alisha Menzies	Wed 1:00 PM - 2:00 PM	11/20-11/20	1 mtg	FREE	FCUT
Literature & Writing						
The Covenant of Water	Jerry Noland	Tue 10:00 AM - 12:00 PM	10/1-11/5	6 mtgs	\$50	FPCB
The Covenant of Water	Jerry Noland	Wed 10:00 AM - 12:00 PM	10/2-11/6	6 mtgs	\$50	TR
Great Books Fall 2024: Different Voices	Kevin Chittim	Wed 1:00 PM - 3:00 PM	9/18-10/2	3 mtgs	\$45	Online
Up For Discussion: War and Consequences	Linda Feeney	Tue 1:00 PM - 3:00 PM	10/8-10/29	4 mtgs	\$50	LM
Of Shakespeare's Witches and Wives	Karen Roberts	Mon 10:30 AM - 12:00 PM	10/14-11/4	4 mtgs	\$50	CT
New Yorker Poems: A Feast of Plenty	Bob Strozier, Cath Mason	Thu 10:00 AM - 2:00 PM	10/17-10/17	1 mtg	\$35	CP
Creative Fiction: You Have a Book in You	Rod Martinez	Wed 10:00 AM - 12:00 PM	10/23-11/20	5 mtgs	\$50	ARB
Spiritual Questions in a Secular World: Great Short Stories	Pamela Tyler	Mon 1:00 PM - 3:00 PM	10/28-11/18	4 mtgs	\$50	ARB
The Mystery and Mysteries of Agatha Christie	Diane White	Tue 10:00 AM - 12:00 PM	11/5-11/19	3 mtgs	\$40	AHP
Great Books Fall 2024: Four Shortish Books	Kevin Chittim	Wed 1:00 PM - 3:00 PM	10/30-11/20	4 mtgs	\$50	LM
Imaginative Writing	Marilyn Myerson	Thu 1:30 PM - 3:30 PM	10/31-11/21	4 mtgs	\$50	Online
Artists, Writers & AI: The Robots are Coming	Jodé Millman	Tue 10:00 AM - 12:00 PM	11/19-11/19	1 mtg	\$15	Online
Get Inspired with Generative Poetry Writing	Stephen Lindow	Tue 2:00 PM - 3:30 PM	11/19-11/19	1 mtg	\$15	FPCB
Spiritual Questions in a Secular World, Part III: 19th Century Russian Short Stories	Pamela Tyler	Mon 12:30 PM - 3:00 PM	12/2-12/9	2 mtgs	\$30	CT
Great Books Fall 2024: One Great Book	Kevin Chittim	Wed 1:00 PM - 3:00 PM	12/4-12/11	2 mtgs	\$30	LM
Science & Nature						
FLA: #trendinganimals	Jenn Wan	Tue 1:00 PM - 3:00 PM	9/10-9/17	2 mtgs	\$30	FLA
The Endangered Sawfish of Florida: Past, Present, and Future	Ann Paul	Fri 11:00 AM - 12:00 PM	9/13-9/13	1 mtgs	\$20	Online
Mid-Morning Mondays in the USF Botanical Gardens	Peg Ostrenko	Mon 10:00 AM - 11:30 AM	9/16-10/7	4 mtgs	\$50	USFBG
Aging, Cognition, Memory, Dementia, & the Challenges of Growing Older	Charlie Morris	Mon 10:00 AM - 12:00 PM	9/16-9/30	3 mtgs	\$40	ASG
Evolutionary Biology: How Did Humans Become so Different?	Steven Specter	Wed 10:00 AM - 12:00 PM	9/18-9/25	2 mtgs	\$25	AHP

Fall by Topic	Instructor	Day/Time	Date	# Meetings	Fee	Location
I Need My (Outer) Space	Charles Dittmar	Wed 1:00 PM - 3:00 PM	9/18-10/9	4 mtgs	\$50	MOSI
Diabetes, Obesity and Ozempic	Bharat Pathakjee	Fri 1:30 PM - 3:30 PM	9/20-10/11	4 mtgs	\$50	Online
Florida's Butterflies	Ann Paul	Fri 11:00 AM - 12:00 PM	9/20-9/20	1 mtg	\$20	Online
Cosmology: The Study of the Universe	Fulvia Fiorani	Thu 10:00 AM - 12:00 PM	10/3-11/7	6 mtgs	\$60	TR
Emotion AI and Healthcare	Michael Bice	Wed 10:30 AM - 12:00 PM	10/9-10/9	1 mtg	\$15	AHP
FLA: Drawing Science	Matt Allen	Thu 1:00 PM - 3:00 PM	10/10-10/17	2 mtgs	\$30	FLA
Ambient Intelligence and Healthcare	Michael Bice	Wed 10:30 AM - 12:00 PM	10/16-10/16	1 mtg	\$15	AHP
The Biology of Aging	Gerald Stulc	Thu 1:30 PM - 3:30 PM	10/17-11/21	6 mtgs	\$60	Online
Sensing the World: Flagella to Fido to You	Bharat Pathakjee	Fri 1:00 PM - 3:00 PM	10/18-11/8	4 mtgs	\$50	Online
Conversational AI and Healthcare	Michael Bice	Wed 10:30 AM - 12:00 PM	10/23-10/23	1 mtg	\$15	AHP
Growing Herbs and Vegetables	Craig Huegel	Mon 10:00 AM - 11:30 AM	10/28-11/18	4 mtg(s)	\$40	USFBG
Facial Recognition AI and Healthcare	Michael Bice	Wed 10:30 AM - 12:00 PM	10/30-10/30	1 mtg(s)	\$15	AHP
FLA: Plankton Lab	Kaitlyn Gengler	Thu 1:00 PM - 2:30 PM	11/7-11/7	1 mtg(s)	\$15	FLA
FLA: What is an Animal Ambassador?	Shannon Mooney	Thu 1:00 PM - 3:00 PM	11/21-11/21	1 mtg	\$15	FLA
Busch Gardens: Lifelong Care of Great Apes	Jenna Seymour	Wed 9:30 AM - 11:30 AM	12/4-12/4	1 mtg	\$20	BGTB
Friday Lectures						
Explore Practical Artificial Intelligence	John Beaumont	Fri 12:15 PM - 1:15 PM	9/6-9/6	1 mtg	FREE	ARB
On My Way Back to You	Sarah Cart	Fri 12:15 PM - 1:15 PM	9/20-9/20	1 mtg	FREE	
Leadership-Life Lessons from a Catholic Nun.	Pete Mulry	Fri 12:15 PM - 1:15 PM	9/27-9/27	1 mtg	FREE	AHP
Tuning the Aging Brain	Jennifer Bugos	Fri 12:15 PM - 1:15 PM	10/4-10/4	1 mtg	FREE	NTBL
The Universe is a Miracle. Engineering is Understanding the Universe.	Stephan Athan	Fri 12:15 PM - 1:15 PM	10/11-10/11	1 mtg	FREE	NTBL
The Evolution of Educational Technology	Jeanne Dyer	Fri 12:15 PM - 1:15 PM	10/18-10/18	1 mtg	FREE	JBK
Can Dementia Be Prevented?	FL Speaker	Fri 12:15 PM - 1:15 PM	10/25-10/25	1 mtg	FREE	JBK
Keys to Longevity and Vitality	June Kittay	Fri 11:15 AM - 12:15 PM	11/15-11/15	1 mtg	FREE	JBK
The Pulitzer Saga	Linda Ambrus Broenniman	Fri 12:15 PM - 1:15 PM	11/22-11/22	1 mtg	FREE	Online
Patient Advocacy for Yourself and Others	Dianne Borovies	Fri 12:15 PM - 1:15 PM	12/6-12/6	1 mtg	FREE	JBK
Technology						
iPhone Shorts: All The Basics	Jeanne Dyer, Kitty Sullivan	Tue 9:30 AM - 12:30 PM	9/17-9/24	2 mtgs	\$45	USFNEC
iMovie Magic for iPhone/iPad: Create and Edit	Peter Terzian	Wed 10:00 AM - 11:00 AM	10/2-10/23	4 mtgs	\$30	Online
Using Generative AI Tools: ChatGPT & Leonardo	Marilyn Carrasquillo	Sat 10:00 AM - 12:00 PM	10/5-10/19	3 mtgs	\$40	USFNEC
Easy AI: Using ChatGPT for Everyday Tasks	John Beaumont	Tue 11:00 AM - 12:00 PM	10/8-10/15	2 mtgs	\$20	USFNEC
iPhone Shorts: Contacts, Calendar and Reminders	Kitty Sullivan	Thu 9:30 AM - 12:30 PM	10/10-10/10	1 mtg	\$25	USFNEC
iPhone Shorts: Messages App	Jeanne Dyer	Thu 9:30 AM - 12:30 PM	10/17-10/17	1 mtg	\$25	USFNEC
Better Composition for Outdoor Photography	Donna McGrew	Tue 10:00 AM - 12:00 PM	10/22-10/29	2 mtgs	\$30	Online & Outdoors
iPhone Shorts: Journal App	Brian Noriega	Tue 10:00 AM - 12:00 PM	10/22-10/22	1 mtg	\$20	USFNEC
Defense Against Dark AI: What You Should Know	John Licato	Tue 10:00 AM - 11:30 AM	10/22-10/22	1 mtg	\$20	USFNEC
iPhone Shorts: Maps App	Kitty Sullivan	Thu 9:30 AM - 12:30 PM	10/24-10/24	1 mtg	\$25	USFNEC
Digitizing Your Photos with Photomyne	Penny Noriega	Tue 1:00 PM - 3:30 PM	10/29-10/29	1 mtg	\$25	USFNEC
Yes, PCs and iPhones/iPads Can Work Together!	Brian Noriega	Tue 10:00 AM - 12:00 PM	10/29-10/29	1 mtg	\$20	USFNEC
Lifting the Curtain on Theater Tech	Peter Terzian	Wed 10:00 AM - 11:00 AM	10/30-10/30	1 mtg	\$15	VPCT
iPhone Shorts: Utilities Apps	Jeanne Dyer	Thu 9:30 AM - 12:30 PM	10/31-10/31	1 mtg	\$25	USFNEC
Navigating Your Android Phone	Marilyn Carrasquillo	Sat 10:00 AM - 12:00 PM	11/2-11/9	2 mtgs	\$30	USFNEC
iPhone Shorts: Health App	Kitty Sullivan	Thu 9:30 AM - 11:30 AM	11/7-11/7	1 mtg	\$20	USFNEC
Outdoor Adventures Spree	Diane White	Mon 9:30 AM - 12:00 PM	11/11-11/18	2 mtgs	\$30	Outdoors
Understanding AI Today: Large Language Models and Robotics	Bruce Gobioff	Tue 10:00 AM - 12:00 PM	11/12-11/19	2 mtgs	\$30	Online
What's New in iOS & iPadOS 18?	Jeanne Dyer	Thu 9:30 AM - 12:30 PM	11/14-11/14	1 mtg	\$25	USFNEC
Get More from Your Apple Watch	Kitty Sullivan	Thu 9:30 AM - 12:30 PM	11/21-11/21	1 mtg	\$25	USFNEC
Photos to Videos on iPhones & iPads	Jeanne Dyer	Thu 9:30 AM - 12:30 PM	12/5-12/5	1 mtg	\$25	USFNEC

VENUES KEY:

- AHP – Allegro Senior Living at Hyde Park
- ARB – Arbor Terrace at Citrus Park
- ASG – Aston Gardens at Tampa Bay
- BB – Brookdale Bayshore Senior Living
- BGTB – Busch Gardens Tampa Bay
- CT – Canterbury Tower
- CEP – Centennial Park
- CP – Compton Park
- CVT – Concordia Village of Tampa
- DVT – Discovery Village of Tampa Palms
- FPCB – First Presbyterian Church of Brandon
- FCUT – Ferman Center for the Arts at UT
- FLA – Florida Aquarium

- JBK – Jimmie B. Keel Library
- LM – Lake Magdalene Church
- LRP – Lake Rogers Park
- MOSI – Museum of Science and Industry (MOSI)
- NTRL – New Tampa Regional Library
- NTBL – North Tampa Branch Library
- PBPY – Pose by Pose Yoga
- GJCC – Shanna and Bryan Glazer Family JCC
- TBHC – Tampa Bay History Center
- TR – The Regent
- TFW – Thrive Fitness and Wellness Studio
- USFBG – USF Botanical Gardens
- USFNEC – USF Tampa NEC Building
- VPCT – The Village Players Community Theater

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WEDNESDAY

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View our courses by day, week or month on the OLLI Master Calendar, always accessible on our website (About Us/OLLI Calendar), or type this shortcut into your browser: olliusf.org/calendar

OLLI Encore! p38

View Anytime, Anywhere
Recorded Courses

NOTE

We may switch face-to-face classes to virtual instruction at any time, if needed, to help keep members safe and to accord with USF policy

MONDAY

Mid-Morning Mondays in the USF Botanical Gardens

Plant and take home your own butterfly garden. Learn to attract native zebra long-wings, monarchs, and gold-rim swallowtails to your garden or window box. We'll plant milkweed, pipevine, and passionflower to help feed the hungry caterpillars. Just bring a trowel & gardening gloves and join the fun at the USF Botanical Gardens. Materials fee \$20 due to the instructor at the first class to cover the cost of three plants.

