

WIC

The Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a nutrition assistance program for pregnant women, new moms, and children up to age 5. The program provides you with an electronic card that you may use to purchase nutritious foods. It also offers nutrition education counseling, breastfeeding support and counseling, and referrals.

Eligibility

AM I ELIGIBLE?

You can receive WIC if you meet the following requirements:

- You live in Florida.
- You are determined to be at nutritional risk based on an assessment by a WIC health care professional.
- Your household includes:
 - A pregnant woman of any age;
 - An infant or child up to 5 years of age;
 - A woman who had a baby in the last 6 months; or
 - A breastfeeding mother of a baby that is up to 12 months of age.
- You meet the income limits described below OR receive Medicaid, Temporary Cash Assistance, or Food Assistance benefits.

QUICK TIPS

WIC & Other Benefits

If you already receive Food Assistance, Medicaid, or Temporary Cash Assistance, you are automatically income-eligible for WIC.

If you already receive WIC, you likely meet the income requirements for free or subsidized health insurance, tax credits, and possibly Food










Nutritional Risk

The WIC program defines nutritional risk broadly, and includes both medically-based risks such as anemia and low weight, and diet-based risks, such as a diet pattern that does not meet dietary guidelines.

Immigrants

WIC does not have any citizenship requirements. All non-citizens, including undocumented immigrants, are eligible for benefits as long as you meet all the other requirements.

HOW MUCH CAN MY HOUSEHOLD EARN EACH MONTH?

Household Size	Annual Income Limit	Monthly Income Limit	Twice-Monthly Income Limit	Bi-Weekly Income Limit	Weekly Income Limit
 1	\$23,828	\$1,986	\$993	\$917	\$459
 2	\$32,227	\$2,686	\$1,343	\$1,240	\$620
 3	\$40,626	\$3,386	\$1,693	\$1,563	\$782
 4	\$49,025	\$4,086	\$2,043	\$1,886	\$943
 5	\$57,424	\$4,786	\$2,393	\$2,209	\$1,105
 6	\$65,823	\$5,486	\$2,743	\$2,532	\$1,266
 7	\$74,222	\$6,186	\$3,093	\$2,855	\$1,428
 8	\$82,621	\$6,886	\$3,443	\$3,178	\$1,589
+  For Each Additional Family Member, Add:	\$8,399	\$700	\$350	\$324	\$162

Each of these income limits refers to pre-tax income. The income limits are effective July 1, 2021 to June 30, 2022.

Application

WHAT DOCUMENTS SHOULD I BRING TO MY APPOINTMENT AT THE WIC OFFICE?

You need to bring the following types of documents. Other verifications than the examples given may be accepted. If you have questions about whether you have the right documentation, ask your WIC office.

Proof of Identity for Each Person Applying

- DRIVER'S LICENSE
- PHOTO ID
- BIRTH CERTIFICATE
- CRIB CARD
- HOSPITAL RECORD

Proof of Address

- CURRENT MAIL
- CURRENT RENT OR MORTGAGE DOCUMENT
- UTILITY BILL
- BANK STATEMENT
- DRIVER'S LICENSE

Proof of Income for the for Everyone Living in the Home

- PAY STUBS
- CHILD SUPPORT PAYMENT DOCUMENTATION
- BENEFIT AWARD LETTERS

Proof of Participation in Food Assistance, Temporary Cash Assistance, or Medicaid

- NOTICE OF CURRENT ACTION LETTER

Social Security numbers for Each Person Applying, if available (not required)

Immunization Records for Children, if available

Any WIC Medical Referral Forms Given to you by your Provider, if applicable

What is the Process



1 GATHER YOUR DOCUMENTS

Gather all the documents you will need to take with you to your WIC appointment. These include proof of your identity, address, and income. If a health care professional referred you to WIC, you should also bring your WIC Referral Form. A complete list of documents is available on the previous page.



2 MAKE AN APPOINTMENT

Make an appointment at an agency authorized to determine your eligibility for WIC, which is called a WIC office.

Call the WIC Hotline at **1-800-342-3556** to locate the office closest to you or go to <http://www.floridahealth.gov/programs-and-services/wic/contact-info.html> to locate the contact information for the office in your county.

All people applying for WIC, including eligible children, must be present at the



3 RECEIVE A HEALTH SCREENING

All people applying for WIC, including eligible children, must be present at the appointment. Your appointment will last between 30 minutes and 1 hour. You should expect a health screening that will include: bloodwork, depending on age and WIC category; a height and weight check; nutrition education; and a review of WIC benefits and services.



4 GET YOUR BENEFITS

If this is your first WIC appointment, you will receive an eWIC card to purchase food and learn how to PIN and use it. The clinic will work with you at your appointment to create a package of nutritious foods. You can also receive breastfeeding support and counseling, referrals to additional social services and healthcare resources, nutrition education, and parenting support.

Keeping Your WIC Benefits

Use Your WIC EBT Card

You will purchase all of your allowable foods by using the benefits loaded onto your WIC EBT Card. There will be a begin date and end date to buy all of your food. Make sure to keep track of the remaining allowed food that's on your card by checking your receipt, calling **1-866-629-1095**, visiting **floridawic.org**, or visiting a WIC EBT Point-of-Sale machine. When all your WIC foods have been purchased, keep your card. Your benefits will be loaded onto the same card the next month.

Recertification

Your WIC office checks to see if you are still eligible for the program after you receive WIC for a certain period of time. You'll have an appointment that will include another health assessment and a recalculation of your income. If you start to get WIC when you are pregnant, recertification will be required six weeks after your delivery. Infants under 6 months on your WIC case will be recertified at their first birthday, and infants and children older than 6 months on your case will be recertified every six months.

Additional Information

Helpful Phone Numbers and Websites

Florida WIC Hotline: **1-800-342-3556**

Florida WIC Website: <http://www.floridahealth.gov/programs-and-services/wic/>

Local WIC Locations: <http://www.floridahealth.gov/programs-and-services/wic/contact-info.html>

WIC EBT Customer Service: **1-866-629-1095**

WIC EBT Website: <https://www.ebtedge.com/gov/portal/CardholderLogon.do>

Frequently Asked Questions: <http://www.floridahealth.gov/programs-and-services/wic/wic-faq.html>

Questions?

sssupport@singlestop.org