Peg Ostrenko

Mon 10:00 AM - 11:30 AM • 9/16-10/7 • 4 mtgs • \$50 • USF Botanical Gardens

Growing Herbs and Vegetables

Growing herbs and vegetables in Florida can be a challenge – especially for those of us that may be used to gardening in other climates. Learn how to become a more successful herb and vegetable gardener. We'll take a close look at planting seasons, varieties best suited to Florida's climate, using raised beds, soil composition and fertilizers. \$20 plant fee due to the instructor at the first class.

Craig Huegel

Mon 10:00 AM - 11:30 AM • 10/28-11/18 • 4 mtgs • \$40 • USF Botanical Gardens

Women Rowing North: Navigating Life and Finding Joy

Come join us as we dive into a book review of the thought-provoking *Women Rowing North, Navigating Life's Currents and Flourishing as We Age* by Mary Pipher. It considers issues about women as they age, such as health, family, death. We will read this book together and think through our own aging journeys. What obstacles do we encounter and where and how do we find joy? We will investigate strategies and resources for successful aging.

Kay McAuliffe

Mon 10:00 AM - 11:30 AM • 11/4-11/25 • 4 mtgs • \$40 • Aston Gardens



Current Wars of the USA

We will review and analyze the status and involvement of the United States in wars affecting the national security of our nation and its citizens. Analysis and discussion will be centered around our southern border, Israel/Hamas, Ukraine/Russia, Iran/terrorist proxies, and other security issues. We will discuss military operations and the strength of participants as well as funding and the will to fight.

Garry Tenney

Mon 10:00 AM - 12:00 PM • 9/16-10/14 • 5 mtgs • \$65 • Arbor Terrace

Aging, Cognition, Memory, Dementia, & the Challenges of Growing Older

How does your brain change as you age? How do those changes affect your cognition and especially your memory? We will discuss ways to compensate for those changes and, in fact, improve your memory. We will also discuss the difference between normal aging and dementia and, importantly, identify ways to reduce your risk of Alzheimer's disease. Finally, we will consider ways to enhance the quality of our lives as we grow older.

Charlie Morris

Mon 10:00 AM - 12:00 PM • 9/16-9/30 • 3 mtgs • \$40 • Aston Gardens

Terrorism: History, Theory, and Evidence

Explore the history of terrorism across the world, dispel various myths, understand how counterterrorism measures work from a cost-benefit perspective, and learn about the evidence on the causes and impacts of terrorism.

Satya Das

Mon 10:00 AM - 12:00 PM • 9/16-9/30 • 3 mtgs • \$40 • USF NEC 133

Islam...No God But God

Explore the profound impact of Islam and how its followers have shaped history despite widespread ignorance in the United States. Delve into the rapid expansion of Islamic civilization, which governs over 5 million square miles across Asia, Africa, and Europe. Gain insight into the contemporary significance of Islam, as Muslims, constituting 24% of the global population of 7.6 billion, continue to shape the cultural, political, and social landscapes worldwide.

Jack Herman

Mon 10:00 AM - 12:00 PM • 10/28-11/18 • 4 mtgs • \$50 • Allegro Hyde Park

Communicating Through Art: Murals of Tampa

Murals and cave drawings date back approximately 35,000 to 50,000 years, originating in Borneo, Indonesia and France. Now murals have become extremely popular around the world to help brighten cities, replace graffiti and increase tourism. Some murals are basically pretty art while others share local history and honor historical community figures. Some have specific societal messages. Tampa has over 200 painted murals! View photos of a variety of these and discuss their messages.

Bruce Johnson

Mon 10:00 AM - 11:30 AM • 11/18 • 1 mtg • \$15 • Canterbury Tower

"Loved the variety and expertise of presenters"

She Went Where? Women Explorers & Adventurers Who Didn't Make the History Books

Find out who set a clipper ship sailing record in 1851 that lasted 135 years. And who was the official aeronaut to not one but two European kings. And don't forget the first person to go over Niagara Falls and survive. All were women, and all were born before 1900. Learn more about them and 19 other daring women.

Sheryl Long

Mon 10:30 AM - 12:30 PM • 9/16-9/23 • 2 mtgs • \$30 • Canterbury Tower

Women in Medicine Who Didn't Make the History Books Part 2

Who created the first successful leprosy cure? Who saved over 90,000 infants' lives? Who invented the early pregnancy test? Who discovered the structure of a steroid, then penicillin, then Vitamin B-12? What 16-year-old developed a test for Ebola that didn't need refrigeration? Learn about these women and five dozen more who work(ed) in medicine and medical science.

Sheryl Long

Mon 10:30 AM - 12:30 PM • 9/30-10/7 • 2 mtgs • \$30 • Canterbury Tower

Of Shakespeare's Witches and Wives

Explore the complexities of relationships as only Shakespeare can through film and discussion of Macbeth and Taming of the Shrew. Could two plays be more different - or perhaps more alike? Both tell the age-old stories of ambition, loyalty and betrayal, and the dynamics of marriage. Is Macbeth about male dominance and female submission or female dominance and male submission? In Taming, is Kate submissive or really taking all the power? Let's find out! Popcorn will be served.

Karen Roberts

Mon 10:30 AM - 12:00 PM • 10/14-11/4 • 4 mtgs • \$50 • Canterbury Tower

2024 Election: Analysis

Former Miami-Dade judge Jeff Swartz will analyze the polls, issues and trends leading up to the congressional and presidential elections.

In his last two classes, he will address the reasons for the results with a focus on elector certification, legal challenges and the roles of Congress and the courts.

Jeff Swartz

Mon 10:30 AM - 12:00 PM • 11/4-11/18 • 3 mtgs • \$35 • Concordia Village

Spiritual Questions in a Secular World, Part III: 19th Century Russian Short Stories

What are the spiritual issues raised in the work of four Russian literary geniuses? Read short stories by Fyodor Dostoevsky, Alexander Pushkin, Nikolai Gogol and Nikolai Leskov. Engage in safe, non-proselytizing discussions about these brilliant authors. Materials will be sent the week before class. Bring your lunch!

Pam Tyler

Mon 12:30 PM - 3:00 PM • 12/2-12/9 • 2 mtgs • \$30 • Canterbury Tower

Philadelphia's Iconic Museums: A Virtual Stroll

Take a virtual stroll along Philadelphia's Benjamin Franklin Parkway, a.k.a. Museum Mile, to explore the setting, history and art collections there. Appreciate the influence of William Penn, Benjamin Franklin, and more contemporary planners who fashioned the backdrop to many of this historic city's museums. Discuss in depth many of the famous artists whose collections stamp their imprint on this important city.

Beth Davey

Mon 1:00 PM - 2:30 PM • 9/16-10/7 • 4 mtgs • \$40 • Arbor Terrace

Racial History of Florida



Explore the travails and the progress across 500 years of racial history in Florida, from slavery and its abolition to the civil rights movement to more recent achievements and setbacks. Trace efforts to close the remaining gaps in direct and indirect treatment and achievement.

Ron Weaver

Mon 1:00 PM - 2:30 PM • 9/16-10/7 • 4 mtgs • \$40 • Arbor Terrace

25 Success Paths You Can Take in Tampa Bay

Superstars and their motivations, persistent atomic habits, character traits, and organizational secrets – these and other stories of success will be explored in this class. We'll highlight Tampa Bay's seven billionaires and talk about premier entertainers, an NFL GOAT, an ESPN female athlete GOAT, and popular products with links to the Tampa area.

Ron Weaver

Mon 1:00 PM - 2:30 PM • 10/14-10/28 • 3 mtgs • \$35 • Canterbury Tower

First Nuclear Weaponry and First Covid Vaccine

We will trace the history of weaponizing nuclear chain reactions, including the work of Einstein and Oppenheimer; explore earth habitability risks; and discuss the work of Dr. Ugur Sahin and Dr. Özlem Türeci, the husband-and-wife team behind the first successful Covid vaccine.

Ron Weaver

Mon 1:00 PM - 2:30 PM • 11/11-11/25 • 3 mtgs • \$35 • Concordia Village

Samuel Adams: American Revolutionary

One of the earliest advocates for independence from Great Britain, Samuel Adams laid the groundwork for what would become the First Continental Congress in 1774. Learn how this "patron saint of late bloomers" became the political leader Thomas Jefferson called the patriarch of liberty.

Ron Weaver

Mon 1:00 PM - 2:30 PM • 12/2 • 1 mtg • \$15 • Allegro Hyde Park

Pundits, Polls & Politics! The 2024 Election

In this class we will review the history of political polling since 1945, discuss the major campaign issues, and identify the party positions. There will also be some in-class exercises such as a corporate assessment model on the choice for president.

Doug Stowell

Mon 1:00 PM - 3:00 PM • 9/16 • 1 mtg • \$20
• Online

Great Decisions Fall 2024: Foreign Policy Discussion Group

Join the national discussion on world affairs organized by the nonpartisan Foreign Policy Association. Topics will include Climate Technology and Competition, NATO's Future, Understanding Indonesia, and High Seas Treaty. View a masterclass on each topic, followed by discussion based on the assigned reading. Required text: *Great Decisions Briefing Book 2024* (\$35), available at <https://www.fpa.org>.

Susan Northcutt

Mon 1:00 PM - 3:00 PM • 9/30-10/21 • 4 mtgs
• \$50 • Online

Spiritual Questions in a Secular World: Great Short Stories

Are you yearning for a spiritual conversation devoid of proselytizing and religious hype in a secular world? We'll explore spiritually provocative short stories by authors such as Leo Tolstoy, Flannery O'Connor, Raymond Carver, Alice Walker and Annie Dillard. While the Judeo-Christian tradition underlies much of the work presented, each short story transcends any one parochial understanding of the divine. Come prepared to engage with the texts in a safe, non-threatening environment. Readings and questions will be sent to you before the first class.

Pam Tyler

Mon 1:00 PM - 3:00 PM • 10/28-11/18 • 4 mtgs • \$50 • Arbor Terrace

Cuba: An Island Nation of Contradictions

This three-session class focuses on the rich history of Cuba, current U.S.-Cuban relations, and the future of the island nation. Join Rudy Fernandez to explore Cuban history, economy, and culture with insights gained from many trips to the island his family knew so well.

Rudy Fernandez

Mon 1:30 PM - 3:00 PM • 11/4-11/18 • 3 mtgs
• \$20 • Brookdale Bayshore

The 1936 Nazi Olympics: Convergence of Athletes and Politics

Certainly many people enjoy watching the Olympics on TV or online every four years. Few people though may know of the unique lead up to the games themselves and the aftermath of the infamous 1936 Nazi Olympics in Berlin. This program reveals many unknown and shocking details about these games which occurred at a dangerous crossroad in history.

Howard Kerner

Mon 1:30 PM - 3:30 PM • 11/4 • 1 mtg • \$15
• Online

The Twisted Roles Played by Women in Nazi Germany

While Aryan men's roles in Nazi Germany were made crystal clear—fight, kill, triumph over all enemies—Aryan women were given mixed messages about their roles in this fascist state. Strangely, these very extreme roles were not surprising to most German women but are truly shocking to us today. This program reveals the twisted, even perverse roles played by women in Nazi Germany and the consequences.

Howard Kerner

Mon 1:30 PM - 3:30 PM • 11/11 • 1 mtg • \$15
• Online

TUESDAY

Operation Downfall: The Largest Invasion in History (that didn't happen)

Dive into the gripping WWII story of the planned Allied invasion of Japan that would have dwarfed D-Day. This three-session course explores the intense debates among military leaders, the gargantuan logistics it would have required, the impact of the atomic bombs, and the potential human cost of this invasion that fortunately never happened. Gain insights into the complexities of wartime decision-making and the lasting impacts on the world today.

Earl Richardson

Tue 10:00 AM - 11:30 AM • 10/29-11/12 • 3 mtgs • \$35 • First Presbyterian Church of Brandon

The Covenant of Water

Join this class for an in-depth discussion of Abraham Verghese's novel *The Covenant of Water*. Verghese, an Indian American physician and writer, is also the author of *Cutting for Stone*. This latest novel is a multi-generational epic that covers themes of love, loss, and perseverance in the face of hardship. With Jerry Noland's expert guidance, see if you agree with critics who have hailed it a masterpiece.

Jerry Noland

Tue 10:00 AM - 12:00 PM • 10/1-11/5 • 6 mtgs
• \$50 • First Presbyterian Church of Brandon



Adventures: Challenges and Returns

Redefine what “adventure” means in your own life and discover the key to making any adventure successful. It’s planning. Serious planning. There are tangible requirements to consider, such as scheduling, housing, finances. The intangible requisites to honor might be your own safety, comfort and preferences. Build on the wisdom of your previous adventures to make future ones altogether new and potentially life-changing.

Beryl B. Byles

Tue 10:00 AM - 12:00 PM • 9/17-9/24 • 2 mtgs
• \$30 • Lake Magdalene Church

Introduction to the Holocaust

From the rise of the Nazis, authoritarian rule, the advent of the camp system, and terror as an instrument of national policy to the international response, liberation, and displacement of survivors, this class follows the chronology of events from the late 19th century to 1945.

Mark Brown

Tue 10:00 AM - 12:00 PM • 9/24-10/8 • 3 mtgs
• \$40 • Arbor Terrace

She Did What? Women Who Didn't Make the History Books

Margaret Knight, Mary Anderson, three girls in a refugee camp. Exactly who are these women? Who invented an electronic walking stick for the blind? Who invented the windshield wiper? Which one invented a better shopping bag? Discover these and many more extraordinary females who were given little or no mention in our history classes.

Sheryl Long

Tue 10:00 AM - 12:00 PM • 10/1-10/22 • 4 mtgs
• \$50 • Discovery Village at Tampa Palms

The Mystery and Mysteries of Agatha Christie

Agatha Christie was an elusive person and an extraordinary pioneer. Explore new interpretations of her life and works unearthed by her latest biographer. What makes her



so enduring? What is her contribution to the mystery genre? Is her work relevant today? Readings will include novels featuring her Poirot and Miss Marple characters, plus short stories, and a play.

Diane White

Tue 10:00 AM - 12:00 PM • 11/5-11/19 • 3 mtgs
• \$40 • Discovery Village at Tampa Palms

From Prejudice, to Hate, to Extermination: Germany and the Jews, 1933-1945

Join Hillsborough County Schools Teacher of the Year and Holocaust Studies founder Jim Goeb in this examination of how Germany slowly embraced and justified the genocide of millions. Using resources gathered in visits to European Holocaust sites, we will study the 1930s persecution of Jews, the Night of Broken Glass that signified the beginning of the Holocaust, and the construction of the six death camps that were used in the Final Solution.

Jim Goeb

Tue 10:00 AM - 12:00 PM • 11/5-11/19 • 3 mtgs
• \$30 • The Regent

Get Inspired with Generative Poetry Writing

Whether you are an aspiring or inspiring poet, sometimes it’s tough to start the process of creating a poem. Stephen Lindow, a published poet since 1986, will guide us through challenging and fun word experiments, reading contemporary poetry and listening to music. You’ll soon be sketching out poems from

multiple starting points. We will “fool with words” as poet Robert Bly has written, so expect surprises.

Stephen Lindow

Tue 2:00 PM - 3:30 PM • 11/19 • 1 mtg • \$15
• First Presbyterian Church of Brandon

Artists, Writers & AI: The Robots are Coming

With innovative programs like ChatGPT and Dall-E, the art and literary worlds are facing the most dramatic transformation since Guttenberg invented his printing press. Explore the latest legal developments in the world of Artificial Intelligence and copyright. Learn about the government’s actions to protect an author’s rights. Find out how authors and artists can protect themselves against robots.

Jodé Millman

Tue 10:00 AM - 12:00 PM • 11/19 • 1 mtg
• \$15 • Online

What if Wonder Woman was 66?

Find your superpowers at any age! The instructor describes herself as a “self-made entrepreneur,” business owner, and pioneer of 3D ultrasound. She’s also a standup comic and improv actor. Don’t forget that she’s a motivational speaker and performed her first one-woman show in December of last year. And she transformed her 63-year-old life during the pandemic by taking up competitive bodybuilding. She won at age 65. Her wish is to inspire seniors to take a chance on themselves.

Susan Guidi

Tue 10:30 AM - 12:00 PM • 10/15 • 1 mtg
• \$15 • Arbor Terrace

“Relevant, interesting, engaging, participatory.”

Yoga for Healthy Aging

Improve your balance, strength and flexibility by integrating yoga into your daily routine. Learn postures, breathing techniques and meditation practices in this non-competitive environment. All are welcome, all mats and props are provided.

Jennifer Leavy

Tue 11:00 AM - 12:00 PM • 9/24-10/15 • 4 mtgs • \$40 • Pose by Pose

Ukraine vs. Russia: Deep Historical Roots and the Reality of Today

The ongoing war between Russia and Ukraine is not just a fight for land. It is a deep-rooted clash of two opposing ideologies that can be traced back to the 12th Century. Will humanity fall for the same traps again?

Sergiy Borysov

Tue 1:00 PM - 2:30 PM • 9/17 • 1 mtg • \$15 • Concordia Village

Florida Aquarium: #trendinganimals

Discover the fascinating world of animals that have captured the public's (and probably your grandkids) imagination! We will focus on the species that have gained widespread attention and adoration, exploring the unique traits that make them stand out.

Jenn Wan

Tue 1:00 PM - 3:00 PM • 9/10-9/17 • 2 mtgs • \$30 • Florida Aquarium

The Dreyfus Affair

The Dreyfus Affair was a political scandal that divided France in the late 19th and early 20th centuries. In addition to being a gross miscarriage of justice, it exposed deep-seated antisemitism in the French justice system. This class will trace the case from its origins to its conclusion and discuss its important political and social implications.

Bruce Gobiuff

Tue 1:00 PM - 3:00 PM • 9/17-9/24 • 2 mtgs • \$30 • Online

Talkin' Politics: A Casual Forum on Current Affairs

In this monthly forum, you will be invited to select the current affairs topics that will be used for the class agenda. Potential topics range from domestic policies to foreign affairs, Florida-specific topics, and women's issues. Your opinions are wanted to maximize class participation.

Douglas Dallio

Tue 1:00 PM - 3:00 PM • 9/24, 10/22, 11/19 • 3 mtgs • \$30 • Compton Park

Intelligence in World War II

Intelligence played a major role in the victory of the Allies over Germany and Japan. It is a story of extraordinary successes and dismal failures, broken codes, spies and counterspies, resistance movements, special operations, aerial imagery, deception, secret missions, hair-brained schemes, and the occasional assassination. Most remarkable, men and women with no experience created effective intelligence capabilities while the war raged.

Michael Pheneger

Tue 1:00 PM - 3:00 PM • 10/8-11/19 (Skips 11/5) • 6 mtgs • \$75 • Aston Gardens

Up For Discussion: War and Consequences

The consequences of war writ large are

incalculable. But by focusing on individuals, we can relate to the trials of battle and the journey to re-enter society. We will discuss in order: Stephen Crane: *The Red Badge of Courage*. A country boy, envisioning Greek heroes, enlists in the Union Army; Leslie Marmon Silko: *Ceremony*. A veteran of a Japanese prison camp returns to his Navajo reservation; Andrey Kurkov: *Death and the Penguin*. A dark satire about a writer in post-Soviet Ukraine; David Malouf: *Ransom*. Greek heroes from the Trojan point of view.

Linda Feeney

Tue 1:00 PM - 3:00 PM • 10/8-10/29 • 4 mtgs • \$50 • Lake Magdalene Church

Close-up and Impromptu Magic with Everyday Items

You won't learn to saw a beautiful lady in half, but you will be able to mystify and entertain your friends by warping their perception of time and space, their sense of reality. In this hands-on class, you will make magic with things that can be found around the house, such as coins and dollar bills, pens and pencils, napkins and rubber bands. Give people the "gift of the moment." \$15 materials fee due to instructor at first class.

Charles Garvey

Tue 1:00 PM - 3:00 PM • 10/29-11/19 • 4 mtgs • \$50 • Brookdale Bayshore



"Fun and informative. I learned useful skills."

WEDNESDAY

Battleships: From the Merrimack to the Missouri

This course traces the development of battleships, from the first ironclads to the giants of World War II. We will review the development of primitive steam engines, the slow but inevitable shift from pistons and coal to turbines and oil, the early triumphs and disasters of battle fleets, and the vast and far-flung engagements of the great dreadnoughts with gunnery ranges so great their aim required an adjustment for the curvature of the Earth. The class is hosted on Zoom by OLLI at George Mason University.

Buck Beasom

Wed 9:00 AM - 11:00 AM • 10/23-11/13 • 4 mtgs • \$50 • Online

Busch Gardens: Lifelong Care of Great Apes

Join us as we dive into the ins and outs of the lifelong care of great apes! Trek with us through Myombe Reserve and Jungala to visit our chimpanzees, gorillas, and orangutans. Discover how our dedicated team provides top-notch medical care, ensuring the health and well-being of our great apes through all their stages of life. Learn about our conservation efforts, sustainable practices, and enrichment programs aimed at preserving these remarkable creatures.

Jenna Seymour

Wed 9:30 AM - 11:30 AM • 12/4 • 1 mtg • \$20 • Busch Gardens

Introduction to Tai Chi

Improve your strength, flexibility and balance. Tai chi is especially good for seniors, because it focuses on some of the challenges we face. It can bring a sense of calm to the mind while the body moves through space. Become familiar with the Taoist internal arts as shared with North America by Master Moy Lin-Shin.

Kim Roberts

Wed 10:00 AM - 11:30 AM • 9/11-10/9 • 5 mtgs • \$40 • Concordia Village

Evolutionary Biology: How Did Humans Become so Different?

Explore how life on earth evolved and adapted to possess specific characteristics. Learn about defense mechanisms in the human body: why do we have allergies, why do we cough, is morning sickness really a benefit in pregnancy? How are we able to distinguish between men and women while dressed, and what does that have to do with the saber-toothed tiger? How has the meaning of survival of the fittest changed since Darwin? These and other questions of evolution will be addressed.

Steven Specter

Wed 10:00 AM - 12:00 PM • 9/18-9/25 • 2 mtgs • \$25 • Allegro Hyde Park

The Covenant of Water

Join this class for an in-depth discussion of Abraham Verghese's novel *The Covenant of Water*. Verghese, an Indian American physician and writer, is also the author of *Cutting for Stone*. This latest novel is a multi-generational epic that covers themes of love, loss, and perseverance in the face of hardship. With Jerry Noland's expert guidance, see if you agree with critics who have hailed it a masterpiece.

Jerry Noland

Wed 10:00 AM - 12:00 PM • 10/2-11/6 • 6 mtgs • \$50 • The Regent

Tampa Navigates Prohibition Laws & Loopholes

Shelley Blood, Carl Zielonka, and Janet Lorenzo will narrate the captivating story of how Tampa navigated the era of prohibition, exploring its origins, inventive strategies, colorful personalities, and enduring impact. Delve into a world where every stratum of society—from housewives to rum runners, moonshiners, saloon keepers, cops, and judges—played a part in this transformative period in our history.

Nancy Dalence

Wed 10:00 AM - 12:00 PM • 9/25-10/9 • 3 mtgs • \$40 • Online

Creative Fiction: You Have a Book in You

Discover the path to creative fiction and find that novel within you! Turn your life experiences into a fiction manuscript and hone it for publication. Alternatively, pull ideas from anything and everything around you to create a true work of fiction. Learn a few writing rules and surprise yourself with your creativity.

Rod Martinez

Wed 10:00 AM - 12:00 PM • 10/23-11/20 • 5 mtgs • \$50 • Arbor Terrace

Guided Forest Bathing

Spend a guided hour in the park mindfully opening your senses to nature. Forest bathing is not hiking, but we will walk short distances on unpaved trails. Improve your well-being as you breathe in the essence of the forest. We will end with a tea ceremony to honor the earth.

Cate White

Wed 10:00 AM - 12:00 PM • 10/30 • 1 mtg • \$15 • Lake Rogers Park

Holiday Traditions in Florida and Tampa

Join Tampa Bay History Center (TBHC) docents as we discover Tampa's distinctive holiday spirit. Delve into the ill-fated Tampa Snow Show, the raucous Guavaween parades, the Epiphany tradition in Tarpon Springs, Tampa Emancipation Day, and the Victorian Stroll at the Henry Plant Hotel. We will end the course with a visit to the TBHC temporary exhibit *Holiday Traditions in Florida*. Exhibit admission is included in the course price.

Nancy Dalence

Wed 10:00 AM - 12:00 PM • 10/30-11/6 • 2 mtgs • \$30 • Tampa Bay History Center

Poverty and Destitution in Ancient Rome

Poverty was a widespread and unrelenting issue in ancient Rome. The majority, including plebeians, slaves, and freedmen, lived in squalid conditions in overcrowded and unsafe

"An experience I will never forget. Amazing"

apartment buildings. Their low-paying jobs barely met basic needs. The deep economic divide between the elite and the majority highlighted the stark social inequalities of the Roman Empire, underscoring the perennial challenge of bridging wealth gaps in societies.

Daive Tanasi

Wed 10:00 AM - 12:00 PM • 11/6-11/27 • 4 mtgs • \$50 • Concordia Village

Ybor City Historic District Walking Tour

In this walking tour we will focus on the period of 1886 to 1936, a significant era in Ybor City history. We will discuss the Italian and Spanish immigrants who made Ybor City their home, visit the Immigrant Family Statue, and walk the same brick streets as the hard workers who are memorialized in cigar factories, monuments, and places of hardship, pride, scandal, and triumph.

Joe Caravella

Wed 10:00 AM - 12:00 PM • 12/4 • 1 mtg • \$15 • Centennial Park

Conversational Italian III

Continue practicing speaking Italian in this third-level course. Say ciao to some grammar and insights into the people and culture of *l'Italia Bella*. **This course is not for those new to the language.** If you did not take the first or second-level Italian courses with us but have a solid understanding of Italian, you may want to try this as long as you are willing to put in extra effort. Required text: *Practice Makes Perfect: Basic Italian*, Premium Third Edition, Alessandra Visconti, available online (\$18 or less).

Catherine Mitchell

Wed 10:30 AM - 12:00 PM • 9/11-10/16 • 6 mtgs • \$60 • Lake Magdalene Church

Emotion AI and Healthcare

The day when machines will be able to accurately assess human emotions is already here. Emotion AI is a subset of artificial intelligence that analyzes, reacts to, and simulates human emotions. It is an interdisciplinary field that leverages computer science, psychology, and cognitive science.



Emotion AI assists in monitoring patient mood and well-being, offering comfort during recovery, and even detecting early signs of depression or other mental health issues.

Michael Bice

Wed 10:30 AM - 12:00 PM • 10/9 • 1 mtg • \$15 • Allegro Hyde Park

Ambient Intelligence and Healthcare

Ambient intelligence represents the future vision of intelligent computing in which explicit input and output devices will not be required. Instead, sensors and processors will be embedded in the home and clinical environment and adapt seamlessly to the user's needs and desires. With smart phones and TVs, watches, and voice-activated digital assistants to intelligent coffee machines, smart lighting, and daylight-imitating alarm clocks, the ambient computing experience is all around us.

Michael Bice

Wed 10:30 AM - 12:00 PM • 10/16 • 1 mtg • \$15 • Allegro Hyde Park

Conversational AI and Healthcare

Conversational AI (CAI) can simulate human conversation. For the first time, we have the computing power, storage capabilities, and technological maturity to create cost-efficient and human-like conversational experiences with machines. CAI has the flexibility and learning ability to engage in complex

conversations with patients and caregivers.

Michael Bice

Wed 10:30 AM - 12:00 PM • 10/23 • 1 mtg • \$15 • Allegro Hyde Park

Facial Recognition AI and Healthcare

Facial recognition AI can improve the quality and efficiency of healthcare services by enabling faster and more accurate diagnosis, personalized treatment, remote monitoring, and patient engagement. We need to develop and implement facial recognition AI solutions that are reliable, transparent, accountable, and respectful of human rights and values.

Michael Bice

Wed 10:30 AM - 12:00 PM • 10/30 • 1 mtg • \$15 • Allegro Hyde Park

Can We Make it Stop? Celebrity Culture Overload in Our Everyday Life

It feels like we have entered a new phase of celebrity oligarchy. New celebrity business enterprises are popping up daily, and the public can't seem to get away from it all. But is it new? Dr. Menzies and Dr. Firestone will discuss how the notion of celebrity is changing, and what it means to popular culture, and more importantly, what it means for each of us.

Amanda Firestone & Alisha Menzies

Wed 1:00 PM - 2:00 PM • 9/18 • 1 mtg • FREE • Ferman Center, UT

“Bad Teacher!”: Relational Teaching Strategies to Combat Instructor Misbehaviors

Examine how instructors might misbehave, along with positive strategies to combat instructor misbehaviors. Learn what all of us can do (instructors AND students) to have an inclusive, productive, and positive classroom learning environment. Learn how instructors can build relationships between students in order to increase and improve classroom learning.

Stephen Kromka

Wed 1:00 PM - 2:00 PM • 10/16 • 1 mtg • FREE • Ferman Center, UT

Opera Tenors: Kings of the Stage

Listen to and analyze arias sung by famous tenors Luciano Pavarotti, Placido Domingo and Jonas Kaufman. The rich voices of tenors are considered to be rare; opera lovers give them the highest of praise. The word “tenor” derives from the Latin *tenere*, which means “to hold.”

Barbara Haspel

Wed 1:00 PM - 2:00 PM • 11/13 • 1 mtg • \$15 • Online

The Internet of Things

The Internet of Things has revolutionized our experience of the digital world. From personal assistants such as Alexa to Ring doorbells that we answer remotely, interconnected devices afford us greater convenience while enacting greater surveillance. A panel of Communication professors will convene to discuss connectivity’s implications and theorize its continued evolution.

Amanda Firestone & Alisha Menzies

Wed 1:00 PM - 2:00 PM • 11/20 • 1 mtg • FREE • Ferman Center

I Need My (Outer) Space

Climb aboard for an adventure into the fascinating world of outer space! Using the facilities of the Museum of Science and Industry, we will study the storied past and the exciting future of space exploration, experience

the heavens in a planetarium, marvel at some cutting-edge celestial discoveries, and even do some backyard astronomy (weather permitting). It is a lot of cosmic fun for folks who prefer to stay on solid ground.

Charles Dittmar

Wed 1:00 PM - 3:00 PM • 9/18-10/9 • 4 mtgs • \$50 • MOSI

Great Books Fall 2024: Different Voices

Read and discuss: *There There* by Tommy Orange, *The Good Soldier* by Ford Maddox Ford and *Paradise* by the 2021 Nobel prize-winning author, Abdulrazak Gurnah. Required texts available from the County library or online (approx. \$20)

Kevin Chittim

Wed 1:00 PM - 3:00 PM • 9/18-10/2 • 3 mtgs • \$45 • Online

Politics of the 2024 Election—The Final Phase

In the final installment of this series, we will follow the final weeks of the 2024 election cycle, looking at both the presidential race and the battle for Congress right up until election day. We’ll look at the major issues that are influencing voters down the stretch and examine how the outcome is received and the implications for the country based on the result.

Rich Kennedy

Wed 1:00 PM - 3:00 PM • 10/16-11/13 • 5 mtgs • \$60 • Compton Park

Italy: A Culinary Tour of Its Regional Cuisine

Italy is a diverse nation boasting equally diverse cuisine. Expand your knowledge of Italian food and discover delectable, unique cuisines from Italy’s 20 regions. From the snow-capped Alps to the beautiful Mediterranean, let’s explore climate, culture and signature dishes region by region.

Larry Canepa

Wed 1:00 PM - 3:00 PM • 10/16 • 1 mtg • \$15 • Online

Great Books Fall 2024: Four Shortish Books

Lively discussions of the following: *Orlando* by Virginia Woolf; *Going After Cacciato* by Tim O’Brien; *The Power and The Glory*, by Graham Greene, *White Nights* by Fyodor Dostoevsky. Texts available from the library or online (approx. \$20)

Kevin Chittim

Wed 1:00 PM - 3:00 PM • 10/30-11/20 • 4 mtgs • \$50 • Lake Magdalene Church

Great Books Fall 2024: One Great Book

We’ll discuss George Eliot’s novel: *Middlemarch*.

Kevin Chittim

Wed 1:00 PM - 3:00 PM • 12/4 & 12/11 • 2 mtgs • \$30 • Lake Magdalene Church

Closet-ology: The Search for Self-Esteem through the Psychology of your Closet

“I have nothing to wear.” Never say these words again! Men wear 90 percent of the clothing in their closet. Women wear 20 percent. To a man a tie is just a tie. To a woman, a jacket can be a 40-minute story. Learn the art of self-esteem dressing. Bring those closets and rooms of emotions into harmony with your current lifestyle. Explore how to layer your clothing properly against your personal space. Explore your internal fashion persona.

Jackie Walker

Wed 1:15 PM - 3:15 PM • 10/2-10/9 • 2 mtgs • \$30 • New Tampa Regional Library

“Loved the case study format and thoughtful teaching style”

THURSDAY

Sixty Years Ago Today: the Fab Four in 1964

It was a Sunday night, February 1964. With one big sweep of his arm, and the words, "Ladies and gentlemen, the Beatles!" Ed Sullivan launched the Fab Four, changing American and world culture forever. In two months, all to the tune of screaming teen-aged girls, the Beatles charted all five of the best-selling songs in the USA, and 14 out of the Top 100. In the next 12 months, they sold over 100 million records. Share this magical musical tour of memories of the Fab Four in the fab year, 1964, as we all believe in yesterday. A Beatles-themed lunch is



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Follow OLLI-USF on X.



...and Instagram.

planned after the end of this course.

Michael Hayes

Thu 10:00 AM -12:00 PM • 10/31-11/21 • 4 mtgs • \$50 • Concordia Village

Cosmology: The Study of the Universe

Travel 14 billion years back in time to the Big Bang and see how the Universe has evolved from an extremely hot and dense state to the cold and sparsely populated Universe of stars and galaxies we see today. Encounter black holes, dark matter and dark energy, the most mysterious stuff in the universe. Consider possible answers to questions on the origins of evolution and eventual fate of the universe.

Fulvia Fiorani

Thu 10:00 AM - 12:00 PM • 10/3-11/07 • 6 mtgs • \$60 • The Regent

Journey to Wellness: Strength and Balance Training

Here's a chance to learn and practice the fundamentals of resistance training, core strength and stability, and functional balance for ease in movement in daily activities. The instructor will demonstrate proper form and technique, and you will be able to practice and improve under her watchful eye. You will use resistance equipment and your body weight in the exercises.

Cathy Hill

Thu 9:30 AM - 10:30 AM • 10/10-10/31 • 4 mtgs • \$40 • Concordia Village

Western Support of Ukraine vs. the Anti-Western Bloc Backing Russia

The ongoing Russo-Ukrainian War, escalated by Russia's invasion of Ukraine in 2022, has pushed the U.S., NATO, European Union, and the West to aid Ukraine while Russia is being backed by a loose global anti-Western bloc comprised of China, Islamic Iran, and North Korea. We will explore the four major factors influencing this conflict.

Marco Rimanelli

Thu 10 AM- 12 PM • 10/10-10/17 • 2 mtgs • \$25 • Concordia Village

A Taste of Mindfulness

Start developing skills to tame the chatter in your mind. In today's fast-paced world, it's easy to feel overwhelmed, stressed and disconnected from yourselves and those around you. Learn mindfulness to tune into the wisdom of your body and rediscover a joyful relationship with life. Learn simple ways to reclaim a sense of calm, clarity and contentment.

Rosy Sedhain

Thu 10:00 AM - 11:30 AM • 10/24-11/7 • 3 mtgs • \$40 • Arbor Terrace

The Vision of A Genius

How did architect Frank Lloyd Wright put his unconventional ideas into practice? He would discuss with his clients what they needed and wanted in their dream house. Then he studied topographical maps to arrive at a vision of the perfect house for them. Was the vision realized? Did they build the house? Explore the working of Wright's mind and methods.

Mark Tlachac

Thu 10:00 AM - 12:00 PM • 10/24-11/14 • 4 mtgs • \$50 • Lake Magdalene Church

Games of Chance: Are You All In?

When you're driving on a local highway, do you ever see a road sign that lures you into dreams of winning millions in the Powerball lottery? Or do you like to enter a casino with high hopes and a determination to score big? Find out which popular game of chance (such as Lotto, Powerball, slots, blackjack, craps, roulette or sports betting) is your best "bet" and why. This course offers a simple presentation on probability and odds to reveal the best strategies in various games of chance.

Terry Sincich

Thu 10:00 AM - 12:00 PM • 11/14-11/21 • 2 mtgs • \$25 • Arbor Terrace

Travels to Europe and Asia

Pull up your armchair and journey with us to Europe and Asia. See the Christmas markets in Germany and Austria, the magical snow-covered Neuschwanstein castle in Bavaria and the Schönbrunn Palace in Vienna. Visit

the Temple of Heaven, the Forbidden City, the Great Wall and Tian'anmen Square in Beijing; the Terra Cotta soldiers at Xi'An and sites in Toyoko, Mt. Fuji and Kyoto.

Waynette Brown, Mark Brown

Thu 10:00 AM - 12:00 PM • 12/5-12/12 • 2 mtgs • \$25 • Allegro Hyde Park

New Yorker Poems: A Feast of Plenty

Join Bob Strozier and Cath Mason for their third year of celebrating *New Yorker* poetry. During the countdown to its 100th birthday next year, we'll pay tribute to the legendary magazine by reading aloud and discussing a rich and varied mix of poems. Lunch and refreshments will be provided, along with copies of the poems, free *New Yorker* back issues, and a special lottery prize.

Bob Strozier, Catherine Mason

Thu 10:00 AM - 2:00 PM • 10/17 • 1 mtg • \$35 • Compton Park

Beginning Mahjongg I: Learn How to Play

Do you like to be challenged, stimulated and most importantly, have fun? Mahjongg, a 200-year-old game of skill, strategy, and yes, even some luck, will invigorate your mind and spark your creative energies. Mahjongg promotes memory and concentration and teaches you a new way of crafting tactics and strategy, all while making new friends. After



finishing three exciting classes you will know everything you need to start playing mahjongg.

Fran Cooperwasser

Thu 12:30 PM - 2:30 PM • 9/12-9/26 • 3 mtgs • \$40 • Brookdale Bayshore

Mahjongg II: Strategies

Now let's start to play! Make more sense of the game. Learn strategies in selecting a hand and choosing which tiles to discard in the Charleston. Prerequisite: You must have completed the introductory class - The Mysteries of Mahjongg: Learn How to Play.

Fran Cooperwasser

Thu 12:30 PM - 2:30 PM • 11/7-11/21 • 3 mtgs • \$40 • Brookdale Bayshore

Acrylic Painting with Judy

Enjoy this exciting exploration into the secrets of acrylic painting! Paint a gorgeous pumpkin with lush leaves and flowers with beautiful dew drops! No drawing or painting experience needed. \$10 for materials, payable to the instructor at the first class.

Judy Heady

Thu 12:30 PM - 3:00 PM • 9/12-9/19 • 2 mtgs • \$25 • Arbor Terrace

Thu 12:30 PM - 3:00 PM • 10/3-10/10 • 2 mtgs • \$25 • Allegro Hyde Park

Florida Aquarium: Plankton Lab

Most plankton may be small, but they've got a big job to do! Learn about the importance of plankton, and meet live specimens eye-to-eye. Students will spy on the secret world of tiny, living organisms that come straight from Tampa Bay.

Kaitlyn Gengler

Thu 1:00 PM - 2:30 PM • 11/7 • 1 mtg • \$15 • Florida Aquarium

Fall Zoom Zentangle®

Want to relax and draw beautiful pieces of art simultaneously? Become a "tangler"! The Zentangle® art method is known as yoga for the mind. Zentangle® both stretches and relaxes the mind while increasing focus. Learn intricate patterns while creating your own art pieces. Experienced tanglers will discover new tangles, and new tanglers will be introduced

to this artistic method. No drawing experience necessary. Supply list sent upon class registration.

Maryam Mercier

Thu 1:00 PM - 3:00 PM • 9/12-9/26 • 3 mtgs • \$45 • Online

Politics of the 2024 Election and the State of the Presidency

We will review the current state of the presidential race and discuss the implications. We will consider the major issues influencing the election as voting begins and examine the battle for Congress. In addition, we will cover how the presidency has changed in the last 100 years and what those changes mean for our democracy.

Rich Kennedy

Thu 1:00 PM - 3:00 PM • 9/19-10/10 • 4 mtgs • \$50 • Aston Gardens

Florida Aquarium: Drawing Science

One of the best ways to learn about science is through art. In this fun and engaging class, learn about sharks, squid, turtles, and more. The instructor will guide you step-by-step as you learn to draw these amazing creatures. No art skills are required.

Matt Allen

Thu 1:00 PM - 3:00 PM • 10/10-10/17 • 2 mtgs • \$30 • Florida Aquarium

Baseball in the 1920s: A Whole New Game

Baseball evolved into a different game in the 1920s. New teams and stadiums and rule changes pushed a new kind of offense. Defacing the baseball became illegal. The bunt and stolen base became less important. The offense was now driven by the home run. Teams that embraced the long ball were successful. Those that didn't fell from contention. Starting in 1919 and ending in 1930, we will look at the teams, players, and stories that make this decade unique in the history of the American Pastime.

Michael Martin

Thu 1:00 PM - 3:00 PM • 10/31-11/21 • 4 mtgs • \$50 • Allegro Hyde Park

Peru - Much More Than Just Machu Picchu

This proud republic claims some of Earth's driest deserts, highest mountains and the source of the powerful Amazon River. Human civilization developed independently in Peru over 5,000 years ago. Learn about the Spanish conquest, the prehistoric lines in the sand at Nazca and the practice of honoring the dead with mummies, way before the Egyptians did it. Take a virtual look at one of the Seven New Wonders of the World, Machu Picchu. Enjoy an optional lunch after the course at a local Peruvian restaurant.

Michael Hayes

Thu 1-3 PM • 9/26-10/17 • 4 mtgs • \$50 • Arbor Terrace

Theodore Roosevelt

He was a rancher, a police commissioner, a soldier, a politician, the author of 18 books, and the 26th president of the United States. What made this amazing man tick? We will examine his early life and ancestry, the years leading up to his time in higher office, his years as president, and his unfortunate decline.

Barbara Goldstein

Thu 1:00 PM - 3:00 PM • 10/31-11/21 • 4 mtgs • \$50 • Shanna & Bryan Glazer JCC

A Culinary Tour of India

Indian cuisine dates back over 5,000 years. You will see that each region has its own distinctive traditions, religions and culture that impact its food. Indian food has been influenced by Mongolian, Persian, Portuguese, Dutch, Chinese, French and the British conquests in the 18th and 19th centuries. These led to the era of the British East India Company. What remains is an exotic, striking and distinct mixing of spices that invariably give Indian cuisine its flavor and aroma.

Larry Canepa

Thu 1:00 PM - 3:00 PM • 11/14 • 1 mtg • \$15 • Online

Florida Aquarium: What is an Animal Ambassador?

Come learn what it means to be an animal ambassador! From who they are

to why they are here, discover the role of ambassadors at the aquarium and how they help to spread awareness for animals all around the world.

Shannon Mooney

Thu 1:00 PM - 3:00 PM • 11/21 • 1 mtg • \$15 • Florida Aquarium

The Biology of Aging

Aging begins at the moment of conception, with something lost and something gained at every stage of life. Longer lifespans are a new phenomenon in humanity's history. Ageism, myths, misinformation, and anecdotes cause apprehension among younger and older generations. We will explore how aging evolves through biological, psychological, and spiritual processes, and discuss the ways you can modify these to improve your experience of aging.

Gerald Stulc

Thu 1:30 PM - 3:30 PM • 10/17-11/21 • 6 mtgs • \$60 • Online

Imaginative Writing

Nurture your inner playfulness, draw on spontaneity, and get even more creative! We may re-envision famous movie plots, eavesdrop on a wolf's conversation from *Little Red Riding Hood*, or follow Alice down the rabbit hole. Bring a pen and be prepared to have fun. New and returning participants all welcome!

Marilyn Myerson

Thu 1:30 PM - 3:30 PM • 10/31-11/21 • 4 mtgs • \$50 • Online

Introduction to Spanish

Acquire the fundamentals of pronunciation and grammar in this interactive class. Gain practical vocabulary, useful phrases and the ability to understand, read, write and speak simple Spanish. Esteemed Spanish instructor, Leonor O'Relly, will introduce you to active conversation and everyday aspects of the contemporary Spanish-speaking world.

Leonor O'Relly

Thu 6:00 PM - 7:30 PM • 10/3-10/31 • 5 mtgs • \$50 • Online



Vunteer Information Session

Ask Us Anything about volunteering with OLLI! Did you know that OLLI runs on volunteer power? Join this free information session to find out more about OLLI and volunteer opportunities. From small projects to instructing, and everything in between, there is an OLLI volunteer opportunity for you.

- Fri 1:00 PM - 2:30 PM • 9/27 • 1 mtg • FREE • Online
- Fri 1:00 PM - 2:30 PM • 10/25 • 1 mtg • FREE • Online
- Fri 1:00 PM - 2:30 PM • 11/15 • 1 mtg • FREE • Online

FRIDAY

Ballroom Dancing Made Easy

How many times have you or your spouse or your best friend said, "I can't dance; I have two left feet?" Never say never! This course will make you comfortable on any dance floor with any genre of music. You will become your own choreographer and learn several techniques to make you and your partner successful beyond your wildest dreams. Register with a partner and look forward to tripping the light fantastic.

Susan O'Brien, Mark O'Brien

Fri 11:00 AM - 12:00 PM • 10/25-11/22 • 5 mtgs • \$50 • Aston Gardens

Communicating Through Art: Murals of Tampa

Murals and cave drawings date back approximately 35,000 to 50,000 years, originating in Borneo, Indonesia and France. Now murals have become extremely popular around the world to help brighten cities, replace graffiti and increase tourism. Some murals are basically pretty art while others share local history and honor historical community figures. Some have specific societal messages. Tampa has over 200 painted murals! View photos of a variety of these and discuss their messages.

Bruce Johnson

Fri 10:00 AM - 12:00 PM • 9/20 • 1 mtg • \$15
• Allegro Hyde Park
Fri 10:00 AM - 12:00 PM • 9/27 • 1 mtg • \$15
• Concordia Village

Self-Hypnosis: Pathway to Peace of Mind

Learn how to create clarity, direction and healing in your life through self-hypnosis. Tap into your wellspring of unlimited inner resources and guidance by using relaxation, guided imagery and meditation. Benefits may include reduced stress and increased energy levels, healing of past and current relationships, elimination of unwanted patterns and behaviors, overcoming sleeping difficulties, enhanced creativity, self-expression and more. Harpist Sharon Stoll will play at the start of each class meeting and share insights on

music and meditation.

Peter Arizu

Fri 10:00 AM - 12:00 PM • 9/27-10/25 • 5 mtgs • \$60 • Online

Has America Been Compromised By a Distorted Study of History?

In this course, we'll examine periods of America's past that have been marred by a combination of glorification and misrepresentation. Without an honest examination of history, the discipline can become a combination of blind patriotism and mindless optimism. Explore the ramifications of this and decide whether America has been compromised.

Steven Passon

Fri 10:00 AM - 12:00 PM • 10/18-11/8 • 4 mtgs • \$50 • USF NEC 133

Aging Gracefully: Nutritious Foods and a Healthy Lifestyle Lead the Way

Keep it simple, make it fun. That applies to strategies for healthy living and coping with the issues of our time, such as stress, toxins and processed foods. Sugar seems to be everywhere. It adversely affects our bodies and can lead to inflammation and disease. Discover how to eliminate sugar from your diet. Simplify the struggle against high blood pressure, diabetes and high cholesterol. Learn which foods help us thrive. Hear how to tap your natural energy and thrive from this moment forward.

Lynne Wadsworth

Fri 10:30 AM - 12:00 PM • 11/1-11/22 • 4 mtgs • \$50 • Online

The Endangered Sawfish of Florida: Past, Present, and Future

Ann Paul introduces a recorded Zoom webinar from the October 2023 Florida Birding and Nature Festival. Sawfish are large shark-like rays that once were relatively common in Florida's coastal waters, while among the least known and most imperiled fish. Tonya Wiley of the Havernworth Coastal Conservation group

will share current research about sawfish and management strategies. Festival President Paul will answer questions from the class members.

Ann Paul

Fri 11:00 AM - 12:00 PM • 9/13 • 1 mtg • \$20
• Online

Florida's Butterflies

Watch Marc Minno's seminar from the Florida Birding and Nature Festival last October 2023. Dr. Minno wrote the books about Florida's butterflies and their caterpillars and gardening for butterflies. He will describe their behaviors, where they live, what their caterpillars eat, their populations in Florida, and how to invite them to your yard. Festival President Ann Paul will introduce the recorded Seminar and answer questions after the talk.

Ann Paul

Fri 11:00 AM - 12:00 PM • 9/20 • 1 mtg • \$20
• Online

Sensing the World: Flagella to Fido to You

How do life forms gather information about their environment and respond to the world? We'll consider how various beings – from the single-celled (E. Coli) to the complex (sharks) – utilize all their senses, touch, taste, smell, hearing, and vision to survive, reproduce, cooperate, and evolve. How have we enhanced them with technology?

Bharat Pathakjee

Fri 1:00 PM - 3:00 PM • 10/18-11/8 • 4 mtgs
• \$50 • Online

Diabetes, Obesity and Ozempic

Journey through a century of diabetes research and discovery, through an obesity epidemic. Explore the complex role our brain, gut, and hormones play in managing metabolism balance in our bodies. How might diabetes drugs such as Ozempic help solve the West's obesity epidemic, and what are the benefits, risks and the business of this class of GLP-1 drugs? Along the way, we'll encounter examples of how science sometimes gets things wrong, such as when issuing guidelines.

Bharat Pathakjee

Fri 1:30 PM - 3:30 PM • 9/20-10/11 • 4 mtgs
• \$50 • Online



Meet the Instructors



OLLI-USF's Faculty Roll of Honor recognizes teachers who have led at least 10 successful courses.

Matt Allen BA, Educational Studies, is a reptile enthusiast, scuba diver, fish watcher, artist, and passionate teacher. He has been a senior instructor at The Florida Aquarium since 2012 where he loves teaching, caring for animals, and creating art.

★ **Peter Arizu** has a master's degree in education and is a certified clinical hypnotherapist in private practice. He is on the staff of the Florida Institute of Hypnotherapy and leads workshops in mind fitness and stress management.

Buck Beasom, BS and MBA, taught business & economics courses to adults for two decades and middle school history for five years. He has been studying WWII for six decades and has taught WWII history courses for OLLI chapters across the country.

John Beaumont, certified in Generative AI and Prompt Engineering, merges decades in genealogy with an IT background. His YouTube channel and publications are pioneering genealogy with AI, enhancing research and uncovering intricate family histories.

★ **Michael Bice** served as a CEO at academic medical centers and healthcare systems. He has held teaching and administrative positions at UF and Kent State University. Michael has an avid interest in digital health technologies.

Sergiy I. Bohrysov, PhD in Biochemistry, Kyiv National University, Ukraine (2001), & PhD in Medical Sciences, USF (2006) is a professor in the Department of Natural Science at Saint Leo University and established a cancer research program there.

Mark Brown holds a Master of Arts degree from Old Dominion University. He taught Introduction to Holocaust Studies at Glendale (Arizona) Community College. Mark teaches with his wife, Waynette Brown.

Waynette Brown holds a BA from the University of North Carolina. She began her great travel adventure as a Peace Corps volunteer in Peru. Now she has traveled over 20 times to Europe & Asia & throughout North America. She teaches with her husband.

Beryl Byles, MBA University of Dallas, retired as an Executive Coach and spent the past year as an "adventurer" living in several special locations. She has taught OLLI courses and now is eager to help fellow OLLI members define & pursue their own adventures.

Larry Canepa, BA Integrative Studies and History, is an executive chef and certified culinary educator. He is the owner of Dinner at Eight, a culinary arts education service.

Joe Caravella, Tampa native and former board member of L'Unione Italiana (the Italian Club of Tampa), distributes wine from Italy focusing on the Sicilian region.

Marilyn Carrasquillo is an assistant professor at Hillsborough Community College. She enjoys teaching essential computer skills that empower individuals to responsibly navigate our digital world with confidence.

★ **Kevin Chittim** has moderated over 20 Great Books classes after retiring from a 35-year career as a technology CEO. In addition, he has attended more than 500 OLLI courses at USF and Eckerd and volunteered for a number of OLLI boards and committees.

★ **Fran Cooperwasser** holds a BS in education and an MS in counseling. She has been an avid Mahjongg player for 15+ years and has been teaching the game for two. Fran is a tennis player. She and her husband have had a dog boarding business since 1996.

Nancy Dalence is director of education at the Tampa Bay History Center.

★ **Doug Dallio** is a retired data processing professional with careers in aerospace, criminal justice and international banking information systems. He has prior teaching experience at New York, Fairleigh Dickinson and Northeastern Universities.

Satya Das, PhD, University of Delhi, and PhD, Southern Methodist University, was a professor at the U of Wisconsin-Milwaukee, Indiana University - Bloomington, U of Illinois - Urbana-Champaign, & the Indian Statistical Institute - Delhi Centre.

Beth Davey is a longtime fan of movies from the Golden Age of Hollywood, especially movie musicals. She is a Philadelphia native with a BA in English and MA in Publications Management. Beth worked in marketing communications for medical facilities.

Charlie Dittmar is an amateur astronomer at the Museum of Science & Industry (MOSI), following previous careers as a classroom teacher and an attorney in the Tampa Bay Area. He enjoys sharing the cosmos and the future of space exploration & more.

★ **Jeanne Dyer** is a USF Charter Class graduate who holds a BA in Natural Sciences and an MS in Chemistry Education from Morgan State College. A retired high school chemistry and physics teacher, Jeanne is currently the OLLI Technology Coordinator.

★ **Linda Feeney**, BA English, MA Library and Information Science, MBA, worked in management at the Ford Foundation. She has taught numerous OLLI courses featuring short stories, novellas, and literary non-fiction.

✦ **Rudy Fernandez**, CFP, is a director in the Private Wealth Management Division at the Tampa office of Robert W. Baird & Co. He has more than 39 years of financial services industry experience.

✦ **Fulvia Fiorani**, holds a master's degree in physics from the Naval Postgraduate School of Engineering and Applied Sciences and is a retired U.S. Navy lieutenant commander. She taught physics at the United States Naval Academy as her last active-duty assignment.

Amanda Firestone, BA Penn State University, MA Sussex University, PhD USF, is an associate teaching professor of communication at University of Tampa. Her research focuses on young adult literature and the representation of coming-of-age.

Charles Garvey, aka Captain Mystik, Pirate Magician, is a member of the International Brotherhood of Magicians. He holds a bachelor's degree in special education, is a licensed massage therapist and a pain rehab therapist.

Kaitlyn Gengler holds a degree in Marine Biology from the University of Tampa and is an education instructor at the Florida Aquarium. A dedicated animal caretaker and educator, she has a passion for teaching others about marine animals and conservation.

✦ **Bruce Gobioff**, MS Management of Technology, MIT, had a career in the computer industry that spanned 1966 to 2015. He spent 35 years with IBM in technical and management positions developing software for mainframes and personal computers.

Jim Goeb has bachelor's and master's degrees from USF. He helped found the Hillsborough County Schools' Holocaust Studies program and taught history classes at the high school level for 39 years. Jim currently works at the Tampa Bay History Center.

✦ **Barbara Goldstein** is Professor Emeritus at Hillsborough Community College after more than 30 years as an English professor and Dean of Humanities. An avid history buff, she is also a docent at the H. B. Plant Museum.

Susan Guidi is a 66-year-old competitive bodybuilder, business owner and pioneer of 3D ultrasound. She is a standup comic, improv actor and a motivational speaker.

Barbara Haspel is a lirico spinto soprano. She is a graduate of the prestigious Curtis Institute of Music, a recipient of a Fulbright Scholarship and has sung opposite such notable artists as Ferruccio Tagliavini.

Michael Hayes, MBA Lehigh University, retired after 40 years in quality assurance in the food industry. A keen student of popular cultural history, especially the music of the 1950s and 1960s, he is dedicated to researching the pop culture icons many of us have grown up with.

✦ **Judy Heady** is an acrylic artist whose award-winning paintings and murals are in homes and businesses nationwide. She attended the School of Visual Arts in NYC and the University of Texas. See her work on Etsy at [Etsy.com/shop/judyheadyart](https://www.etsy.com/shop/judyheadyart)

✦ **Jack Herman** has a bachelor's degree in political science from the University of Pittsburgh. He was manager of computer information systems at Eastman Kodak for 31 years and has taught at OLLI-USF since 2009.

✦ **Cathy Hill** holds a bachelor's degree in psychology from USF and has been a certified personal trainer for over a decade. A certified yoga teacher and health coach, she owns a studio in Tampa.

Craig Huegel, BA Zoology and MS Wildlife Ecology, University of Wisconsin; Ph.D Animal Ecology, Iowa State University, is director of the USF Botanical Gardens. He has published books on native plants and wildlife and is a popular lecturer.

Bruce Johnson retired after almost 40 years in the computer industry. He is an avid and published photographer who has been actively studying and photographing murals in Tampa since early 2020. He has found that Tampa has over 200 painted murals.

✦ **Rich Kennedy** runs his own software company, has taught numerous classes, directed and acted for the stage, and has been active in local politics and various organizations. He has a lifelong passion for all things presidential.

✦ **Howard Kerner**, MA, taught English, communications and humanities at the high school and university levels for 47 years. He has published hundreds of articles and created and taught courses on interpersonal relationships and on the Holocaust.

Stephen Kromka is an assistant professor & program director of the Communication & Speech Studies program at U of Tampa. He holds a PhD in communication studies with emphasis in instructional & family communication. He researches relational teaching.

✦ **Jennifer Leavy**, a USF Women's Studies graduate, is a certified yoga therapist and teacher. Her interest in serving others is reflected in her practice, which promotes yoga therapy as a tool to improve the health of people of all ages.

John Licato, PhD, is an assistant professor of Computer Science and Engineering at USF. He is the founder and director of the Advancing Machine and Human Reasoning (AMHR) Lab, and the owner of Actualization.AI, a new technology startup company.

Stephen Lindow, Master of Fine Arts in Poetry from the University of Massachusetts-Amherst, regularly performs his poetry all over the Tampa Bay area. He has been writing and performing since 1986 and is a member of the Electric Arugula band.

Sheryl Long is a retired communications and marketing manager with a BA in Mass Communications from USF. She has a curious mind and loves a good story.

Michael Martin is a retired educator and corporate writer and editor. He holds a BA and MA in English fields and has taught corporate classes for IBM and secondary Reading. Martin has studied baseball history and biography for more than 50 years.

Rod Martinez was attracted to words at an early age. His first book was created in grade school, and his teacher used it to encourage creativity. Inspired by Marvel comics & Twilight Zone, his passion became creative writing, and the rest is history!

★ **Cath Mason**, BA (Hons) English & American Literature, Bachelor of Laws, managed training for a U.K. nonprofit, then practiced law. She facilitates a popular bi-weekly poetry discussion group.

Kay McAuliffe, LCSW, CCTP 11, holds a master's in social work from USF. She retired from Gracepoint Wellness after serving for twenty-seven years as a therapist in community mental health, specializing in trauma.

Donna McGrew, MBA, USF, served as a teacher of high school English and mathematics in Florida. Donna co-leads OLLI's Outdoors SIG and is a talented underwater photographer.

Alisha L. Menzies, PhD Communication, USF, is a cultural studies scholar specializing in popular culture and media representations of race, class and gender.

★ **Maryam Mercier**, is a Certified Zentangle® Teacher (CZT.) After a successful career in the computer graphic/commercial printing industry, she has worked for over 20 years as an advocate and instructor to preserve arts in education.

Jodé Millman is an attorney, award-winning author, teacher & podcast creator, book reviewer & creator of The Writer's Law School. She holds a BA, MA in English Lit. and JD. *The Midnight Call & Hooker Avenue*, are thrillers based on true crimes.

★ **Catherine Mitchell** holds a master's degree in Italian from Middlebury College and lived in Italy for 10 years. She has taught English at European language schools and Italian in the United States.

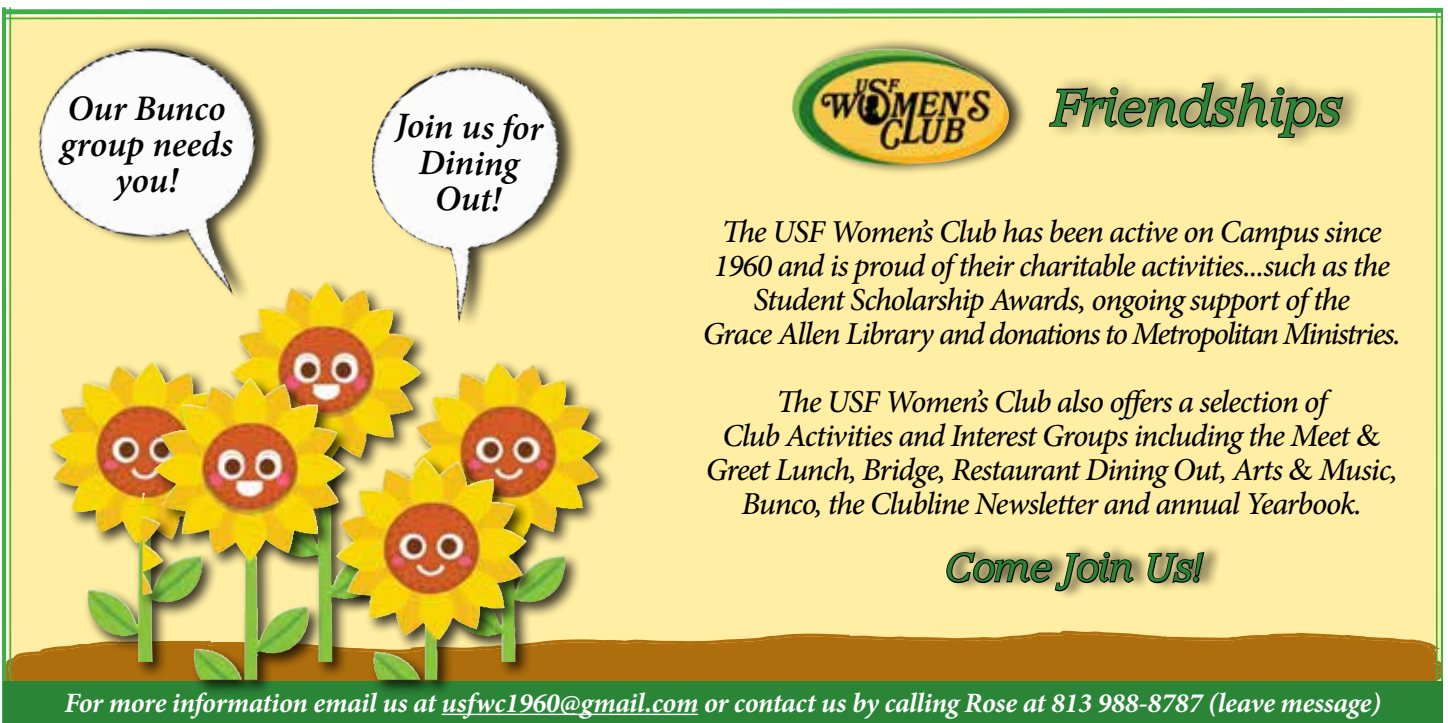
Shannon Mooney studied environmental science at the University of Tampa. As an instructor at the Florida Aquarium, she has always had a passion for wildlife conservation, with a particular love for marine life.

Charlie Morris, PhD, retired as professor of psychology and provost, Denison University. He worked to improve teacher evaluation in Florida. He taught and traveled extensively with the Semester at Sea program.

★ **Marilyn Myerson**, PhD Philosophy, has learned to take nothing for granted and to have fun. She retired from USF after 38 years of teaching, learning and kicking up her heels in Women's Studies.

★ **Sylvia 'Jerry' Noland** is a retired educator and former English professor. She holds both bachelor's and master's degrees in English and has done postgraduate studies at the University of South Florida and University of Florida.

★ **Brian Noriega**, MS Medical Physics, University of Florida, worked as a Medical Physicist for over 40 years, most recently at the Moffitt Cancer Center. He also teaches Radiation Therapy physics classes at Hillsborough Community College.



Our Bunco group needs you!

Join us for Dining Out!

USF WOMEN'S CLUB Friendships

The USF Women's Club has been active on Campus since 1960 and is proud of their charitable activities...such as the Student Scholarship Awards, ongoing support of the Grace Allen Library and donations to Metropolitan Ministries.

The USF Women's Club also offers a selection of Club Activities and Interest Groups including the Meet & Greet Lunch, Bridge, Restaurant Dining Out, Arts & Music, Bunco, the Clubline Newsletter and annual Yearbook.

Come Join Us!

For more information email us at usfwc1960@gmail.com or contact us by calling Rose at 813 988-8787 (leave message)

✦ **Penny Noriega**, PhD Educational Administration, University of Florida, earned bachelor's degrees in management and psychology from USF. She worked at USF in management and leadership training and volunteers for the Dog Training Club of Tampa.

✦ **Susan Northcutt**, PhD Political Science, Indiana University, was a Fellow in European Studies. A faculty member at USF for 35 years, she founded and remains active in the Women's Caucus of the International Studies Association.

Mark O' Brien learned ballroom and Latin dances from his wife, Susan. Together they have performed all over the world. They have featured in newspapers, magazines and on TV.

Susan O'Brien was a professional theater dancer. She holds master's and bachelor's degrees in education. She has performed all over the world for cruise lines, colleges and universities.

✦ **Leonor O'Relly**, PhD Second Language Acquisition, is the Director of USF Testing Services. She has taught Spanish at both USF and Hillsborough Community College.

Margaret "Peg" Ostrenko has a doctorate in communication from USF and a lifelong interest in nature. She has taught at local universities. Peg has created an ecological paradise for butterflies in her yard and shows her unusual plants at PegsPlants on Etsy.

Steven Passon BA & MA American History, University of Minnesota and post graduate studies University of Michigan, taught American history for 25 years.

✦ **Bharat Pathakjee**, MD, practiced cardiology for 33 years in Wisconsin. Pathakjee's interests include biology, history, reading, running, learning, and teaching for OLLI.

✦ **Ann Paul**, MS Biology, retired from Audubon's Florida's Coastal Islands Sanctuaries after a career in nature conservation. She is president of the Tampa Audubon Society, the Florida Ornithological Society, and the Florida Birding and Nature Festival.

✦ **Mike Pheneger**, retired U.S. Army colonel, served as an intelligence officer, is a past president of the ACLU of Florida and has served as an OLLI-USF faculty member since 2002.

✦ **Earl Richardson**, PhD in public administration, has a passion for leading nonprofits and volunteer groups. A retired Air Force officer, he has taught in the military, higher education and the space program.

Marco Rimaneli, PhD Johns Hopkins, is professor of European and World Politics at St. Leo University.

Kim Roberts earned a Bachelor of Arts from the University of South Florida and taught in Hillsborough County Public Schools for 36 years. She is an instructor with the American Tai Chi Academy.

Karen Roberts, BS Education, Eastern Illinois University, majored in literature and spent her career as a management consultant involved in continuous learning. She has made a lifelong study of Shakespeare.

Rosy Sedhain studied Mindfulness Based Stress Reduction (MBSR) Teacher training at the U of Massachusetts and Brown U. She earned an MBA from the U of Wisconsin-Eau Claire. Rosy teaches various mindfulness classes and is a certified yoga teacher.

Jenna Seymour is a Supervisor of Education and informal educator with over 18 years of experience, including roles at Busch Gardens Tampa Bay and the Virginia Aquarium. She holds a Bachelor's degree in secondary science education with a biology emphasis from the University of Florida.

Terry Sincich holds a master's & PhD in statistics from UF. He taught in the USF College of Business for 30 years. Teaching is a passion, and he has won many teaching awards. He uses statistics to create workable, useful and helpful probability analyses.

✦ **Steven Specter**, PhD Microbiology and Immunology, is Professor Emeritus in Molecular Medicine at USF's Morsani College of Medicine. He established the Annual Clinical Virology Symposium in 1985 and helps lead the American Society for Microbiology.

Doug Stowell, MBA Case Western Reserve University, has been an OLLI Instructor since 2018. Whether for a multinational concern or his own firm, he has spent his career conducting global consumer research and political opinion polls.

Robert Strozier is a playwright and has written fiction and nonfiction for numerous publications including *The Atlantic*, *Esquire*, and *The NY Times Magazine* and its Book Review. He helped relaunch five national print magazines and became an editor for each.

Gerald Stulc, MD, MFA Creative Writing, is a retired oncology surgeon and former flight surgeon. The author of scientific articles and a novel, *The Surgeon's Mate*, he is currently writing a book on the history of military medicine.

✦ **Katherine "Kitty" Sullivan** taught middle school math and algebra for 28 years. Since her retirement in 2007 she has served as an OLLI computer coach and instructor. She has worked with computers since the late 1960s.

Davide Tanasi, PhD in classical archaeology, has been field director of excavations in Sicily since 1999. He is a professor in the USF history department.

✦ **COL(R) Garry R. Tenney**, USA, is a War College graduate who served as an Intelligence Officer and Brigade Commander. Col. Tenney has commanded units with missions involving North Korea and the Middle East.

✦ **Peter Terzian**, MS educational communications, worked for 36 years as a school media specialist in Florida and regional technology planner in NY. In retirement he enjoys brewing beer and volunteering for OLLI and for community theater.

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Single Supplement: +\$1200

AUGUST 9, 2025 - 7 DAYS

Contact Information
PREMIER WORLD DISCOVERY
Attn: OLLI-USF & Travel Opportunities
877.953.8687
rveno@premierworlddiscovery.com
BOOKING #191205 (Web Code)

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WORLD DISCOVERY

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BOOKING DISCOUNT!
Save \$100 Per Person
\$200 Per Couple*

OLLI-USF & Travel Opportunities Committee presents

Iceland Explorer

TOUR RATES:
Booking Discount*: **\$4675** pp dble
Regular Rate: **\$4775** pp double
Single Supplement: +\$1050

OCTOBER 1, 2025 - 7 DAYS

Contact Information
PREMIER WORLD DISCOVERY
Attn: OLLI-USF & Travel Opportunities Cmte
877.953.8687
rveno@premierworlddiscovery.com
BOOKING #188722 (Web Code)

Mark Tlachac, BA History, University of Wisconsin-Eau Claire, is the retired Director of the Frank Lloyd Wright Visitors Center at Florida Southern College.

Pam Tyler, BA French, JD, MDiv Theology, has been an astrologer for over 40 years.

★ **Lynne Wadsworth** is a board-certified holistic health practitioner (AADP) and a certified wellness cooking instructor. She is the founder and owner of Holistic Health & Wellness and a graduate of the Institute for Integrative Nutrition.

Jackie Walker, a leader in the retail industry, has her own consulting firm teaching men & women about the psychology of their clothing. She has two books with Simon & Schuster & a paper doll book to teach girls how to be their own kind of beautiful.

Jenn Wan graduated from the University of Tampa with a BS in marine biology. She has worked since 2017 at the Florida Aquarium where there is a dynamic education department and she can share her passion for the marine world and how to conserve it.

★ **Ron Weaver**, JD, Harvard, Senior Member Counsel at Stearns Weaver Miller, is a legal expert in property rights and land development.

Cate White is a retired pediatric RN with experience teaching meditation. She is a certified forest bathing guide, one of thousands in 60 countries, who teach the practice of Forest Therapy, promoting healing and wellness in natural environments.

★ **Diane White**, MS Education, USF, managed information technology projects in the telecommunications industries for over 25 years. She is a published author and she designs and teaches project management courses for clients worldwide.

THANK YOU!

Thank you OLLI Instructors for sharing your passion and expertise.

We appreciate the time you give to OLLI-USF.

FREE Friday Lecture Series

**Selected Fridays, 12:15-1:15 p.m., FREE to OLLI-USF members and their guests.
SOME OF OUR LECTURES ARE FACE-TO-FACE, OTHERS ARE ONLINE**

The Friday Lecture Series features a variety of speakers who discuss and address current issues of interest. These informal free lectures are a great way to introduce your friends to OLLI-USF.

Call 813-974-5848 or register online at www.usfseniors.org

Explore Practical Artificial Intelligence

Discover Artificial Intelligence applications for everyday life with **John Beaumont**, research genealogist and family historian. Learn the potential of AI to enhance day-to-day tasks. Discover simple, free AI tools and John's research methods. Gain a non-technical perspective on AI's impact, from personalized recommendations to smart assistants. Demystify AI's benefits and its potential to enhance daily experiences.

Fri 12:15 PM - 1:15 PM • 9/6 • 1 mtg • FREE • Arbor Terrace

On My Way Back to You

Writer **Sarah Cart** became one of 39 million caregivers in the US when her husband, Ben, previously irrepressibly healthy and energetic, was diagnosed with a degenerative autoimmune disorder. When Ben's kidneys crashed as his heart was failing 10 days into the COVID-19 pandemic lockdown, his only hope for survival was a heart transplant. Sarah's memoir, *On My Way Back To You*, chronicles not just Ben's illness, but how the power of love and community helped them find their way back to each other.

Fri 12:15 PM - 1:15 PM • 9/20 • 1 mtg • FREE • Online

Leadership-Life Lessons from a Catholic Nun.

When you start a baseball dynasty with 7 state championships in 15 years and later start a foundation and write children's books, you know a good bit about leadership and life. But **Pete Mulry** learned from an unlikely source, a Catholic nun. Join Pete to learn what Sister Julie Sullivan, a Dominican nun and high school principal, taught him about how and when to lead and how to live even when life throws you a curve and you fear striking out.

Fri 12:15 PM - 1:15 PM • 9/27 • 1 mtg • FREE • Allegro at Hyde Park

Tuning the Aging Brain

Ever wonder how to keep your brain sharp? Learning a new skill, such as how to play a musical instrument, may hold the key to mental sharpness. Music learning has the capacity to prepare the mind for other learning and helps with many areas

of cognitive performance. In this lecture and demonstration, **Jennifer Bugos**, professor of music education, will provide an overview of research on the effects of music training on cognitive performance in aging.

Fri 12:15 PM - 1:15 PM • 10/4 • 1 mtg • FREE • North Tampa Branch Library

The Universe is a Miracle. Engineering is Understanding the Universe.

Stephan Athan, BSEE, MSEE, and PhD in electrical engineering from the University of South Florida, is president of Athan Engineering and has taught engineering at USF. His lecture will explore what we know about the world around us and how engineers and scientists view the world around us.

Fri 12:15 PM - 1:15 PM • 10/11 • 1 mtg • FREE • North Tampa Branch Library

The Evolution of Educational Technology

In this lecture on educational technology, journey with **Jeanne Dyer** through the evolution of educational tools, starting with ancient stone tablets, through the invention of the printing press, followed by blackboards, projectors and the first personal learning devices. We then transition into the digital age, the internet and interactive whiteboards. The lecture concludes with a look at modern advancements such as digital devices, AI-powered learning systems and immersive technologies.

Fri 12:15 PM - 1:15 PM • 10/18 • 1 mtg • FREE • Jimmie B Keel Library

Can Dementia Be Prevented?

Cognitive abilities change with age, but dementia is not inevitable. There are many ways in which we may maintain and even improve our brain health as we get older. With **Jennifer Lister's** guidance, we can learn what insights and techniques science offers for promoting brain health. Dr. Jennifer Jones Lister, a Professor and Associate Dean at USF, leads the USF Neurophysiology of Aging Laboratory.

Fri 1:15 PM – 2:15 PM • 10/25 • 1 mtg • FREE • North Tampa Branch Library

Keys to Longevity and Vitality

Are there times when you just can't figure out why you feel so tired, confused, achy and depressed? **June Kittay**, a longtime OLLI member, former OLLI instructor and health & fitness professional, has created 5 keys to longevity that she will share with you. This philosophy of life dictates daily habits and activities that you can learn to help you and your loved ones live a long, healthy and happy life!

Fri 11:15 AM - 12:15 PM • 11/15 • 1 mtg • FREE • Jimmie B Keel Library

The Pulitzer Saga

When the contents of a box survive a house fire, **Linda Ambrus Broenniman** is spurred to learn the truth about her father. Growing up, she had no idea of her father's true identity. Raised as a Catholic in Buffalo, NY by two Hungarian physicians, she had no inkling that her father was really descended from one of Hungary's most notable Jewish families—the Politzers. Through her research, she discovers 300 years of her family's illustrious Hungarian history that inspired her book, *The Pulitzer Saga*.

Fri 12:15 PM - 1:15 PM • 11/22 • 1 mtg • FREE • Online

Patient Advocacy for Yourself and Others

Every patient needs an advocate. Though patients and families may feel vulnerable at times, they can learn to clearly and assertively advocate for themselves and others in both hospital and out-patient settings. **Dianne Borovies**, MSN, RN, a published nursing educator with decades of nursing experience in varied health care settings, will present basic communication tools and techniques we can use to advocate for safe and effective health care.

Fri 12:15 PM - 1:15 PM • 12/6 • 1 mtg • FREE • Jimmie B Keel Library



FALL 2024 OLLI Encore!



**Recorded classes,
minimally edited**

- Most recordings are \$20 or less (including \$5.00 for that Friday lecture you missed.)
- See the [full list of available recordings on our website](#).
- Sign up for an OLLI Encore class as you would for any OLLI course, online or by phone.
- Receive a link to the class recordings. View on your computer or device anytime during the semester.

At your own pace, learn how to use technology, delve into history and politics, focus on health, explore science or enjoy literature, humanities & the arts.

Here are a just a few examples:

iPhone Shorts: All About iCloud with Jeanne Dyer

A Fictional Exploration of the Moral Ambiguities of Covert CIA Operations with Tony Roth

U.S. Foreign Policy Evolution from Cold War to Trump and Biden with Marco Rimanelli

The Reconstruction Era: When Black Lives Almost Mattered with Joseph McAuliffe

A Downton Abbey Prequel with Barbara Goldstein

Americapalooza: Talk About Our Generation with Mike Hayes

Robots for the Home & Care System with Mike Bice

Religion and Power in Ancient Sicily with Davide Tanasi

Ukrainians: Modern Values, Old Traditions with Natalia Babenko

Diabetes: Preventative Measures with Benjamin Mena

Black Holes: Gravitational Monsters? with Fulvia Fiorani

Easy Ways to Register

In-person registration is suspended until further notice.



Register anytime through our secure website.

www.usfseniors.org



Call OLLI Registrar Charise Dixie at 813-974-5848

Phone registration is available Mon.-Fri., 8am-4pm.

Payment is accepted by credit card only. We accept Visa, MasterCard, American Express and Discover. We care about your security. Therefore, we do not accept registration by fax or mail.

OLLI-USF Refund Policy

As a membership organization, our first priority is member satisfaction. Our refund policy reflects this priority.

- You may withdraw from any OLLI-USF course for any or no reason and receive a full refund as long as you contact us **3 days** prior to the course start date.
- If you withdraw **2 days** prior to the course start date, you will be charged an administrative fee of 25%.
- Exceptions to this policy are possible in the event of medical or family emergency. Contact OLLI staff to request an exception.
- You may transfer to another course within the same term with no penalty and pay only any difference in fees.

When registering for OLLI courses, you agree to our policies for withdrawals, refunds, transfers and stated fees. Contact OLLI-USF Director Veronica Maxwell, 813-974-5263, if you have refund questions.



Parking for OLLI-USF programs at USF Tampa

Parking permits for on-campus classes are provided free of charge. Park in any S-Student or D-Daily/Visitor spot available. Unless otherwise informed on your confirmation/registration receipt, parking permits will be available in your classroom. After pickup, permits will need to be placed on your car's dashboard: you'll want to allow a little extra time the first day of class for this. Special arrangements for those with limited mobility can be made directly with OLLI staff. Call Charise at 813-974-5848 to discuss. We strive to schedule on-campus courses during non-peak days and times to make it likelier you will find a nearby space.



The physical address for the NEC building is 3220 USF Banyan Circle; you might also use 13301 Bruce B Downs Blvd when using GPS to locate us.

NEC Building Fletcher Ave. Entrance

The NEC building is OLLI-USF's home on the Tampa campus. Our offices and on-campus courses meet in this building. The NEC building is at the SE corner of Fletcher and Bruce B. Downs Blvd. The building is signed with "NEC" and "Innovation Hub" by the Bruce B Downs entrance and with a USF seal by the Fletcher Avenue entrance.

Great Experiences Are Just Around the Corner



All program locations are indicated on this map.
 Parking is free at every OLLI location except as noted below.
 For more information, please directly contact the facilities in the listing below.



Scan to open maps to all our locations.

- 1 Allegro Senior Living at Hyde Park**
800 W. Azelee St., Tampa 33606
813-296-5145
- 2 Arbor Terrace at Citrus Park**
8355 Old Hixon Rd, Tampa 33626
813-702-3957
- 3 Aston Gardens at Tampa Bay**
12951 W. Linebaugh Ave, Tampa 33626
813-855-2811
- 4 Brookdale Bayshore Senior Living**
4902 Bayshore Blvd, Tampa, FL 33611
813-835-4475
- 5 Canterbury Tower**
3501 Bayshore Blvd, Tampa 33629
813-837-1083
- 6 Centennial Park**
1800 E 8th Ave, Tampa, FL 33605
813- 242-5370
- 7 Compton Park**
6101 Compton Dr, Tampa, FL 33647
813-972-0897
- 8 Concordia Village of Tampa**
4100 E. Fletcher Ave, Tampa 33612
813-977-4950
- 9 Discovery Village of Tampa Palms**
17470 Brookside Trace Ct, Tampa, FL 33647
813-605-2404
- 10 First Presbyterian Church of Brandon**
121 Carver Ave, Brandon 33510
813-689-4597
- 11 Ferman Center for the Arts at UT**
214 N Blvd, Tampa, 33606
- 12 Florida Aquarium**
701 Channelside Drive, Tampa 33602
813-273-4000
- 13 Jimmie B. Keel Library**
2902 W Bearss Ave, Tampa, FL 33618
813-273-3652
- 14 Lake Magdalene Church**
2902 W Fletcher Ave, Tampa 33618
813-961-1254
- 15 Lake Rogers Park**
9010 N Mobley Rd, Odessa, FL 33556
813-264-3917
- 16 Museum of Science and Industry (MOSI)**
4801 E Fowler Ave, Tampa, FL 33617
813-987-6000
- 17 New Tampa Regional Library**
10001 Cross Creek Blvd, Tampa, 33647
813-273-3652
- 18 North Tampa Branch Library**
8916 N Blvd, Tampa, FL 33604
813-273-3652
- 19 Pose by Pose Yoga**
17761 Hunting Bow Cir, Lutz 33558
813-501-4987
- 20 Shanna and Bryan Glazer Family JCC**
522 N. Howard Ave., Tampa, 33606
813-575-5900
- 21 Tampa Bay History Center**
801 Water St, Tampa, FL 33602
813-228-0097
- 22 The Regent**
6437 Watson Road, Riverview 33578
813-253-7949
- 23 Thrive Fitness and Wellness Studio**
14201 Bruce B Downs Blvd Suite 2, Tampa 33613
813-895-736
- 24 USF Botanical Gardens**
12210 USF Pine Drive, Tampa, FL 33612
813-974-2011
- 25 USF Tampa NEC Building**
3220 USF Banyan Cir., Tampa, 33613
813-974-5848

WELCOME

This fall term, OLLI welcomes three new senior community venues that will host multiple classes: Aston Gardens in the Westchase area, Brookdale Senior Living on Bayshore Boulevard and Discovery Village at Tampa Palms in New Tampa.



Join our community of learners over 50!

Registration opens **August 26**



Find fun, friendship, community



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- Social events

Community

- Shared interest groups
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